

Florida Occupational Therapy Association



Reconnecting Art & Science with Occupational Therapy

February 7 - 8, 2009
Orlando, Florida
Embassy Suites Hotel
Florida Hospital College
of Health Sciences
Orlando Health

Official 2009 Conference Program Guide

"Leonides" by Jennifer Carrasco 2008—Seattle, Washington

This oil painting is about singing, and about the Palouse in August when her grandparents would drive her to the top of the hills and spread out blankets and watch the falling stars.

President's Message

Dear Colleagues, Students and Supporters,

Welcome to FOTA's 2009 Spring Conference. On behalf of the members of the Executive Board, our Special Interest Coordinators and our Volunteers, I want to extend a warm greeting and welcome to you here in Orlando.

This year's Conference theme is "Reconnecting Art and Science with Occupational Therapy". The 'Art' aspect identifies the use of art and other purposeful activities that form the foundation of occupational therapy as well as the artfulness of using occupation as a treatment modality in influencing human occupation. The 'Science' aspect is the increased use of research and evidence in state-of-the-art practice that is occurring in occupational therapy. Both our Keynote and Plenary speakers will focus on reconnecting both of these aspects in their addresses.

There are many people and organizations to acknowledge:

- Our venue sponsors: Orlando Health and Florida Hospital College of Health Sciences who have supplied us with our learning environment and AV needs.
- Our sponsors, vendors and advertisers who have joined us.
- Ric Carrasco, Betsy B. Burgos and the Conference Committee who have worked hard to ensure that everyone's needs are met.

This is a time to learn, meet new friends, and network with others. I look forward to meeting and speaking with you all.

Sincerely,

Sara-Jane A Crowley, Adv.Dip.OT, OTR/L, FOTA President



Sara-Jane Crowley
FOTA President

Conference Planning Committee

Betsy B. Burgos



FOTA Vice President
Program Chair
Web Management

Ricardo Carrasco



Conference Convener

Barbara Ingram-Rice



Conference Registration

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FHCHS Chair

Vicki Case



Exhibits Advertising &
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Awards & Recognition

Carlos Carrasco



Orlando Health Chair

Michael Taylor



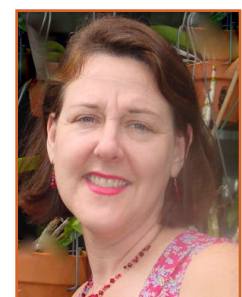
Orlando Health Coordinator

Bonnie Decker



Silent Auction

Susan Skees Hermes



Student Social &
Silent Auction

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Sensory Integration	<i>Ricardo C. Carrasco</i>
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Conference at a Glance

Saturday, February 7, 2009 - Orlando Health	
Pre-conference Institutes & Continental Breakfast (6.5 hrs)	
Registration for Pre-conference Institutes - 1st Floor - Orlando Health outside the Multi-purpose Room. Maps & Directions will be sent to all participants. Room assignments will be available at the Registration Desk	
Saturday, February 7, 2009 - Embassy Suites Hotel	
Conference Registration	
Poster Presentation Setup (Back of Ballroom)	
Poster Presentation Judging	
President's Reception & Poster Presentations (Back of Ballroom)	
Chocolate Fountain Student Icebreaker	
7:30 am - 4:00 pm	
2:30pm - 7:30 pm	
2:30 am - 3:00 pm	
3:00 pm - 4:30 pm	
4:30 pm - 6:30 pm	
9:30 pm - 10:30 pm	

Sunday, February 8, 2009 - Florida Hospital College of Health Sciences																												
Registration, Continental Breakfast & Exhibitor Set Up (or Saturday night)																												
Plenary Address (Campus Center 226)																												
Break																												
Business meeting (Campus Center 226)																												
Lunch (NESS Cafe & Nursing Building 1st Floor)																												
7:00 am - 8:00 am	Exhibits Open		Silent Auction		Workshop #1 Pediatric Pelvic Floor Rehab CC 212		SIS #1 Health & Wellness CC 313		Workshop #2 Medical Errors NB 107		Workshop #3 Leadership Style CC 352		Paper #1 Urinary Incontinence NB 215		Paper #2 OT Practice Framework NB 104		Workshop #4 The Secrets to UE Compression NB 103		Workshop #5 EBP in OT CC 213		Workshop #6 Ethics CC 214		SIS #2 Home Health NB 108		SIS #3 Sensory Integration NB 109			
8:00 am - 10:00 am					Workshop #13 OT's Role in Early Care & Education CC 212		Workshop #14 Influencing EBP- Journal Club CC 313		Paper #4 A Wellness Model CC 313		Paper #5 OT Education NB 107		Workshop #15 Building Evidence in School-Based Practice NB 107		Workshop #17 Entrepreneurial Activities in OT CC 352		Workshop #7 Use of Online Art Making NB 102		Workshop #8 Before you Strike the Pen NB 104		Workshop #9 Hand Function 3-5 y/o NB 103		Workshop #10 OT in Oncology CC 213		Workshop #11 CarFit CC 214		Workshop #12 OT in Home Health NB 108	
10:00 am - 10:15 am																												
10:15 am - 11:00 am																												
11:05 am - 12:00 pm																												
12:00 pm - 1:00 pm																												
12:00 pm - 2:00 pm																												
1:00 pm - 1:55 pm																												
2:00 pm - 2:55 pm																												
3:05 pm - 4:00 pm																												
4:05 pm - 5:00 pm																												

Exhibits & Silent Auction

Exhibitor Listing

- American Occupational Therapy Association
- Brooks Rehabilitation
- Center for Comprehensive Services
- Empi Recovery Sciences
- Florida Hospital
- Genesis Rehabilitation Services
- Gentiva Health Services
- GeoFitness
- Handwriting Without Tears
- HCA West Florida
- HCR ManorCare
- Home Accessibilities
- Innovative Senior Care by Brookdale
- Life Care Centers of America
- Medical Staffing Network
- Nova Southeastern University
- Orlando Health
- PeopleFirst Rehab
- Reflectx Services
- Restore Therapy
- Salus Rehabilitation
- Select Medical Rehabilitation Services
- Senior Home Care
- TravelMed USA
- The Carrie Brazier Center for Autism & Alternative Approaches
- Therapro, Inc.
- Therapy Management Corporation
- Today in OT
- University of St. Augustine

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- Cobb Pediatric Therapy Services - Tote bag stuffers
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2009 Certificate Policy & CEU

- *To earn a Certificate of Continuing Education, attendance is required. Your certificate will reflect actual number of hours.*
- *Attendance will be verified at each session by a host.*
- *Your attendance certificate is a 2-part, carbonless NCR form available at the Registration Desk.*
- *At the end of the Conference you need to return the signed copy of the certificate (yellow copy) in order to register the contact hours obtained.*

Silent Auction

A Silent Auction will be held from 8:00 a.m. to 3:00 p.m. in the FOTA Web Room. All proceeds will support the *Myra McDaniels Student Leadership Fund*. Items range from recommended bids of \$5 to \$200 with minimum increments from \$2 to \$5. Come bring your impulsiveness, cash, checks, and credit cards - final bidding will close sharply at 3:00 p.m.

Bidding Instructions

- Step 1 View items in the FOTA Web Room. A bid sheet with estimated value and required bid increments will be posted next to each item. Make note of your favorite items to come back to or bid as you go. All bids must include - name and cell phone contact information. (No bid will be accepted without contact information.)
- Step 2 Come back as needed to update your bids. Remember selected items will be available for the *Value-Priced Option** buyout from 12:30 to 2:00 p.m. Other items will continue regular bidding options until 3:00 p.m.
- Step 3 Look in the lobby or check cell phone message between 3:15 and 3:30 p.m. to see if your bid is the highest. Highest bidders should come to the FOTA Web Room to pay for and take your items by 4:00 p.m. Any unclaimed items are available for close out at this time. Shop for unclaimed items from 4:00 to 4:30 p.m. (highest bid takes the item.)

**Value-Priced Option* - not available on items that are assembled collections.

FOTA Meetings & Awards



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- Entry level Masters of OT (full-time on-campus)
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- Doctor of Philosophy (Ph.D.) in OT (research degree)

Department Job Vacancies:

- Department Chair (position #997905)
- Assistant professor (position #997846)
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Contact us for more information

Department phone: 954-262-1242, or 1-800-356-0026,
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- For doctoral program and dept. chair position inquiries, email Dr. Max Ito at imax@nova.edu or call 800-356-0026, ext 2-1227
- For Masters in OT and faculty position inquiries, email Dr. Rachelle Dorne at dorne@nova.edu or call 800-356-0026, ext 2-1221

Admissions Office: 1-800-356-0026, ext 2-1118

Saturday, February 7, 2009
Embassy Suites Hotel - Downtown

President's Reception

4:30 p.m. - 6:30 p.m. San Juan Ballroom

Opening Ceremony

6:30 p.m. - 7:30 p.m. San Juan Ballroom

Presentation of Awards

FOTA Awards

Award of Recognition: Catherine Pierce
Award of Appreciation: Custom Mobility
David Clark Award of Excellence: Melissa Morgan
Louise Samson Leadership Award: Jim Hammond

FLOTEC Awards

FLOTEC Fieldwork Educator Award: Kelleen Ison

Myra McDaniels Student Leadership Fund

Keiser University-OTA Program: Jemima Moise
Florida Gulf Coast University-OT Program: Julie O'Leary

Regional Representative Meeting

6:00 p.m. - 9:00 p.m. Eola Board & Conference Room

Student Social

Saturday, February 7, 2009
Embassy Suites Hotel - Downtown
Eola Conference Board Room & Terrace

9:30 p.m. - 10:30 p.m.

Chocolate Fountain sponsored by FLOTEC
for OT and OTA students.

Sunday, February 8, 2009
Florida Hospital College of Health Sciences
SIS Meeting

7:00 a.m. Executive Boardroom CC 357

Annual Business Meeting

10:15 a.m. - 11:00 a.m.
Campus Center Room(s) 227, 228

Welcome, Keynote & Plenary

President's Reception

Saturday, February 7, 2009 - Embassy Suites Hotel • 4:30 p.m. - 6:30 p.m.

This is an event where the attendees will have the opportunity to meet FOTA President Sara Jane Crowley as well as the FOTA Board members. It is a great networking opportunity to get to know OT practitioners and students from around Florida and meet old friends and colleagues.

Students from Florida Hospital College of Health Science will provide music during the President's Reception.

Keynote Address

Saturday, February 7, 2009 - Embassy Suites Hotel • 7:30 p.m. - 9:30 p.m.

“Doing is Everything”

Wendy's presentation will take you on an inspirational journey where she proves that “Doing is Everything.” She will share her personal story about how she became the person that she is today regardless of adversity. She was born with no arms as a result of congenital bilateral amelic but was driven to finish a degree in occupational therapy with honors while also being a member of the swimming team at her university.

Her life has been full of challenges that have helped her master an abundant series of accommodations possible in different environments. She has been very active in sports such as water skiing and bowling since a very young age. She drives and lives by herself and types over forty-five words a minute with her feet.

Wendy is a national speaker who encourages others to think positively about life. To understand that there are no limitations in life other than those that people impose. Her life has been featured on the *Today Show*, other speakers' inspirational presentations, and book chapters.



Wendy Stoeker, OTR/L

Plenary Session

“The Power of Doing”

Sunday, February 8, 2009 - Florida Hospital College • 8:00 a.m. - 10:00 a.m.

This plenary session proposes that life transitions, whether discreet or extreme, can lead to a maladaptive, unwell state, herein called occupational chaos. To resolve this chaos, and to move on to an adaptive, well state, an individual makes choices to do, or to not do, and in doing so, initiates the process of occupational reconstruction.

Drs. Carrasco and Scott will share themes extracted from stories of severe transitions or life experiences such as terminal diagnoses, lifelong chronic diseases, if not near death experiences as they relate to stages of recognizing occupational chaos, and the steps taken toward occupational reconstruction. They will share a process to create a person's adaptation profile. Participants will have the opportunity to share stories they know about life's transitions and new beginnings during the doing portion of the plenary session, and will leave inspired, and armed with practical tips on self examination and intervention that they can use personally, or when working with clinical cases.



Ricardo C. Carrasco Ph.D.,
OTR/L, FAOTA



Patricia Scott, Ph.D., MHP,
OTR/L, FAOTA

Educational Sessions

Pre-Conference Institutes • Saturday, February 7, 2009 - Orlando Health • 8:30 a.m. - 4:00 p.m.

1) Handwriting Without Tears and Beyond (Basic Level)

Speaker: Susan Hermes, MS, OTR/L - Occupational Therapist - Step by Step Therapy, Mount Dora, FL

Little hands do need help to grow. They need to be taught how to grip crayons, pencils, and markers appropriately, and get ready to write. *Handwriting Without Tears* has become an established preschool readiness program and an elementary education handwriting curriculum choice across the country, as well as an OT intervention tool. During this workshop, a brief review of the fundamental multisensory developmental principles utilized in HWT materials, application strategies for use in school-based OT and pediatric clinic practice settings, and current projects related to EBP will be discussed.

2) Diving into Evidence Based Practice – The Journey Begins! (Basic Level)

Speaker: Elise M. Bloch, EdD, OT/L - Faculty - Florida International University, Miami, FL

This workshop will provide participants with a comprehensive overview to begin their evidence-based practice journey. This is an interactive workshop with participants formulating research questions, doing evidence-based database searches, and critiquing research articles. Upon signing up for workshop, participants will be e-mailed articles and materials to bring to the workshop. They will be instructed to evidence-based sites and instructed to **bring a USB to download materials**. History of the evidence-based practice movement, the tenets of evidence-based practice and relevant taxonomies will be discussed. Participants will learn how to write intervention questions related to practice and navigate evidence-based sites and perform a database computer search. Participants will use terminology and taxonomies in group activities. Participants will participate in the journal club experience by critiquing research articles in groups using the *Law Guideline Forms*. Suggestions for follow-up activities to take to clinics and self-study plans will be developed.

3) Fieldwork Educator's Certification Workshop (Basic Level)

Speakers: Robin Richmond, OTR/L - Adjunct Faculty - Polk Community College, Winter Haven, FL; Rene Moyer, OTR/L - Faculty - University of Florida, Gainesville, FL; Debra Chasanoff, MED, OTR/L - Faculty - Manatee Community College, Bradenton, FL; Karen Mock, MS, OT/L - Faculty - Florida Gulf Coast University, Fort Myers, FL

This workshop is designed to develop and enhance skills for the novice or experienced Fieldwork Educator (FE). The workshop will provide the FE with the tools for a successful fieldwork experience for both the educator and the student. This workshop incorporates didactic learning, small group activities, and role playing tasks. Participants will learn the guidelines and functions of a fieldwork educator, domains of learning and the impact of learning styles on students during fieldwork experiences, and documentation and legal implications that may impact fieldwork rotations.

4) Advanced Interpretation of Sensory Processing Data and Implications for Treatment Planning (Intermediate Level)

Speaker: Susan Stallings-Sabler, PhD, OTR/L, FAOTA - Director - Sensational Kids Pediatric Rehabilitation Center

Basic diagnostic interpretation of sensory processing and motor control data is currently founded primarily on the SIPT and various sensory modulation assessments. However, more differential diagnostic power can be gleaned from these and other pediatric assessments, based on findings from current research from the neurophysiological, neuropsychological, and motor control literature,

further empowering our treatment methods. This session will give particular attention to children with ADHD, Asperger Disorder, and Nonverbal LD, and will cover issues such as: new assessment techniques; poor registration vs. autonomic shutdown; differentiating subcortical vs. cortical motor control systems' contribution to bilateral integration and dyspraxia; differentiating right vs. left hemispheric dysfunctional patterns; and new research highlighting the vital role of vestibular processing in emergence of hemispheric lateralization and specialization. Treatment planning implications of these findings will be discussed as well.

5) Making Assistive Technology Happen in Schools – The EASY Way (Intermediate Level)

Speaker: Pamela Levan, MOT, OTR/L, ATP - OT & AT Provider - Assistive Technology Services, Inc.

Over 6.4 million school-age children in the U.S. receive special education services (1). The reauthorization of the Individuals with Disabilities Education Act (2) in 1997 (P.L. 105-17) mandates that assistive technology be considered during the individualized education plan (IEP) process. If Consideration is challenging, getting assistive technology into the classroom and having it used may seem



overwhelming. There's a misconception that all assistive technology is complicated and expensive, therefore simple, low tech solutions are often overlooked. Assistive technology can be viewed as just one more thing to do unless its value is revealed in everyday successes. Judith Sweeney suggests that the best way to facilitate acceptance of AT is the EASY way (3). Part of low to high-tech assistive technology to use in daily practice. **Personal laptops are recommended.**

6) Documentation “Cents”: How to Successfully Treat Your Patients and Ensure Receiving Payment for Your Services (Basic Level)

Speaker: Hollie Benthusen, OTR/L - VP - Clinical Education - Therapy Management Corporation, Homosassa, FL

Participants will learn the EASY Way of determining AT solutions, create a low-tech kit, and see a variety. The purpose of the course is to improve the clinician's ability to document accurate, informative and pertinent data to verify medical necessity in areas including initial evaluation, weekly/daily documentation, recertification, and discharge summary, in a manner that meets the Medicare and other third-party billing and requirements.

7) An Interdisciplinary Look at Burns (Basic Level)

Speakers: Greta Rucks, OTR/L- Senior OT - Orlando Health, Orlando, FL; Jamie Dyson, PT - Trauma Team Supervisor - Orlando Health, Orlando, FL; Ryan Basiliere, MSN, RN, CNL, PCCN - Clinical Nurse Leader - Orlando Health, Orlando, FL; Stephanie Ber, LCSW - Social Worker - Orlando Health, Orlando, FL; Dr. Howard Smith, Burn Director - ORMC, Orlando, FL

An Interdisciplinary Look at Burns will focus on the overall treatment of the burn patient. Looking at all aspects of the treatment of burns will show how each discipline is dependent upon the other for the full recovery of the burn patient. Rehabilitation techniques, splinting practices, and scar management will be examined.

8) Serial Casting for the Upper Extremity (Intermediate Level) **Max of 20 participants**

Speakers: Timothy Finlan, MSM, MHS, OTR/L - Assistant Rehabilitation Director, - NCH Healthcare Systems, Naples, FL; Betsy B. Burgos, MA, OTR/L, ATP- Adjunct Faculty - Florida Gulf Coast University, Fort Myers, FL

This session will provide attendees with an overview of the serial casting for the upper extremity in both the pediatric and adult patient. A general overview of the anatomy and physiology and factors that limit ROM will be reviewed. Various types of casts and casting materials will be described and presented. Participants will complete the course by fabricating and removing three casts.

9) A Splinting Guide – Mobilization Splinting (Intermediate Level) **Max of 25 participants**

Speaker: Debby Schwartz, OTR/L CHT - Educational Specialist - Orfit Industries America, Cherry Hill, NJ

This pre-conference institute will showcase the principles and procedures for fabrication of mobilization splinting of the upper extremity. There will be a review of the properties and characteristics of splinting materials and proper material selection for custom made splints will be discussed. Participants will learn testing techniques of splinting materials for rigidity, memory, and bonding abilities. Participants will enrich their splinting skills by incorporating these properties and characteristics into different splint designs. Four unique custom splints will be demonstrated and fabricated by the participants. Tips and tricks for working with *Orfit* products will be reviewed.



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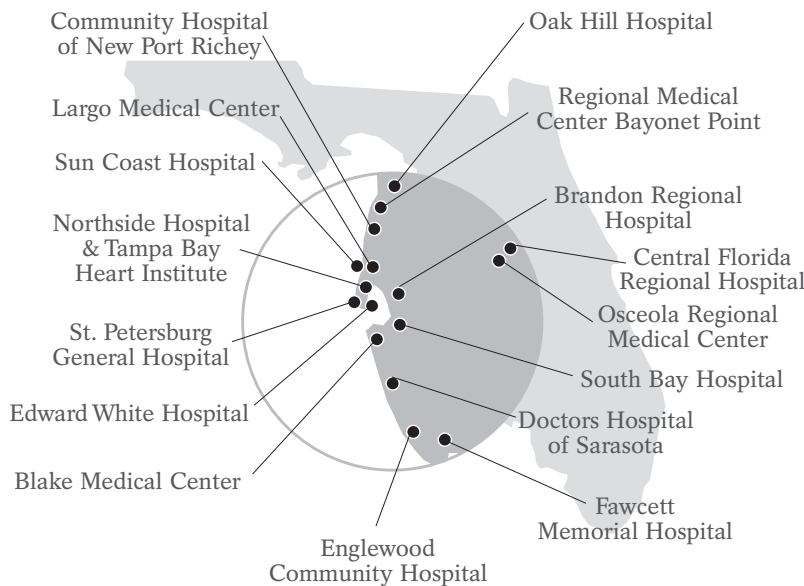
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EOE

Graduate Poster Presentations

Saturday, February 7, 2009 - Embassy Suites Hotel • 4:30 p.m. - 6:30 p.m.

1) Older Adults: Computer Use and Education (Productive Aging)

Presenters: Lori Dick, OTS and Cynthia L. Creighton, PhD, OTR/L from Barry University, Miami Shores, FL

The demands of a technological society require that seniors be computer literate. Research demonstrates that seniors are less likely to use computers. Utilizing experience designing and teaching computer classes for seniors, A manual is being developed to assist OTs in initiating a computer education program for older adults.

2) Functional Outcomes of Upper Extremity Rehabilitation

Presenters: Julie O'Leary, OTS, OTA/L; Jennifer Occhipinti, OTS; and Linda Martin, PhD, OTR/L, FAOTA from Florida Gulf Coast University, Fort Myers, FL

This exploratory study addressed change in function after OT treatment for an upper extremity injury. The primary outcome measure was the *DASH* questionnaire; filled out by participants at evaluation, discharge, and one month later. Data collection lasted six months and demographic variables were compared with *DASH* scores to determine trends.

3) Community-Based Social Skills Group for Preschoolers Diagnosed with Autism

Presenters: Patricia Henk, OTS; Allison Boris, OTS; and Kathleen Klein, OT, BCP from The Richard Stockton College of New Jersey, Pomona, NJ

This poster will inform and educate OT providers about an effective social skills development group for children diagnosed with Autism. The group has been implemented in multiple community-based settings in New Jersey.

4) First-year Occupational Therapy Students Reflections on a Longitudinal Interprofessional Educational Mentorship: A Qualitative Study

Presenters: Richard Dressel, III, OTS and Stephen Kern, PhD, OTR/L, FAOTA from Thomas Jefferson University, Philadelphia, PA

This phenomenological study describes the impact of a longitudinal, interprofessional mentorship program in chronic illness. Analysis of students self-reflections revealed increased knowledge of living with chronic illness and the importance of patient-centered/holistic care. Chronic illness mentorship programs may be a promising tool for the development of higher-quality future OT practitioners.

5) Camp Happy Hands: A mCIMT Camp for Children with CP

Presenters: Ann Hull, OTS; Lindsey Stoddard, OTS; Renae

Maresb, OTS;

and Karen Howell, PhD, OTR/L from the University of St. Augustine, St. Augustine, FL

Treatment involved two weeks of mCIMT using a mit to constrain the unaffected hand while participating in playful repetitive shaping tasks with the involved extremity. Pre and post treatment outcome measures were assessed. Due to a small sample size and various presentations of cerebral palsy among the children, results varied. Overall results indicated significant improvements in 5 of the 7 children.

6) Is Auditory Integration Training an Effective Therapy for Autism?

Presenters: Amy Susskind, OTS; Cheryl Rutledge, OTS; and Craig Velozo, PhD, OTR/L from the University of Florida, Gainesville, FL

A critical component of Autism is the inability to process auditory information. Auditory Integration Training (AIT) is said to reduce abnormal responses to sound. After completing a literature review, we cannot make definitive conclusions about the effectiveness of AIT; however, benefits of AIT have not been adequately demonstrated.

7) The Effectiveness of Exercise Interventions to Treat Attention Deficit Disorder in School-age Children

Presenters: Heather Simpson, OTS and Craig Velozo, PhD, OTR/L from the University of Florida, Gainesville, FL

This study looks at an alternative and more cost-effective way to treat school-age children with ADHD. The presenters looked at 5 studies in which an exercise program (such as yoga, sports, and alternative therapy) was used to treat this disorder.

8) Can Virtual Reality Simulators be Used as an Affective Assessment Tool in Clients?

Presenters: Shannon Coleman, OTS; Robert Blair, OTS; and Craig Velozo, PhD, OTR/L from the University of Florida, Gainesville, FL

OTs often assess individuals with acquired brain injury to see if they can safely drive an automobile. Decisions are often based on physical, visual, cognitive, and behavioral functioning assessment results as well as their integration via road and simulator testing. This poster looks at the validity of VR simulators.

9) Is Botulinum Toxin A (BTX-A) An Effective Treatment for Spasticity in Children with Cerebral Palsy?

Presenters: Iris Dart, OTS; Nicole Ochotorena, OTS; and Craig Velozo, PhD; OTR/L from the University of Florida, Gainesville, FL

A review of the literature on botulinum toxin type A (BTX-A) being used to treat spasticity in children with cerebral palsy (CP) found the drug to be successful in reducing spasticity for the short term. Results have not translated into improved quality of life (QOL) for the patient.

10) Mothers in Recovery

Presenters: Jenna Rogers, OTS; Melissa Smith, OTS; Tyler Wallen, OTS; Linda Martin, PhD, OTR/L, FAOTA from Florida Gulf Coast University, Fort Myers, FL

This was a phenomenological study using semi-structured interviews with ten women in treatment for substance addiction who were also mothers of one or more minor children. All were in some form of residential program at a center in Southwest Florida at the time of the interview.

11) The Effectiveness of Functional Electrical Stimulation on Upper Extremity Function Post-stroke

Presenters: Jayme Kiniak, OTS; Stenie Bodamer, OTS; and Craig Velozo, PhD, OTR/L from the University of Florida, Gainesville, FL

Functional Electrical Stimulation (FES) uses electrical currents to activate muscles that have lost function due to nervous system impairment. Five studies were reviewed to find enough evidence to support FES as a beneficial intervention for patients experiencing spasticity and hemiplegia in the upper extremity post-stroke.

12) Efficacy of Group SI Treatment on Children with Autism

Presenters: Jaqueline Frias, OTS; Gema Conrado, OTS; Kristina Sosa, OTS; and Elise Bloch, EdD, OT/L from Florida International University, Miami, FL

This pilot study evaluated the efficacy of SI treatment in a group setting to enhance social skills of children with autism. Differences in behaviors were measured using *Goal Attainment Scaling* (GAS) and the *Autism Engagement Scale*. Results indicate use of GAS as a valuable tool for use with this population.

13) Kangaroo Mothering Care vs. Conventional Methods of Care on Low Birth Weight Infants

Presenters: Jessica Wahl-Martinez, OTS; Laura Matthews, OTS; and Joanne Foss, PhD, OTR/L from the University of St. Augustine, St. Augustine, FL

Kangaroo Mother Care (KMC) intervention was created as a substitute for deficient incubators and used for premature infants. It involves placing the unclothed child against the mother's bare chest, allowing for temperature regulation and bonding. For three decades this method has been used and compared to conventional methods of care.

14) The Effect of Pencil Grip on Handwriting Legibility in Kindergarten Children

Presenters: Sindy Thomas, OTS; Ebony Irvin, OTS; Heather Storch, OTS; and Bonnie Decker, EdD, OTR/L from the University of St. Augustine, St. Augustine, FL

Occupational therapists frequently identify problems with pencil grip in children. Prosthetic pencil grip devices may be recommended, but the effectiveness of these devices is unknown. This poster will describe a program that was implemented with kindergarten children to improve pencil grip and highlight its effectiveness on pencil grip and legibility.

15) Consistency of Handwriting in Primary Grade Students

Presenters: Te'Mica, Mitchel, OTS; Kristy Beasley, OTS; Lesley Fairbairn, OTS; and Bonnie Decker, EdD, OTR/L from the University of St. Augustine, St. Augustine, FL

Few studies have examined the consistency of good or poor handwriting in early elementary age children. This poster presents results of a study correlating a child's kindergarten legibility score to his or her legibility score when in first grade and when in second grade to determine if handwriting remains consistent.



Associate Poster Presentations

Saturday, February 7, 2009 - Embassy Suites Hotel • 4:30 p.m. - 6:30 p.m.

1) A Resource Assessment Project for Community-Based Psychosocial Settings: Improving Occupation Centered Focus

Presenters: Susan Rodd, OTAS; Crystal Montoya, OTAS; Ramona Brooks, OTAS; and Tia Hughes, MBA, OTR/L from Florida Hospital College of Health Sciences, Orlando, FL

This poster provides an overview of occupation-based resources that students provided to psychosocial facilities. It includes a list of psychosocial settings, problems addressed specific to each facility, and a list of materials provided to each. The poster includes visuals of the projects, explanation of the assignment, general conclusions and outcomes.

2) Creating Cognitively Appropriate Group Activities for Alzheimer's Patients in a Day Treatment Setting

Presenters: Amanda Zaklukiewicz, OTAS; Kindsey Sisson, OTAS; Gilou St. Fort; and Vicki Case, OTR/L from Florida Hospital College of Health Sciences, Orlando, FL

The poster provides an overview of a problem-based project focused at understanding the relationship between Allen Cognitive Levels and the correlation with the ability to perform therapeutic activities. The poster exhibits group activities with Alzheimer's patients with varieties of Allen Cognitive Levels; including visuals, case examples, and pictures.

3) Therapeutic Listening

Presenters: Melissa Ziemian, OTAS; Krisi Bonney, OTAS; Blaire Lifschutz, OTAS; Marilee Nelson, OTAS; and Jean Mousseau, M.Ed, OTR/L from Manatee Community College, Bradenton, FL

Therapeutic Listening is a structured program that involves specialty filtered music CDs played over high quality headphones. The purpose of the program is to condition the ears to tune specific tones and frequencies and to stimulate brain processing for adaptive changes. This is a helpful therapy for various sensory processing disorders.

4) Art Therapy: Broaden the Creative Spectrum of OT

Presenters: Melissa McCombs, OTAS; Shana Munns, OTAS; Beverly Gary, OTAS; Amy Barron, OTAS; and Jean Mousseau, MEd, OTR/L from Manatee Community College, Bradenton, FL

Broaden the Creative Spectrum of OT Art Therapy encourages people to express and understand emotions through artistic expression and through the creative process. Many adult, adolescent, and pediatric facilities have incorporated creative arts into the practice of patient care. Occupational Therapy incorporates activities that encourage self-discovery, personal fulfillment, empowerment, relaxation, and stress relief, through art therapy.

5) Rediscovering the Art of Living by Doing

Presenters: Kelli Casto, OTAS; Jessica Burke, OTAS; Burgit Riemer-Serterhen, OTAS; Pedro Fajardo, OTAS; and Jean Mousseau, MEd, OTR/L from Manatee Community College, Bradenton, FL

The poster presents the *I-limb* hand, the world's first commercially available multi-articulating bionic hand. It has five independently powered digits that open and close around objects. It supports amputees in going about their everyday lives. The *I-limb* and prodigits represent a step change in the world of upper limb prosthetics.

6) Virtual Therapy

Presenters: Peggy, Santilli, OTAS; Bridget Bustamante, OTAS; Melissa Anderson, OTAS; Michele Hones, OTAS; and Jean Mousseau, MEd, OTR/L from Manatee Community College, Bradenton, FL

Nintendo's Wii video gaming system is becoming very popular in therapy for recovering patients. The usual exercises that help people regain strength and ROM can be painful. *Wii* games require similar body movements. They can improve hand eye coordination, movement, flexibility, balance, cognition, and are enjoyable to patients.

7) Take your Brain to the Gym

Presenters: Debbie Cogan, OTAS; Noma Vrannon, OTAS; Shelli Siewak, OTAS; and Jean Mousseau, MEd, OTR/L from Manatee Community College, Bradenton, FL

Brain Gym encourages whole brain learning by establishing greater connectivity between brain hemispheres. When dysfunctional movement patterns are normalized, the result is enhanced learning. Children, teens, adults and, seniors can all benefit from the enhanced brain functioning associated with *Brain Gym* movements.

8) Developing Individualized Treatment Plans with Psychiatric Clients Using the Allen Cognitive Levels

Presenters: Jesellie Hernandez, OTAS; Manny Santiago, OTAS; Paul Lopez, OTAS; Lillian White, OTAS; and Vicki Case, OTR/L from Florida Hospital College of Health Sciences, Orlando, FL

This poster provide an overview of a problem-based service learning project focused on assessing the cognitive levels of the psychiatric population using the *Allen Cognitive Level Screening*. The poster will explain how OTA students provided facilities with an individualized client-centered plan based on the patient's cognitive level.



Papers

Sunday, February 8, 2009 - Florida Hospital College • 11:05 a.m. - 5:00 p.m.

1) Urinary Incontinence Management with Clients who have Cognitive Impairments (Intermediate Level) NB 215

Speakers: Angela Edney, MA, OTR/Lm, Clinical Director - Aegis Therapies, Oviedo FL; Pallavi Lowery, OTR/L, Rehab Program Manager - Aegis Therapies, Oviedo, FL

The purpose of this presentation is to educate clinicians in the area of geriatric urinary incontinence (UI) and illustrate an effective interdisciplinary model of care with clients who have cognitive impairments. It is estimated that up to 25 million Americans suffer from UI with studies reporting that greater than 50% of elderly persons living at home or in long-term care (LTC) facilities are incontinent. The prevalence of urinary incontinence in the nursing home elderly is astounding; however, many professionals lack basic knowledge of how to manage this important ADL. Many patients with incontinence have cognitive impairments. Some professionals question the merit of doing urinary incontinence programming with clients who have cognitive impairments. Others report poor outcomes. One reason for this may be that treatment may not have been modified based on the patients cognitive level of function.

2) The Occupational Therapy Practice Framework: The Last Revision (Basic Level) NB 104

Speaker: Karen, Mock, MS, OT/L, Faculty - Florida Gulf Coast University, Fort Myers, FL

This presentation is focused on the last revision of the OT Practice Framework. It will identify the new changes and additions made to the AOTA official document.

#3 Pediatric Pelvic Floor Rehabilitation (Basic Level) CC 212

Speaker: Mary Ann Horan, OT/L from All Children's Specialty Care of Sarasota, Sarasota, FL

The Pelvic Floor Rehabilitation Program

is designed for children who continue to have episodes of daytime urinary leaks beyond the typical age of potty training. After a thorough work up by a pediatric urologist, children go to Occupational Therapy for pelvic floor rehabilitation to work with areas of ADL and IADL to manage leaks.

4) A Wellness Model for Everyday OT Practice from a Body, Mind and Spirit Approach (Intermediate Level) CC 313

Speaker: Melinda Broadstone, OTR, LMT, CLT, LANA, - Owner of Spiral of Life, Fort Walton Beach, FL

Wellness and quality of life are the birthright of all people. As occupational therapists we are challenged to use all available methods within our scope of practice to promote health, wellness, and assist clients in creating greater quality of life. Gain clarity in how wellness fits into every OT practice in a practical way, using an ancient body, mind, spirit model, will help you begin to implement activities and approaches in an integrated manner. No need to start a separate wellness program. Begin wellness now.

5) Persistence in Occupational Therapy Education NB 107

Speakers: Belkis Landa-Gonzalez, EdD, OTR/L, Faculty - Barry University, Miami, FL; Alma Abdel-Moty, OTD, MS, OTR/L, Faculty - Florida International University, Miami, FL

This study assessed the factors that affect students persistence in occupational therapy programs. One hundred and twelve students from two South Florida institutions participated in the study survey and focus groups. Hindrances to academic persistence and motivational factors identified are of value in signaling institutional, program and student factors that influence success.

6) Hot Professional Issues Being Addressed by AOTA (Basic Level) NB 215

Speaker: Carol Gwin, BS, OT/L - AOTA Practice Associate and Staff Liaison to the Representative Assembly; Emily Pugh, MA,

OTR/L LHRM, Faculty - University of Florida, Gainesville, FL

AOTA advocates on your behalf daily to protect from encroachments by other professionals and ensure reimbursement for your services. Learn about the big issues facing the profession and provide input to the presenters about how AOTA should proceed. Explore ways you can make a difference at your own job in advancing occupational therapy.

7) Children Success with Learnexercise: Learning While Moving (Basic Level) CC 212

Speaker: Debby Mitchell, EdD, Faculty - the University of Central Florida, Orlando, FL - President/Founder of GeoFitness, Inc.

Gain knowledge of methods to enhance children's success in occupational performance areas that promote learning while bringing fun into the process. This course will provide information about the Learnexercise program that promotes motor coordination, visual motor integration, attention span and endurance at the same time that children's learn. With this program many children are now smiling, laughing, jumping, balancing, and moving around on colorful mats with numbers, and letters while they are enjoying learning and being physically active. The latest brain research has been used in the development of Learnexercise. Participants can learn how to develop programs to work with the child as a whole utilizing different learning styles. Information about a study showing that central Florida 3rd graders increased their multiplication scores by 30% will also be presented.

8) Comparison of Evaluation Methods for Unilateral Spatial Neglect after Right Hemisphere Stroke (Basic Level) CC313

Speaker: Lana Watson, MHS, OTR/L, Clinical Coordinator - Shands Rehabilitation Hospital, Gainesville, FL

This session will focus on comparing the most commonly used assessments of unilateral spatial neglect in order to determine best practice methods. The clinical objective is to utilize a number of

Papers continued...

Roundtable Discussions

Sunday, February 8, 2009 - Florida Hospital College • 11:05 a.m. - 12:00 p.m.

Papers

sensitive assessments that will encompass and test for all types of neglect. The target population for this project includes people who have experienced a right hemisphere stroke and as a result of the stroke have signs and symptoms of unilateral spatial neglect to the left side of space.

9) Both Sides of the Volunteerism Coin (Basic Level) NB 215

Speaker: Bathanne Demas, RN, C, ONC, Director of Public Relations, Outreach & Marketing - Shriners Hospitals of Children, Tampa, FL; Toni Thompson, MA, OTR/L, Occupational Therapy Volunteer

People seek volunteerism to fulfill school requirements but there are other alternatives as an occupational therapy practitioner to volunteer for altruism. This paper presents strategies to tap volunteers skills to benefit your organization and to offer rewarding experiences. It will also focus on projects that could benefit from OT expertise and promote the profession. Web-based resources will be presented to promote volunteer opportunities at different facilities, and to locate volunteer projects that can utilize occupational therapy practitioner's talents.

10) Orlando Sensory Smart Attractions NB 109

Speakers: Susan Hermes, MS, OTR/L, AOTA's Centennial Vision calls us to: collaborate, use power to influence, evidence based decision making and science fostered innovations. The Central Florida OT Forum combined this with Dr. Dunn's work Sensations of Everyday Life suggestions. Come and discuss how an emerging Sensory Smart Attraction database is being built for our colleagues and consumers that want to use sensory based decision to enjoy Orlando's many theme park venues, occupational participation in Orlando's many theme park venues.

1) SIS Health & Wellness: Incorporating Health and Wellness Concepts in Occupational Therapy Practice (Basic Level) CC 313

Speaker: Kurt Hubbard, OTD, MA, OTR/L - Faculty - University of St. Augustine, St. Augustine, FL

The practice of occupational therapy includes health promotion and wellness to enable or enhance performance in everyday life activities (AOTA, 2002). Although the AOTA has encouraged occupational therapists to move into wellness-related program development, current practice trends reflects only minimal involvement. The purpose of this special interest section is to identify the barriers to wellness practice and how to incorporate wellness concepts into therapy sessions and programming.

2) SIS Home Health (Basic Level) NB 108

Speaker: Denise Comiskey, OTR/L, Owner - of ADL Achievement Therapy LCC

Discussion focuses on mentoring students and new graduates in a home health setting. A mentor should have exceptional clinical skills to train others in this setting. A comprehensive training manual along with forms for feedback need to be utilized. Students and new graduates should not be discouraged from such an occupation-based setting. This domain of service plays the greatest role for patient independence allowing for more creativity, individualized tasks, and optimal patient/therapist relationships.

3) SIS Sensory Integration (Basic Level) NB 109

Speakers: Julie Gaby, MPA, OTR/L, Staff - Arnold Palmer Hospital for Children and Woman, Orlando, FL; Ricardo C. Carrasco, PhD, OTR/L, FAOTA, CEO - FiestaJoy Foundation and staff - Beckman & Associates, Winter Park, FL

Led by a fellow practitioner, share what sensory integration assessments you use for different age groups, diagnoses, and setting expectations. Discuss what other sources for supporting information are available for evaluations, and what kinds of results enter into creating an impression of sensory integration disorders. The discussion will focus on discovering common or diverse ways by which practitioners design viable treatment programs that match the test results, and also consider setting, resource constraints and opportunities.

4) Legislative Issues in Florida - The Medicaid Prepaid Therapy Program (Intermediate Level) NB 109

Speaker: Lawrence Gonzalez, JD - FOTA Lobbyist

This roundtable will focus on the Prepaid Therapy Program and the impact of the current Medicaid Reform Pilot Programs on occupational therapy practice. Take this opportunity to hear and discuss what is happening with regard to the Medicaid Prepaid Therapy Program and Medicaid Reform in Florida.

5) SIS Education: Infusing the AOTA Centennial Vision into Education (Intermediate Level) NB 104

Speakers: Karen Howell, Ph.D., OTR/L, FAOTA, Faculty - University of St. Augustine, St. Augustine, FL

The Education SIS roundtable will review the relationship between AOTA Centennial Vision and ACOTE Educational Standards. Participants will discuss specifically what their OT and/or OTA educational programs are doing to creatively promote the understanding of the centennial vision. The primary objective is for Florida occupational therapy educational programs to develop or share strategies for successfully infusing this critically important content into occupational therapy education.

Roundtables continued...

Roundtable

6) SIS School Systems: Applying the OT Practice Framework in School Documentation

(Intermediate Level)

NB 107

Speaker: Elena Vizvary, MS, OTR/L, OT/PT Department Chair - Sarasota County School Board, Sarasota, FL

The Occupational Therapy Practice Framework (OTPF) of November 2002 was revised and published November 2008. Since its initial unveiling, school practitioners have been slow to embrace and slower to put into practical application the components and terminology. This roundtable will briefly review the OTPF as it relates to school practice documentation. Possible formats in which to interject the OTPF, including Evaluations and Plans of Intervention, will be discussed and shared.



7) SIS Education/Fieldwork - Shaping Hearts and Minds: The Role of the Fieldwork Educator

(Intermediate Level)

NB 107

Speakers: Pamela Kasyan-Itzkowitz, MS, OTR/L, CHT, AFWC, Faculty - Nova Southeastern University, Ft. Lauderdale, FL; Agnes Sheffey, OTD, OTR/L, MS, PT, Faculty - Florida International University, Miami, FL; Robin Richmond, OTR/L, Adjunct Faculty - Polk Community College, Winter Haven, FL; Sandee Sunbar, DPA, Faculty - Nova Southeastern University, Ft. Lauderdale, FL

The purpose of the Fieldwork SIS Roundtable is to enhance the knowledge and skills of the fieldwork educator in order to be better prepared to collaborate with students and academic fieldwork coordinators, to be able to develop skills as leaders and mentors to the students he or she supervises.



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Workshops

Sunday, February 8, 2009 - Florida Hospital College • 11:05 a.m. - 5:00 p.m.

1) The Laws and Rules of OT Practice in Florida (Basic level)

CC 212

Speaker: Barbara Ingram-Rice, OT/L, LMT - CEO HealthWays For Life, Sarasota, FL & Adjunct Faculty - Manatee Community College, Bradenton, FL

This workshop is designed to meet the criteria in the Florida Statutes, which mandate two hours of continuing education of the Laws and Rules of Occupational Therapy. This workshop is required for licensure renewal in the state of Florida.

2) Prevention of Medical Errors

(Basic Level)

NB 107

Speaker: Pending

This workshop will provide occupational therapists with an overview of information on patient safety required by the FL OT Board. The focus of this course is systems failures as a cause for medical error rather than individuals faults.

3) Find Your Leadership Style! Clinical Instructors as Leaders in Occupational Therapy (Intermediate Level)

CC 352

Speakers: Sandra Dunbar, D.PA and Pamela Kasyan-Itzkow, MS, OTR/L, CHT - Faculty - Nova Southeastern University, Ft. Lauderdale, FL

This workshop is designed to provide the participant with practical leadership strategies to be incorporated into work practices and occupational therapy student development in the clinic.

Occupational therapists are consistently faced with working in fast-paced environments as well as taking on the challenge of educating students in a time-constrained work place. Learn to identify your leadership style, to develop your abilities as a leader, to maximize your role as a clinical instructor, and continue your growth in the field of occupational therapy.

4) "The Secret" to Upper Extremity Compression (Basic Level)

NB 103

Speaker: Elisa DiFalco, MS, OT, CLT-LANA, LMT - President/Founder - The MLD Institute, Wellington, FL

Learn to master the art of the finger bandage to help decrease edema build up of the hand in your patients of any size and age. Accelerate the healing process with this gentle application and achieve therapeutic goals quickly and safely. Discover the inside secret to proper bandage application and explore bandaging alternatives that are cost effective for your client and facility. This is a must have tool for the essential tool kit of the OT.

5) Evidence-based Occupational Therapy: Evidence Appraisal and Useful Practice Resources (Basic Level)

CC 213

Speaker: Chinyu Wu, PhD, OT - Faculty - Nova Southeastern University, Ft. Lauderdale, FL

Evidence-based practice (EBP) has been a dominant paradigm in today's healthcare system. The AOTA's vision is that occupational therapy will become an evidence-based profession by 2017. This workshop targets both beginning and experienced practitioners who would like to build up EBP tools for their daily practice. It will start with an overview about the "what," "why," and "how" of EBP, followed by an information session of useful on-line resources. Workshop participants will be exposed to useful tools for integrating research evidence in busy, fast-paced practice settings.

6) Ethics: Exploring a Personal and Professional Journey (Basic Level)

CC 214

Speakers: Emily Pugh, MA, OTR/L, LHRM - Faculty - the University of Gainesville, FL and Bonnie Inkel, MS, MPA, OTR/L - President/CEO - Alpha-Omega Therapy & Consulting Services, Inc, Pensacola, FL

This workshop will explore the role of ethics in our professional practice through an analysis of the AOTA Code of Ethics guidelines and The Florida OT Practice Act. Attendees will receive updates on current literature and applications. Emphasis will be given to group discussions of actual occupational therapy case studies and their outcomes. This workshop will be interactive, with minimum lecture and maximum discussion. Opinions welcome!

7) The Use of Online Art-Making, Presentation, and Social Networking Tools in Arts and Healthcare (Basic Level)

NB 102

Speaker: Jay A. Klein, CEO/Founder - Art Thread Foundation, Tampa, FL

This presentation introduces the participants to online interactive art technology and its potential as a social networking tool within the arts of the healthcare environment. Varying uses of these tools in symptom management, psychosocial support, and vocational training will be discussed. Participants get hands-on experience on the use of online arts-based technology assets. Workshop attendees will learn how these assets can be used as a valuable tool towards the individual's psychosocial adjustment, as well as a means to build a peer-to-peer arts-based support environment that encourages healthy creative expression.

8) Before You Strike the Pen

(Basic Level)

NB 104

Speakers: Saritza Guzman-Sardina, MEd, OTR/L - Faculty - Polk Community College, Winter Haven, FL; Agnes Sheffey, Dr OT, MEd, OTR/L, PT - Faculty - Florida International University, Miami, FL

This workshop will review the format, content, and rating scale of the Fieldwork Performance

Evaluation (FWPE) forms. It is one of our responsibilities as occupational therapy practitioners to contribute toward the training and education of students entering our profession. One tool available to the fieldwork educators (FE) to assess student's competency is the FWPE form. As fieldwork educators, it is imperative to have a clear understanding of the applications of the FWPE in order to provide effective midterm feedback and evaluate whether a student's performance meets competency for entry-level practice.

9) Addressing Hand Function in Schools with 3-5 Year-old Populations (Basic Level)

NB 103

Speakers: Pauline Kelly, OTR/L; Debra Mishari, OTR/L; Kimberly Sheikh, OTD R/L; and Rachel Dodard, MOT R/L

School-based occupational therapy is a specialized area of practice that has evolved from a medical model to an educational model. This educational session will focus on the clinical practice of school-based occupational therapy as it pertains to 3-5 year olds. Explore the major issues facing occupational therapists who work in the public school system including inappropriate referrals, direct treatment versus consultation, and the ways in which therapists address the underlying components of hand function. We will also discuss developmentally appropriate goals, which promote access to the educational curriculum.

10) Occupational Therapy in Oncology: Acute Care

(Intermediate Level)

CC 213

Speaker: Sheila Longpré, MOT, OTR/L - Senior Occupational Therapist - M.D. Aderson Cancer Center, Katy, TX

Occupational therapy practitioners working in oncology have a unique perspective on acute care. One of the main goals of an occupational therapy practitioner working with people who have cancer is to aid the person in maximizing their functional performance. Using a client-centered approach helps to facilitate functional performance within the hospital

setting. Identifying the necessary appropriate precautions is vital to the recovery of a person with cancer.

11) CarFit: A New Community Resource to Keep Seniors Safe & Mobile

CC 214

Speaker: Fran Carlin-Rogers, CarFit National Instructor, Orlando, FL

CarFit is a national program designed to help seniors improve the comfort and safety of their vehicles. This community educational event promotes driver safety awareness and local resource awareness. Our session will provide an overview of the program and discuss the important role that occupational therapist volunteers provide. AOTA is one of the parent organizations for *CarFit*. Florida is currently involved in a state-wide introduction of this new community resource.

12) OT in Home Health: Developing and Implementing Specialty Programs

(Intermediate Level)

NB 108

Speakers: Colleen Ferren, OTR/L - Clinical Specialist - Senior Home Care, Sunrise, FL; David Bailey, OTR/L, CLT, MBA - Area Director - Rehabilitation - Synergy Home Care, Shreveport, LA

Occupational therapy has had a longstanding struggle in the home health industry with underutilization of its services and diminished recognition of its value. In January 2008, the Centers for Medicare and Medicaid Services (CMS) introduced new operational guidelines and an enhanced payment structure called, *Perspective Payment System-Refinement* (PPS). Under this system home care agencies are more fully able to provide essential therapy services that contribute to the company bottom line. The intention of this workshop is to explore the challenges of creating, implementing and successfully operating OT Specialty Programs in home health.

13) Occupational Therapy's Role in Inclusive Early Care and Education Environments

(Intermediate Level)

CC 212

Speaker: Leslie Jackson, MEd, OT - Project Director - Easter Seals, Inc., Chicago, IL

Including children with disabilities in early childhood programs can be challenging. Too few providers feel they are equipped to effectively meet the needs of young children with disabilities while also providing appropriate learning opportunities. Occupational therapy can play an important role in helping early care providers effectively manage behavior, adapt existing programs, address communication difficulties, and accommodate a typical physical development. This session will address the ways OT can support early childhood staff in providing high quality care that will lead to positive developmental and learning outcomes for all children.

14) Influencing Evidence Based Practice: How to Create a Successful, Therapist-Centered Journal Club

(Basic Level)

CC 313

Speaker: Lana Watson, MHS, OTR/L - Clinical Coordinator - Shands Rehabilitation Hospital, Gainesville, FL

This session focuses on how to initiate a journal club in a clinical setting. It discusses common practices occurring in existing journal clubs. The purpose of the project is to equip therapists and facilitators with the tools, information, and resources needed to have a successful and thriving journal club experience. A literature review is conducted on journal clubs, as well as survey design. Resources include a journal club survey regarding therapist preferences, as well as an evaluation tool to assess their satisfaction in the journal club once it is implemented.

15) Building Evidence in School-Based Practice

(Intermediate Level)

NB 107

Speaker: Bonnie Decker, EdD, OTR/L - Faculty - the University of St. Augustine, St. Augustine, FL

More and more pressure is being placed on pediatric therapists to demonstrate what they are doing in making a difference for each child on their caseload. There are several research resources available for occupational therapists working in pediatrics that can assist in determining which interventions are best under given conditions. This presentation will

highlight resources that are available and discuss how these resources can be used to guide evidence-based pediatric practice.

16) Lived Experiences by Consumers: Dialogue with Occupational Therapy Practitioners - Panel Format

(Basic Level)

NB 109

Speakers: Ricardo C. Carrasco, Ph.D., OTR/L, FAOTA - Consulting Occupational Therapists & Developmental Neuropsychologist - FiestaJoy Foundation & Beckman and Associates, Winter Park, FL; Eric Kenneth Hermes - Student/ Previous Consumer, Mount Dora, FL; Richard La Belle - Executive Director - Family Network on Disabilities, Clearwater, FL; Meg Quilivian - Development Director - Primrose Center, Orlando, FL; Kim van Arsdall, Consumer's Mother, Geneva, FL; Stephanie & Scott Kimmelman, Consumer's Parents, Fort Pierce, FL; Maria Acevedo, RPT, Consumer's Parent & Faculty - Indian River Community College, St. Lucie, FL

Listen to the experiences lived by those who in one way or another have been touched by occupational therapy services. Hear consumer's recollection of occupational therapy intervention and how it influenced their current participation in daily occupations. Learn about parent's persistent attempts to find appropriate and qualified resources for their children, and a father who eventually formed a coalition of support for children like his. Learn through a dialogue with these consumers and take a little bit of their thoughts back to your practice or classroom.

17) Entrepreneurial Activities and Behavior in an Occupational Therapy Practice: Occupational Therapy Business 101

(Intermediate Level)

CC 352

Speaker: Deborah Murphy-Fischer, MBA, OTR/L

Occupational therapists are moving more and more to private practice settings. They often are at a loss for experience and training in basic business and management concepts. Upon completion of the participant will have a general understanding of the preliminary steps to open a business/

practice and will have explored managerial aspects of business. The instructor will present essential partnerships with business to ensure a successful private clinic/ practice and will conclude with the social justice aspect of a successful business. Though the instructor's practice was pediatrics, all areas of practice can apply business concepts.

19) Shoulder Pain: Solutions for Common Disorders

(Intermediate Level)

NB 103

Speaker: Eric Raldiris, MS, OTR; LMT - Owner - Pain Solutions, Orlando, FL

Injuries to the shoulder can cause impairments that often contribute to significant disabilities and functional limitations. Successful evaluation and treatment of the shoulder complex entails (among other things) an accurate of it's normal anatomy and bio-mechanics. Treatment of the shoulder can be complex and confusing based on the multitude of approaches that exist. This workshop will present a systematic approach that therapists can use to focus on problem solving and accurately and successfully evaluate patients with a variety of shoulder conditions.

20) Introduction to Manual Lymph - Drainage Interactive

(Basic Level)

CC 213

Speaker: Elisa DiFalco, MS, OT, CLT-LANA, LMT - President/Founder - The MLD Institute, Wellington, FL

Take an interactive approach to learning the foundations of manual lymph drainage. Our comprehensive overview will begin with the history of the modality and the men behind the modality we know as founding fathers. Then tour the A & P of the Lymphatic system in our user friendly "hands on" format. Continue your journey by learning the foundational techniques that you can employ in your practice, the mini-stationary circle with application, breathing techniques, and exercises. The information in the workshop can be applied to pediatric through geriatric populations.

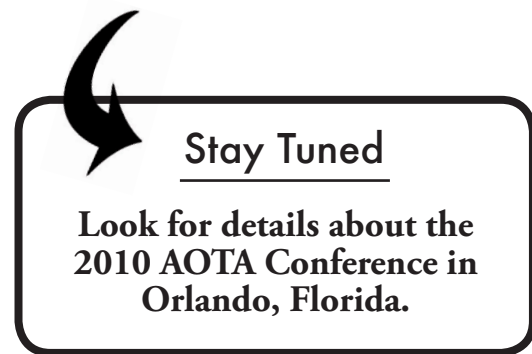
21) The OT Generalist Shifting into Gear for the IADL of Driving and Community Mobility

(Intermediate Level)

CC 214

Speakers: Susan Pierce, OTR/L, SCDCM, CDRS - CEO, President - Adaptive Mobility Services, Inc., Orlando, FL and Carol Blackburn, OTR/L CDRS - Senior Rehabilitation Driver - Adaptive Mobility Services, Inc., Orlando, FL

Community mobility and driving is a recognized instrumental activity of daily living that all occupational therapists should address with their clients and assist them in achieving successful outcomes. Professional and non-professionals are looking to occupational therapists to take the lead in this area. The responsibility that occupational therapy has in addressing the occupation of driving for all age consumers will be delineated by defining the different roles of the occupational therapy/generalist and the occupational therapy/driving specialist. By video media, consumers representing varying age and disability groups will share and demonstrate their driving abilities, personal vehicles, and experiences in obtaining a drivers license. The effectiveness of the occupational therapy practice framework will be demonstrated with these clients and their individual client factors, performance skills and contextual factors.





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