

FOTA22 ANNUAL CONFERENCE & EXPO
NOVEMBER 5-6, 2022
CLEARWATER & VIRTUAL

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FOTA 22



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WELCOME FROM THE FOTA PRESIDENT

Welcome back to our annual conference! It is so nice to be live again, but we wanted to include virtual attendance, so no one misses all the exciting programs we have in the next two days. It is hard to believe it has been three years since we were together face-to-face. A special thank you to Nova Southeastern-Tampa for hosting us at their beautiful new facility.



Learn what FOTA is doing for you at our business meeting and join us in congratulating our award winners. FOTA would not exist without the dedication of our volunteers. We are always looking for volunteers so please stop by the FOTA booth if you are interested. Enjoy the many short courses which cover the scope of services occupational therapists provide. Listen to our Conversations that Matter, where you can interact with the SIS chairs. We have workshops this year and professional poster presentations. Of course, do not miss the student poster presentations!

Thank you to our generous sponsors who make a conference like this possible. Please go by and see what they have to offer our therapists and clients. Enjoy networking with fellow occupational therapists.

I look forward to our time together.

Deb Oliveira, PhD., OTR/L
President
Florida Occupational Therapy Association



SCHEDULE AT A GLANCE

Saturday, November 5

8-8:50	Sessions
9-9:50	Sessions / SP
10-10:50	Sessions / SP
11-12	Keynote
12-1	Lunch & Expo Hall
1-1:50	Sessions/ PP
2-2:50	Sessions
3-3:50	Sessions
4-5	Sessions
5	Day 1 concludes

Sunday, November 6

8-8:50	Sessions
9-9:50	Sessions/ SP
10-10:50	Sessions / PP
11-12	Awards & member meeting
12-1	Lunch & Expo Hall
1-1:50	Sessions
3-3:50	Student Poster Awards
3-3:50	Sessions
4	Conference Concludes

Keynote Speaker Carol Lambdin-Pattavina

The Solution is Rooted in the Problem: Healing Disconnection By Fostering Community

From a lingering pandemic to frequent and devastating mass shootings to significant climate change and beyond, our global health and wellness is being challenged and potentially compromised daily. We often seek answers by adopting a granular view of the issue at hand. Pulling back to acknowledge connections results in seeing that community – the lack and restoration thereof – may just be the common denominator as both problem and solution.



Dr. Carol Lambdin-Pattavina (she/her/hers) is an Assistant Professor in the Department of OT at UNE and has been a licensed OT for over 22 years. Her area of expertise centers around psychiatric labels given to adolescents and adults with a focus on the lasting impact of complex trauma. Dr. Lambdin-Pattavina's clinical work focuses on communities and those who live in marginalized bodies by supporting service users to craft a life of their design through the use of occupation.

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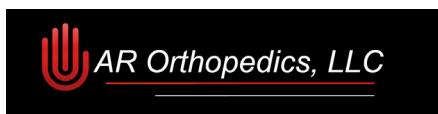
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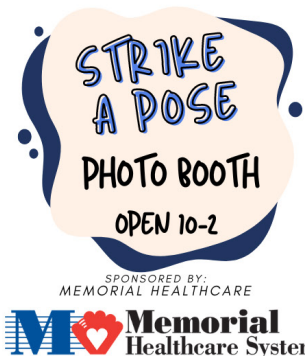
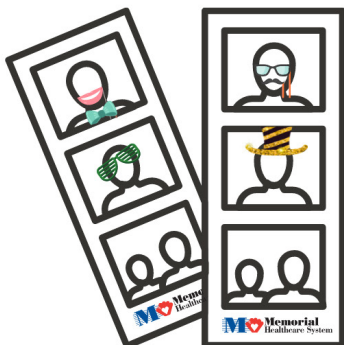
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Schedule: Saturday, November 5

At event Check In - Lobby Virtual - Meet in the FOTA Hall for announcements								
7:00	LAB1254 <i>WS-1</i> Addressing Changing Needs and New Roles of School-Based OTs to Optimize Team Collaboration Post-Pandemic	LAB1256 <i>WS-2</i> OT in Oncology: Addressing a Growing Need for OT in the Cancer Population	LAB1302 <i>SC-1</i> Implementing Continuum of Care Digital Therapies for Neurorehabilitation	Lab 1308 <i>SC-2</i> Hands-on Sensory Integration <i>Part 1</i> Administration, Scoring, & SOSI-M/COP-R	Lab 1305 <i>SC-3</i> Interprofessional Collaboration in Primary Care through Level I Fieldwork	OTD Mental Health 1306 <i>CTM1</i> Addressing Diversity, Equity & Inclusion in Home & Community Health Settings	Lab 1307 <i>SC-4</i> Exploring Legal Considerations for Aging Adults	Lab 1255 <i>SC-5</i> Performance within Occupational Ecosystems
8:00	10 Minute Break							
8:50	10 Minute Break							
9:00	LAB1302 <i>SC-6</i> Addressing the Needs of People Experiencing Homelessness Across Practice Settings	Lab 1308 <i>SC-7</i> Disabilities in Criminal Justice System: OT-Based Curriculum to Support Re-Entry	Lab 1305 <i>SC-8</i> Resuming Driving or Cessation from Driving: How to Evaluate & Advise Your Clients?	OTD Mental Health 1306 <i>CTM2</i> <i>Using an Occupational Science Lens: Nina Simone as an Occupational Being</i>	2nd Floor Hallway <i>SP1</i> Student Poster 1	LAB 1308 <i>SC-9</i> Play Behaviors & Quality of Movement in Infants Later Diagnosed with Autism		
9:50	10 Minute Break							
10:00	LAB1254 <i>SC-10</i> <i>Building Bridges from Classroom to Community using Telepractice</i>	LAB1256 <i>SC-11</i> Caregiver Resources for Individuals with Disabilities	LAB1302 <i>SC-12</i> OT Transitioning from Clinical to Academic Roles	Lab 1305 <i>SC-13</i> Effects of a Bundled Payment Model on OT: Reimbursement / Impact	LAB 1207 <i>SC-14</i> Contraversive Pusher's Syndrome in Stroke: Evidence Based Approach	OTD Mental Health 1306 <i>CTM-3</i> Health and Wellness as ADL for Ourselves and Clients	2nd Floor Hallway <i>SP-2</i> Student Poster 2	Osteo 1803 <i>SC-15</i> OT Practice Framework: Domain & Process 4th Edition
10:50	10 Minute Break							
11:00	Welcome to FOTA22 Keynote Speaker (OSTEO 1803)							
12:00	Lunch EXPO Hall Raffles							
1:00	Osteo 1803 <i>WS-3</i> Medical Errors (Licensed Req.)	Lab 1254 <i>WS-4</i> Monosplint Thermoplastics & Orthosis Fabrication Using a Precut Pattern (limited to 30)	LAB 1256 <i>SC 16</i> NBCOT® National Certification Exam: What You Need to Know	LAB 1302 <i>SC-17</i> Navigating the Healthcare System: OT Can Champion Health Literacy	LAB 1305 <i>SC-18</i> Shift in School Settings: OT's Leading Role in Literacy, Health & Well-Being	OTD Mental Health 1306 <i>CTM 4</i> Secondary Stroke Prevention An Occupational Therapy Program	2nd Floor Hallway <i>PP-1</i> Professional Poster 1	Lab 1307 <i>SC-19</i> First Time Simulation Lab Experience: Lessons Learned
1:50	10 Minute Break							
2:00	10 Minute Break							
2:00	10 Minute Break							
2:00	LAB 1256 <i>SC-20</i> Learning Disability & Attention Deficit Symptoms for Young Adults in College	LAB 1302 <i>SC-21</i> Introduction to Female Pelvic Floor Rehabilitation for OT Practitioners	LAB 1305 <i>SC-22</i> Trauma Informed Care for the OT Practitioner in Everyday Practice	OTD Lab 1306 <i>CTM-5</i> <i>cancelled</i>	Lab 1307 <i>SC-23</i> Transforming Care Strategies for Success Across the Post-Acute Continuum	Lab 1255 <i>SC-24</i> Patient Decision Aids and Personal Decision Guides		
2:50	10 Minute Break							
3:00	Osteo 1803 <i>WS-5</i> How to use SPSS: Data Entry, Analysis, Display, and Interpretation	Osteo 1801 <i>WS-6</i> OT Team Approach to Manage Clients w/ Chronic Pain	Lab 1254 <i>SC-25</i> Intro to Orthotic Fabrication: Selecting & Fabricating Orthoses for UE	LAB 1256 <i>SC-26</i> OT's Vital Role in Oncology Rehab /Clinical Settings	LAB 1305 <i>SC-27</i> Instructional Design to Improve Student Learning Outcomes in Labs	OTD Lab 1306 <i>CTM-6</i> Wake Up to the Occupation of Sleep and it's Importance to the Older Adult	Lab 1307 <i>SC-28</i> Integration of Telehealth Models: Within OT Framework	Lab 1255 <i>SC-29</i> Engagement for Persons Living w/ Dementia & Impact on Aging in Place
3:50	10 Minute Break							
4:00	LAB 1256 <i>SC-30</i> Nature Based Mindfulness Rooted in Forest Bathing: Evidence-Practice	LAB 1302 <i>SC-31</i> Emotional Intelligence, Traits of Personality, & Performance on OT Fieldwork	LAB 1305 <i>SC-32</i> SOTA Leaders Networking	OTD Lab 1306 <i>CTM-7</i> Integrating Ecotherapy into Work: Nature-based OT	Lab 1307 <i>SC-33</i> OT Intraprofessional Collaboration Between Students Via Virtual Simulation	Lab 1255 <i>SC-34</i> The Importance of Trauma Informed Care as OT Practitioner		
5:00	FOTA22 Day 1 Concludes							



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Schedule: Sunday, November 6

7:00	Registration: LOBBY						
	YOGA (Self Care Sunday) 7am - 7:30 am - Room 1308						
	LAB 1302	Lab 1254	LAB 1256	LAB 1305	LAB 1308	LAB 1306	Lab 1307
8:00	WS-7 The Impact of Bladder Health and Prevention of Incontinence: The Role of Occupational Therapy Intervention and Evidenced Based Practice	WS-8 Manosplint Thermoplastics and Orthosis Fabrication (Limited to 30)	WS-9 Let's Claim Our Domain: OT's Fundamental Role in the Evaluation and Treatment of Persons with High-Level Cognitive Impairments	SC-35 Student Perceptions Hip-Hop Based Community Practice Fieldwork Preparedness	SC-36 Hands-on Sensory Integration Part II; Administration, scoring, interpretation of SOSI-M / COP-R	CTM-8 Collaboration for the Doctoral Capstone	SC-37 Handwriting: a Size Sequenced Program that Promotes Attention to Writing
8:50	10 Minute Break						
9:00				LAB 1305 SC-38	LAB 1306 SC-39 Occupational Therapy Shaping Access and Opportunity for Displaced Populations	LAB 1306 CTM-9 OT Practice Act Update: Social Determinants for Inclusive & Equitable School-Based Practice	2nd Floor Hallway SP-3 Student Poster 3
9:50	10 Minute Break						
	Lab 1254	LAB 1256	LAB 1302	LAB 1305	Lab 1307	LAB 1308	2nd Floor Hallway
10:00	SC-40 Maximizing the OT /OTA Supervisory Relationship	SC-41 Disaster Preparedness Plans for Clients with Chronic Illnesses and their Caregivers	SC-42 "Clear Waters" Ahead: Advocating for our Clients, our Practice, and our Profession	SC-43 Advocacy for OT as Primary Care Providers for Firefighters for Work-Related Trauma	SC-44 OpenMind Program to Build Social Emotional Learning: Children & Adults	CTM-10 Current & Outdated Practices in Sensory Integration in Clinic Setting	PP-2 Professional Poster 2
10:50	10 Minute Break						
11:00	FOTA Awards & Meeting (OSTEO 1803)						
12:00	Lunch EXPO Hall Raffles						
	LAB 1803	Lab 1254	Lab 1307	Lab 1302	Lab 1306	Lab 1305	LAB 1256
1:00	WS-10 Laws and Rules (Licensed Requirement)	SC-45 Your National OTR or COTA Credential: What It Means for You	SC-46 Recruiting For Retention: Art of Creating Employee Roadmap	SC-47 Student Training Subject-Centered Learning, Pedagogy, & Learning Contexts	CTM-11 Legislative Concerns Think Tank	SC-48 Effects of Sedative Drugs in Patients Receiving Occupational Therapy	SC-49 Self-Efficacy of OT Educators' Teaching in a Blended Curriculum
1:50	10 Minute Break						
2:00		Lab 1254	LAB 1256	Lab 1302	Lab 1305	Lab 1306	Lab 1307
		SC-50 Stepping Into Academia as A Black OT Practitioner	SC-51 Cancelled	SC-52 Tips to Getting Published: Submitting a FOCUS Quarterly Article	SC-53 Cancelled	CTM-12 Creating a Scholarly Foundation to the OT Hybrid Learning Environment	SC-54 Strategies For Utilizing Metrics To Maximize Productivity & Reimbursement
2:50	10 Minute Break						
	Osteo 1803	Lab 1254	LAB 1256	Lab 1302	Lab 1305	Lab 1306	Lab 1307
3:00	Student Poster Awards	SC-55 AOTA Foundation: Advancing the Science of OT, Improving Both Practice and Health	SC-56 Cancelled	SC-57 Wellness Coaching - Beyond Medicare	SC-58 Cancelled	CTM13 Recent Changes to Developmental Surveillance Milestone Checklists	SC-59 <i>THE MLD Alzheimers Connction --Can MLD Help an MLD ?</i>
4:00	FOTA22 Concludes						

FOTA AWARDS & MEETING

Help us honor our peers & advocates

SUNDAY 11 AM

STUDENT POSTER AWARDS

Who will take home the honors this year?

SUNDAY 3 PM



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Keynote Speaker

KN-1
SAT. 11:00 am
INTRODUCTORY
Mental Health

The Solution is Rooted in the Problem: Healing Disconnection By Fostering Community **Carol Lambdin-Pattavina DrOT, OTR/L**

From a lingering pandemic to frequent and devastating mass shootings to significant climate change and beyond, our global health and wellness is being challenged and potentially compromised daily. We often seek answers by adopting a granular view of the issue at hand. Pulling back to acknowledge connections results in seeing that community – the lack and restoration thereof – may just be the common denominator as both problem and solution.

Workshops

WS-1
SAT. 8:00 am
INTRODUCTORY
School Systems &
Early Intervention

Addressing Changing Needs and New Roles of School-based OTs to Optimize Team Collaboration Post-Pandemic

Speaker: Cyndi Haynes, OTD, OTR/L

Abstract: The pandemic left school personnel with challenges including mental health issues, changed student learning needs, and strained team function. Related service providers are confronted with mental health issues in students and regression in skills. This session outlines the impact the pandemic has had on students and school personnel. Participants will gain ideas to address changing student needs, and collaboration with team members and families in a post-pandemic school environment. **Objectives:** Examine the impact that the pandemic has had on students, school staff, and families Describe potential roles OT can have in addressing changing needs in the schools Discuss strategies that address optimal educational team performance and collaboration.

WS-2
SAT. 8:00 am
INTRODUCTORY
Physical
Disabilities

OT in Oncology: Addressing a Growing Need for OT in the Cancer Population

Speakers: Hannah Townsend, OTD & Stephanie Wright, MOT, OTR/L

Abstract: Cancer and its treatment (i.e., chemotherapy, surgery, radiation therapy) can have a range of effects on occupational engagement and well-being. Current literature demonstrates a concurrent need for and lack of rehabilitation services to address the functional impacts of cancer, its treatment, and survivorship. Given the projected growth of cancer and an identified gap in OT services, this course will examine the cancer care continuum, OT's role, and a screening tool for increased OT referrals. **Objectives:** Learners will identify the functional needs of individuals undergoing or surviving from cancer and treatment. The group will examine a screening tool created to promote referrals to OT by physicians and other health providers across oncology settings. Finally, learners will outline a distinct approach to the OT process in light of the unique diagnoses, conditions, and treatments in cancer care.

Workshops

WS-3
SAT. 1:00 pm
INTRODUCTORY
(Licensed Req.)

Occupational Therapy's Role in Prevention of Medical Errors

Speaker: Barbara Ingram-Rice OT, LMT, CLT, CHC

Abstract: This program was designed to meet the criteria in Section 456.013(7), Florida Statutes, which mandates that two hours of continuing education in medical errors prevention is required for licensure renewal in Florida. **Objectives:** Be able to identify the difference in an individual mistake and an institutional or process mistake, Identify the steps of Root Cause Analysis, Identify current patient safety goals, Identify ways OT Practitioners can have an impact on the process of error prevention to increase patient safety.

WS-4
SAT. 1:00 PM
INTERMEDIATE
Physical
Disabilities

Manosplint Thermoplastics and Orthosis Fabrication: An Introduction to for Beginners

Speaker: Mary Beth Ventorini-Burket

Abstract: This course is designed to educate therapists about Manosplint thermoplastic material, properties, handling and performance characteristics. Therapists will then observe demonstrations, understand the fitting and application of the orthosis, and have a hands-on opportunity to fabricate functional position wrist/hand orthosis. **Objectives:** Participants will learn to categorize orthotic material and select the best type per diagnoses. They will learn making and cutting the pattern as well as demonstrate knowledge of practical applications of the orthosis. Participants will fabricate a functional position WHO.

WS-5
SAT. 3:00 PM
INTRODUCTORY
Research

How to use SPSS: Data entry, analysis, display, and interpretation

Speakers: Stanley Paul PhD, MD, OTR/L, Yuanlong Liu, PhD, MPE & DAnji Lu, MPE

Abstract: This Data Analysis course will provide an introduction to SPSS software and demonstrate data entry, data import, descriptive statistics, tables, charts, and graphs, and common inferential statistical tests and analysis. At the end of the course, one will be able to import data into SPSS program and learn the common command structure on running common statistical procedures. Occupational therapy and healthcare research scenarios will be used as examples. **Objectives:** In this course, one will gain skills on how to perform, read and analyze a number of common statistical procedures in SPSS. Learn how to interpret the output of different statistical tests and create basic charts, graphs, and tables for data display and interpretation. Learn how to write the results of statistical analyses using APA format

WORKSHOPS

WS-6
SAT. 3:00 PM
INTERMEDIATE
Physical
Disabilities

The Unique Role of OT in a Team Approach to Management of Clients with Chronic Pain **Speaker: Anne Moscony OTD, CHT, OTR/L & Gayla Aguilar OTD, MS, OTR/L**

Abstract: Over 20% of adults in the US experience chronic pain. In 2018, legislation (HR6) was signed to address non-pharmacological management of pain. HR6 recognized OT as a vital component in the interdisciplinary pain management team. This workshop will define chronic pain, discuss current concepts about the etiology of chronic pain and address OTs unique role in a chronic pain management team. Client-centered, evidence-based interventions that facilitate occupational performance will be provided. **Objectives:** Upon completion of this workshop, attendees will be able to define chronic pain and explain current conceptions about the origin of chronic pain. Participants will discuss the unique role of OT within a multidisciplinary pain management team. Participants will identify evidence-based strategies for ameliorating occupational performance dysfunctions associated with chronic pain conditions.

WS-7
SUN. 8:00 am
INTERMEDIATE
Health Promotion
& Wellness

The impact of bladder health and prevention of incontinence - the role of Occupational therapy intervention and evidenced based practice. **Speaker: Sira Botes OTR/L**

Abstract: Bladder incontinence is stigmatized as a “normal female” problem and a “normal part of aging”. Often times shame and isolation results from chronic incontinence issues and is largely unaddressed by the healthcare system. Through an evidenced based approach to bladder health, as Occupational Therapists, we can demonstrate improved continence and empower our patients to live their best life! “Your bladder do not have to be the boss of you - YOU be the boss of your bladder!” **Objectives:** Understanding the impact of bladder health - 4 pillars (economic/social/emotional/physical) and anatomy and physiology behind diagnosis Male vs. Female. How to use evidenced based assessment tools and set appropriate goals. The 6-visit protocol for optimal success including intervention strategies and guidelines.

WS-8
SAT. 8:00 am
INTERMEDIATE
Physical
Disabilities

Manosplint Thermoplastics and Orthosis Fabrication Using a Precut Pattern **Speaker: Mary Beth Ventorini-Burket**

Abstract: This course is designed to educate therapists about Manosplint thermoplastic material, properties, handling and performance characteristics. Therapists will then observe demonstrations, understand the fitting and application of the orthosis, and have hands on opportunity to fabricate an orthosis. Day 1 will be fabrication of a wrist orthosis. Day 2 will be fabrication of a functional position wrist/hand orthosis. **Objectives:** Participants will be able to categorize Manosplint orthotic material according to its properties to select the best type per diagnoses. They will learn the advantages of using a precut orthosis versus cutting out the orthosis and demon-

strate knowledge of practical applications of the orthosis. Day one will fabricate using a precut and day two will fabricate with cutting their own material.

WS-9
SUN. 8:00 am
INTERMEDIATE
Physical
Disabilities

Let's Claim our Domain: Occupational Therapy's Fundamental Role in the Evaluation and Treatment of Persons with High-Level Cognitive Impairments. **Speaker: Lisa Marshall OTR/L, CLT, CLW T**

Abstract: This workshop will focus on evidenced-based evaluation methods and treatment strategies using occupational therapy's unique focus on functional cognition. You will learn why patients across populations may test normal on cognitive screenings and neuropsychiatric testing but demonstrate difficulties in their occupations. Upon completion of this course, you will have strategies you can immediately implement into your practice setting. **Objectives:** The learners will be capable of identifying evidence-based evaluation methods to access functional deficits in patients with high-level cognitive impairments. Using a case-study, participants will develop two functional long and short-term goals. Upon completion, participants will have at least three intervention strategies for immediate implementation into their practice.

WS-10
SAT. 8:00 am
INTRODUCTORY
(Licensed Req.)

Occupational Therapy's Role in Prevention of Medical Errors **Barbara Ingram-Rice OT, LMT, CLT, CHC**

Abstract: This program was designed to meet the criteria in Section 456.013(7), Florida Statutes, which mandates that two hours of continuing education in medical errors prevention is required for licensure renewal in Florida. **Objectives:** Be able to identify the difference in an individual mistake and an institutional or process mistake, Identify the steps of Root Cause Analysis, Identify current patient safety goals, Identify ways OT Practitioners can have an impact on the process of error prevention to increase patient safety.

Thank you for your membership!

FOTA is a non profit organization with 1 employee and run entirely by our member volunteers. It truly takes a village to make this organization work and we do this with passion, joy and love of our profession. We advocate for every one of our members & Florida OT. We were responsible for updating the OT scope for the first time in 20 years. We are fighting for our profession in Tallahassee. If you are not a member of FOTA and you are licensed in the State of Florida, please consider joining us.



CONVERSATIONS THAT MATTER

CTM-1
SAT. 8 AM
INTERMEDIATE
Home &
Community Health

Addressing Diversity, Equity and Inclusion (DEI) initiatives within the home and community health setting

Speaker: Amanda Kotolski Ph.D., OTR/L

Abstract: With Vision 2025, the AOTA made a renewed commitment to diversity, equity and inclusion (DEI) procedures throughout practice, education, research and advocacy. Home and community health OTs provide important client-centered services that improve quality of life beyond daily living skills. Join us in discussing application of DEI, OT and its application to the home and community health setting. **Objectives:** Participants will increase knowledge and awareness of DEI initiatives within occupational therapy scope of practice. Participants will identify decision-making strategies for best practices within the home and community health setting regarding diversity, equity and inclusion initiatives. Participants will identify strategies to address diversity, equity and inclusion within client care.

CTM-2
SAT. 9 AM
INTERMEDIATE
Occupational
Science

Watching a Movie Using an Occupational Science Lens: Nina Simone as an Occupational Being

Speaker: Dr. Ricardo C. Carrasco

Abstract: This session shares Nina Simone's life, a classical pianist, jazz musician and activist, while extracting occupational science constructs such as occupational deprivation, disruption, and resilience, peppered with spousal and racial injustices. It shows her as a human who is an occupational being, subject to geopolitical, and cultural contexts. Therefore, the session veers away from a scholarly exercise or movie industry review; instead, a shared narrative tells the story of a life well lived - a musical legacy. **Objectives:** Briefly describe the life journey of Nina Simone as a classical pianist and jazz singer while juggling the role of human, wife, mother and activist. Extract constructs of occupational development, deprivation, resilience, and disruption from the biographic documentary. Extrapolate sources of Miss Simone's advocacy and impact on her musical career.

CTM-3
SAT. 8 AM
INTRODUCTORY
Health Promotion
& Wellness

Health and Wellness as ADL for Ourselves and Our Clients

Speakers: Barbara Ingram-Rice OT, LMT, CLT, CHC, & Sujata Martin, MS OTR/L

Abstract: The updated Florida OT Practice Acts now defines "Health Management". The goal of Health Management is to improve or maintain health to support participation in occupations. We are able to most effectively meet this therapeutic goal, if our personal health & wellness needs are met as well. We will use AOTA's Wellness Dimensions as a springboard for our discussions on the best ways to meet the Health & Wellness needs of our clients and ourselves. **Objectives:** By the end of this Conversation That Matters the participant will be able to identify areas of health & wellness to consider in their own routines, and that of their clients. Participants will identify ways they are currently modeling good health and wellness behavior. Finally, they will possess a list of resources for next steps for themselves in their own health and wellness journey.

CTM-4
SAT. 1 PM
INTERMEDIATE
Physical
Disabilities

Secondary Stroke Prevention An Occupational Therapy Program

Speakers: Kristin Domville DrOT, MOT, OTR/L, Kaye Rubio Ph.D, MHS, OTRL, CLT-LANA & Shazida Sarwar OTS

Abstract: Approximately 90% of strokes are preventable and attributed to modifiable risk factors (Diener et al., 2020). Recurrent stroke is correlated to higher mortality rates, disability, and financial costs (Sylaja et al., 2020). OTs can create and implement occupation-based programs that provide education on healthy lifestyle habits and health literacy to promote stroke prevention and occupational engagement among stroke survivors (Asaba, 2020; Malstram et al., 2021) **Objectives:** Explore the prevalence of stroke survivors and secondary stroke. Understand how to create and implement an occupation-based program focusing on lifestyle habits and health literacy to address stroke prevention among stroke survivors to improve occupational engagement. Advocate for OT services for stroke prevention through education on health literacy and healthy lifestyle habits.

CTM-5
SAT. 2 PM

Cancelled

CTM-6
SAT. 3 PM
INTRODUCTORY
Gerontology

Wake Up to the Occupation of Sleep and it's Importance to the Older Adult

Speakers: Annette Bullard M.Ed., B.A., COTA/L & Jennifer Castelli OTD, OTR/L, CHT

Abstract: Sleep is foundational to all occupations. After a night of poor sleep, everyone has experienced a frustrating day of poor performance in occupations, lack of concentration, productivity, and a roller coaster of emotions. Join us to examine an OT model on sleep management, the role of OT in sleep, and effective interventions with an emphasis on geriatrics. **Objectives:** Attendees will review an Occupational Therapy model on Sleep management. The Role of Occupational Therapy & Sleep will be examined. Types of effective sleep management interventions will be identified.

CTM-7
SAT. 4 PM
INTERMEDIATE
Work Programs

Integrating Ecotherapy into Work: Nature-based Occupational Therapy

Speakers: Jessica Nakos MOT, OTR/L & Regina Bonyng OTR/L, CEAS II

Abstract: The profession of occupational therapy has embraced technology to improve practice (AOTA, 2016; AOTA, 2018; AOTA, 2022). Increases in chronic diseases and mental health issues, along with environmental destruction emphasize the need to reconnect with nature and provide environmentally sustainable services (Hammell, 2021; Harper et al., 2019; Heard et al., 2020; Louv, 2012; McGeeney, 2016). Ecotherapy holds potential to provide this reconnection. This conversation seeks to expand upon this idea. **Objectives:** Participants will identify how nature-based occupations have impacted their health and wellbeing. Reflection on opportunities to implement Ecotherapy in diverse practice settings will be included. Lastly, participants will explain occupational therapy's role and the connection between ecotherapy and sustainable practices.

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CONVERSATIONS THAT MATTER

CTM-8
SUN. 8AM
INTERMEDIATE
Fieldwork &
Capstone

Conversations that Matter: Collaboration for the Doctoral Capstone

Speakers: Pamela Kasyan-Howe, OTD, OTR/L, Dr. Kristin Domville, Dr.OT, OTR/L

Abstract: The doctoral level entry point is developing to meet current trends in higher education and healthcare. The OTD capstone provides our profession the opportunity to increase the rigor of evidence supporting our practice. The capstone project can build capacity between clinicians, State and National associations, and academic programs. These conversations that matter will discuss strategies for clinicians, students, and academicians to guide collaboration towards rigorous OTD projects. **Objectives:** At the end of this session participants will be able to: Identify procedures to improve to collaborations between associations, academic programs, and clinical sites/ mentored practice settings. Identify components of doctoral capstone experience and project. Discuss steps needed to implement doctoral capstone projects at a mentored practice setting.

CTM-9
SUN. 9 AM
INTERMEDIATE
School Systems &
Early Intervention

Florida Occupational Therapy Practice Act Update: Addressing Social Determinants for Inclusive and Equitable School-Based Practice

Speakers: Evelyn Terrell OTD, MHSA, OTR/L, Elizabeth O. Morejon OTD, OTR/L, C-SIP, Debra Misrahi DrOT, OTR/L & Pauline Kelly OTD,

MSOT, OTR/L

Abstract: Participants will discuss changes to the Florida OT Practice Act including expansion of OT's role in mental health, health and wellness, and activities of daily living. Implications and review of best practices to meet IDEA Law mandate for meaningful parental participation in the school setting. **Objectives:** Discuss changes to the Florida Occupational Therapy Practice Act and its implications to practice. Identify ways to promote the distinct value of OT in schools promoting occupational justice and optimizing student success through parental participation.

CTM-10
SUN. 10 AM
ADVANCED
Sensory
Integration

Current & Outdated Practices in Sensory Integration in Clinic Setting

Speaker: Gustavo Reinoso, Ph.D., OTR/L

Abstract: During this conversation that matters, Dr. Reinoso will lead the audience to explore the construct of sensory integration using up-to-date information. By posing challenging questions, the audience will discuss critical issues such as appropriate referrals, practitioner certifications, updated assessments, appropriate environments, blending approaches, as well as sensory based procedures not supported by current research and professional consensus. Make sure you know what is hot in sensory integration today! **Objectives:** Participants will explore 5 current strengths and challenges of the sensory integration approach. Participants will discuss current as well as outdated procedures commonly used in sensory integration sessions. Participants will describe current and appropriate ways of blending approaches when delivering sensory integration services.

CTM-11
SUN. 1 PM
INTERMEDIATE
Administration

Legislative Concerns Think Tank **Speaker:** Carlos C. Martoral OTD, JD

Abstract: The purpose of this conversation is to identify member concerns regarding past, current, & anticipated legislative changes and their potential affect on FOTA interests. Session topics including recent Scope changes, Early Intervention "Specialists", OT in Mental Health, OT Interstate Compact, and topics identified by participants. **Objectives:** Participants will identify FOTA legislative initiatives and their current status. Participants will also develop insight on how the Government Affairs committee assists in effecting legislative change on FOTA's behalf. Finally, participants will voice concerns in a roundtable type discussion to illuminate committee members on issues of legislative relevance to Florida OTs.

CTM-12
SUN. 2 PM
INTRODUCTORY
Education

Creating a Scholarly Foundation to the OT Hybrid Learning Environment

Speaker: Kurt K. Hubbard PhD, OTD, OTR/L, FAOTA

Abstract: OT education has experienced many changes to facilitate the non-traditional student. Recent attention by COVID-19 has forced programs to abruptly move to remote instruction. These changes have occurred in parallel with advances in technology introducing new possibilities in education replacing face-to-face instruction. Hybrid education requires theoretical frameworks to guide implementation of curriculum and a review of best practices in OT education is warranted. **Objectives:** The participants will be introduced to effective hybrid learning environment. Key concepts in contemporary learning theory will be discussed in an inclusive hybrid learning environment. A community of inquiry theoretical framework will be discussed as well as its impact on the dissemination course material.

CTM-13
SUN. 3 PM
INTERMEDIATE
Developmental
Disabilities

Recent Changes to Developmental Surveillance Milestone Checklists

Speakers: Joanne Flanagan ScD, OTR/L & Jennifer Martinc, OTD, OTR/L

Abstract: The Centers for Disease Control and Prevention's and the American Academy of Pediatrics revised the developmental surveillance milestone checklists. These changes were based on data, resources, and clinical expertise and were made in hopes that children at risk for delays could be identified sooner and thus receive intervention sooner. We will discuss these changes and the role of occupational therapy practitioners in early identification and early intervention. **Objectives:** Participants will discuss the recent changes to the developmental surveillance milestone checklists. Participants will discuss the clinical implications of these changes. Participants will discuss the role of occupational therapy practitioners in early developmental surveillance, early identification, and early intervention.

SHORT COURSES

SC-1
SAT. 8 AM
INTRODUCTORY
Technology

Implementing Continuum of Care Digital Therapies for Neurorehabilitation

Speaker: Meredith Mull, OTR/L; CAPS; CHA

Abstract: Digital Neurorehabilitation is a fast-growing tool in the Therapists' toolbox.

Evidence shows a massive need for intensive therapy during that critical time of neuroplasticity. We will provide an evidence-based rationale for using a DTx platform and an overview of virtual reality systems across the continuum of care, focusing on features and attributes along with how a DTx program can increase the therapeutic intensity to up to 5 hours per day to maximize upper limb recovery. **Objectives:** Learn an evidence-based rationale for using a DTx platform to increase therapeutic intensity during neuroplasticity. Identify specific virtual reality interventions to accomplish neuro-rehab goals, use an evidence-based approach to selecting a DTx system that can provide a high-intensity approach dose to improve upper limb function, and will understand the use DTx systems for Synchronous and Asynchronous, and Telehealth therapist-designed therapy plans throughout the continuum of care.

SC-2
SAT. 8 AM
INTERMEDIATE
Sensory
Integration

Hands on Workshop in Sensory Integration Part I. Administration, Scoring, and Interpretation of the SOSI-M and COP-R

Speakers: Gustavo Reinoso Ph.D., OTR/L, Dominique Blanche Kiefer OTD, OTR/L & Erna Imperatore Blanche PhD, OTR/L, FAOTA

Abstract: This two-part course covers the administration, scoring and interpretation SOSI-M and the COP-R, two nationally standardized assessments for children 5-14 year-olds. Both instruments allow therapists to obtain and report additional results in the areas of postural control, motor planning, and vestibular and proprioceptive processing. In this course, the authors will guide participants in the administration, scoring, and clinical interpretation of the results obtained with both instruments. **Objectives:** Participants will be able to describe the theoretical & psychometric underpinnings of the SOSI-M and COP-R2. Participants will be able to correctly administer and interpret all items of the SOSI-M & COP-R for intervention planning and complete manual and electronic scoring of the SOSI-M and COP-R.

SC-3
SAT. 8 AM
INTRODUCTORY
Fieldwork &
Capstone

Expanding Interprofessional Collaboration in Primary Care through Level I Fieldwork

Speakers: Becky Piazza OTD, MS, OTR/L, BCPR & Heidi Horwitz MEd, OTD, OTR/L

Abstract: Through innovative collaboration between the UF Health Care One Clinic and

doctorate students in the UF Occupational Therapy department, multi visit patients were offered services that increased availability of chronic care management and care coordination services. Case studies demonstrating occupational therapy assessment and intervention will showcase the use of a patient rated outcome measure (COPM) and implementation of CO-OP and a goal setting framework to collaborative care. This presentation will explore non-traditional occupational

therapy clinical education within an interprofessional transitional primary care clinic. **Objectives:** Discuss the UF Health Care One Clinic and its role in addressing the needs of multi-visit patients. Describe implementation of OT assessment and interventions to enhance patient understanding of personal health and wellness. Apply a goal setting framework to guide patient identified prioritizations for discharge and continued health management.

SC-4
SAT 8 AM
INTERMEDIATE
Gerontology

Exploring Legal Considerations for Aging Adults

Speaker: Carlos C. Martoral OTD, JD

Abstract: Studies indicate that by 2034 adults aged 65+ will outnumber children both nationally and worldwide. Increasingly, clinicians will be faced with advocating for consumers with diminished capacity to communicate their wishes effectively.

Objectives: Participants in this course will explore contemporary planning tools including Wills, Guardianships, and Supported Decision Making Agreements to optimize independence, participation, and dignity for this population. Explore modern planning tools including Guardianships & Supported Decision Making Agreements for aging adults with diminished capacity. Participants will analyze the shifting demographic of society over the next 10 years; understand the types of planning tools available under Florida Law to help ageing clients plan for their future and the future of their loved ones and evaluate the differences and advantages of various tools to educate clients and caregivers.

SC-5
SAT 8 AM
INTRODUCTORY
Research

Performance, Participation, and Prosperity within Occupational Ecosystems

Speaker: Khalil Mrabe

Abstract: The purpose of this short course is to identify a new occupational framework

which highlights creation and operation of occupational ecosystems. Occupational therapy as a profession reflects the understanding and translation of the human experience (Abubbaker, et al., 2018). Occupational therapy assessments and interventions ultimately reflect the overall context of performance, participation, and prosperity. Frame of reference for diverse populations is being identified for an increasing interconnected society. **Objectives:** Discuss the socioecological perspectives associated with global societies; the various social structures which constitute micro, meso, and macro levels of society; and Identify and discuss the impact that interactions between societal stakeholders have on occupational performance, participation, and prosperity.

SC-6
SAT. 9 AM
INTRODUCTORY
Mental Health

Addressing the Needs of People Experiencing Homelessness Across Practice Settings

Speaker: Caitlin E Synovec, OTD, OTR/L, BCMH

Abstract: It's essential for OT practitioners to understand the unique needs of people experiencing homelessness (PEH). Knowledge of promising practices for PEH allows provision of contextually relevant services, increasing equity and access to quality OT services.

SHORT COURSES

This session will provide an opportunity to delve into the contextual factors influencing occupational performance of PEH, and identify appropriate evaluation, interventions, and resources that can be implemented across practice settings. **Objectives:** OT practitioners will identify 3 unique health needs of people experiencing homelessness; identify 3-5 contextual factors influencing occupational performance of people experiencing homelessness; and will be able to implement at least 2 strategies or resources that can be utilized within their practice setting to better serve people experiencing homelessness.

SC-7
SAT. 9 AM
INTRODUCTORY
Mental Health

Disabilities in the Criminal Justice System: An OT-Based Curriculum to Support Re-Entry
Speakers: Lindsey Telg MOT, OTR/L & Sabrina Glover BS, OTDS

Abstract: A unique curriculum was developed for the Florida Association of Centers for Independent Living to address the community re-entry needs of incarcerated individuals with disabilities. This curriculum, developed by an occupational therapist, offers valuable lessons for therapists working in community re-entry, mental health, and vocational training. Further, this curriculum outlines the important role occupational therapists can play in addressing the needs of this vulnerable population. **Objectives:** Participants will articulate at least three common issues related to community re-entry facing incarcerated persons with disabilities. Participants will describe three strategies embedded in the curriculum that can be used to support community re-entry. Participants will describe one method to advocate for the role of occupational therapy in addressing community re-entry.

SC-8
SAT. 9 AM
INTRODUCTORY
Physical Disabilities

Resuming Driving or Cessation from Driving: How do I Evaluate and Advise my Clients?
Speaker: Jennifer C.Radloff, OTD, MHS, OTR/L, CDRS

Abstract: This session will assist OTs in learning how assessments used in their everyday practice can inform of potential driving performance and safety concerns for their clients. Current research and available resources on driving evaluation and intervention will be shared. Lastly, case scenarios will be used to discuss how OT can provide recommendations for interim intervention to return to driving, cessation of driving, alternative community mobility options, and referral to driving specialists. How assessments can inform of driving safety concerns. Research and resources to be shared. Case studies used to discuss OT recommendations. **Objectives:** By the end of the session, attendees will share assessments currently used in their practice and identify how these tools can assist with driving decisions. Current literature and resources for addressing driving will be provided to attendees for future practice application. Using case scenarios, attendees will examine various driving recommendations and discuss practice implications.

SC-9
SAT. 9 AM
INTERMEDIATE
School Systems & Early Intervention

Play Behaviors and Quality of Movement in 6 Month Old Infants Later Diagnosed with Autism

Speakers: Joanne Flanagan ScD, OTR/L & Barbara Demchick ScD, OTR/L, FAOTA

Abstract: We will review the literature on early autism signs and then discuss our pilot studies which suggest that early play challenges may be seen in infants later diagnosed with autism. Participants will view infant videos and discuss behaviors that may indicate autism risk. Early play behaviors may be an indicator of occupational performance difficulties in infants, and occupational therapists have the skills and knowledge to contribute to early identification of behaviors that suggest autism risk. We'll review literature on early signs of autism and view videos at six months of age, discussing behaviors that may indicate autism risk. **Objectives:** Participants will understand and describe infant behaviors that may indicate risk for autism according to current research. Participants will analyze motor and play behaviors in videotapes of infants that may indicate risk for autism and will understand the clinical implications for practice for early screening and intervention of infants and toddlers at risk for ASD.

SC-10
SAT. 10 AM
INTERMEDIATE
Health Promotion & Wellness

The Empower Program and Telepractice, Building Bridges from Classroom to Community in Level I Fieldwork

Speaker: Marcia Hamilton OTD, MSHS, OTD, BCP, BCTS

Abstract: Through use of telepractice, Level I FW experiences and collaboration with community partners, occupational therapists can broaden impact of practice. The Empower program, links Level I students with seniors in an assisted living community. The program promotes, occupational resilience and the community's ability to engage in targeted preventive occupations, using performance skills, through virtual, "real time" sessions. Perception and insights of participants are considered. **Objectives:** Using a social justice approach, participants consider barriers to resilience and occupational orchestration of people living in ALFs. Participants explore the Empower Program delivery model including elements fostering capacity in performance skills. Such as motor, process, and social interaction skills. Participants will share perceptions of the program and potential for broadening impact of OT.

SHORT COURSES

SC-11
SAT. 10 AM
INTRODUCTORY
Health Promotion
& Wellness

Caregiver Satisfaction of Community Resources for Individuals with Disabilities

Speaker: Sue Somerville OTD, OTR/L, ATP

Abstract: Disability often prevents equal access to many community resources.

Through a mixed-methods survey, the majority of respondents rated six out of seven community resource categories as either “extremely dissatisfied” or “somewhat dissatisfied”. Only medical community resources were rated as “satisfied.” OT practitioners need to be aware of local resources and can play a major role in identifying the barriers to and providing clients’ caregivers with currently available community resources. Practitioners play a major role in identifying barriers to, and providing caregivers with, available community resources. **Objectives:** After this short course, participants will be able to name and describe 3-5 types of community resources for individuals with disabilities; identify at least 3 access barriers to community resources; and will infer at least 2 reasons why caregivers are dissatisfied with and/or unable to find suitable community resources for individuals with disabilities.

SC-12
SAT. 10 AM
INTERMEDIATE
Education

Occupational Therapist Transitioning from Clinical to Academic Roles: Challenges and Opportunities

Speakers: Nicole Quint Ph.D., Dr.OT, OTR/L, Rick Davenport Ph.D., OTR/L & Margo Kreger EdD, MS, OTR/L

Abstract: This short course focuses on providing thorough discussion on the specific transition challenges faced by practitioners seeking to make the transition into academia, to meet the needs of occupational therapy departments. Strengths of the clinical practitioner are optimized in discussion of resources and strategies provided to maximize successful transitions into preacademic and academic roles.

Objectives: Identify aspects of workplace culture, structure, flexibility, autonomy, schedules and accountability within both contexts. Illustrate the transition process from the clinic to academia, highlighting transferable skills that enhance the process. Describe resources and strategies that facilitate a successful transition process, including adjunct opportunities.

SC-13
SAT. 10 AM
INTRODUCTORY
Administration

Effects of a Bundled Payment Model on OT: Understanding Reimbursement Models and Potential Impact on Employment Status

Speakers: Christina Kane EdD, MS, OTR/L, Jasmine Lake, OTD & Hannah Townsend, OTD

Abstract: This course will provide an introduction to evolving reimbursement models as well as results from a mixed methods survey that compared SNF OTPs and non-SNF OTPs’ perceptions of the effects of CJR. The results indicated that SNF OTPs reported a higher frequency of adverse employment changes compared to non-SNF OTPs. The results of this study may serve as a call to action on how payment models may affect the quality of care and services provided by occupational therapy to Medicare beneficiaries.

Introduction to evolving reimbursement models and results from a mixed methods survey on OT employment status.

Objectives: The learner will describe the development and implementation of Medicare’s bundled payment models and examine the experience of occupational therapy practitioners (OTPs) in the state of Florida during the implementation of Comprehensive Care for Joint Replacement (CJR). They will also identify the potential effects of the CJR on the utilization of occupational therapy (OT) services.

SC-14
SAT. 10 AM
INTRODUCTORY
Physical
Disabilities

Contraversive Pusher’s Syndrome in Stroke: An Evidence Based Approach

Speaker: Kristian Llaca EdD, OTD, MSOTR/L, ATP, CSRS, BCTS

Abstract: “Pusher syndrome” is a clinical disorder resulting from a stroke in which clients actively push away from the non-hemiparetic side, leading to postural imbalance. The objective of this short course is to increase clinical competency in the treatment of clients who exhibit pusher syndrome after stroke. **Objectives:** Participants who attend this course will learn strategies to help identify pusher syndrome in clients as well as evidence-based methods of assessment and occupation-based approaches to management and treatment. Participants will learn strategies to identify pusher’s syndrome as well as evidence-based methods of assessment and treatment. Participants who attend this course will learn how to define and identify pusher syndrome in clients who experienced a stroke and will also learn strategies that accurately assess pusher syndrome in clients who experienced a stroke. Finally, participants will learn evidence-based approaches for the management and treatment of pusher syndrome in clients who experienced a stroke.

SC-15
SAT. 1 PM
INTERMEDIATE
Education

Occupational Therapy Practice Framework: Domain and Process 4th Edition: Are you Speaking the Current Language of Occupational Therapy?

Speaker: Cody Cox OTD, MEd., OTR/L, PLCC

Abstract: A short course designed to inform the public, occupational therapy practitioners and occupational therapy students of the OTPF’s foundation, its purpose, and the significant changes since its initial inception nearly 20 years ago. Several changes to the OTPF-4 are highlighted, including the addition of health management as an occupation, the addition of cornerstones of occupational therapy practice, and a more explicit description of occupational science. Designed to highlight the foundation, purpose, and significant changes in the Occupational Therapy Practice Framework 4th edition. **Objectives:** The participants will understand the history, rationale, and development of the OTPF, be able to identify the changes from the OTPF 3rd edition to the OTPF 4th edition and will categorize the concepts of the Domain and Process of the OTPF.

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'This book is so great because it is very self-explanatory so any member or a caregiver could facilitate it with a student.' Kristin OTR/L

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SHORT COURSES

SC-16
SAT. 1 PM
INTRODUCTORY
Education

NBCOT® National Certification Exam: Information You Need to Know

Speakers: Barbara Williams DrOT, MS, OT & Shaun Conway OTR

Abstract: During this session, NBCOT staff will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice from other students and recent certificants. This presentation will allow you to be better informed about the various aspects of the national certification exam experience. Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification. **Objectives:** Understand the national certification examination application process. Learn about exam preparation strategies and the NBCOT Aspire® Study Tools and StudyPack. Increase awareness of NBCOT and the importance of continuing competency.

SC-17
SAT. 1 PM
INTRODUCTORY
Health Promotion
& Wellness

Navigating the Healthcare System: How OT Practitioners Can Champion Health Literacy

Speaker: Jerelyne Idica OTR/L, CHES, CAPS, ECHM

Abstract: Occupational therapists have been traditionally under-valued in the school setting, often affectionately called handwriting teachers for students with IEPs and 504s, which can negate our role in promoting healthy school environments that are conducive to learning. Furthermore, millions of students who have had their education and lives disrupted due to the pandemic now find themselves behind in literacy and sometimes unmotivated to learn. OTs are uniquely skilled to address these gaps between skill and performance. **Objectives:** Participants will be able to describe occupational therapy's role in addressing health literacy. Participants will be able to understand how occupational therapy can assist individuals navigate the healthcare system. Participants will be able to integrate health literacy into OT practice through the use of health promotion and health education techniques.

SC-18
SAT. 1 PM
INTRODUCTORY
School Systems &
Early Intervention

Embracing the Paradigm Shift in School Settings: Occupational Therapy's Leading Role in Learning, Literacy, plus Health and Well-Being and Learning

Speakers: Beverly Toombs M.S. OTR/LI

Abstract: Occupational therapists have been traditionally under-valued in the school setting, often affectionately called handwriting teachers for students with IEPs and 504s, which can negate our role in promoting healthy school environments that are conducive to learning. Furthermore, millions of students who have had their education and lives disrupted due to the pandemic now find themselves behind in literacy and sometimes unmotivated to learn. OTs are uniquely skilled to address these gaps between skill and performance. **Objectives:** This course will empower school-based OTs to advocate for a work-load schedule that

includes time to promote health and wellness of students. This course will provide evidence-based research about the expanded role of occupational therapy in school setting for students with learning and literacy difficulties. Participants will learn action steps to integrate health literacy into interventions

SC-19
SAT. 1 PM
INTRODUCTORY
Education

A First Time Simulation Lab Experience: Lessons Learned

Speakers: Brittany Nash PT, DPT, OTR/L, MTC & Jian Jones PhD, OTR/L, ACSM-CEP

Abstract: The use of standardized patient simulation is a growing learning strategy used to prepare occupational therapy students for clinical practice. Two occupational therapy professors implemented initiatory competencies utilizing an acute care setting simulation laboratory. Various challenges were encountered that provoked facilitation of improved future simulation experiences. This session will create dialogue on how to enhance simulation experiences and to create growth from errors. **Objectives:** At the end of this session participants will be able to Implement strategies to improve and enhance simulation learning experiences. Participants will be able to explain the benefits of simulated learning experiences. Lastly, attendees will be able to understand how to turn errors made during simulation experiences into improvements for future simulations.

SC-20
SAT. 2 PM
INTRODUCTORY
Research

What Do Learning Disability and Attention Deficit Symptoms and Challenges Look Like for Young Adults in College? A Preliminary Analysis

Speakers: Consuelo M. Kreider PhD, ORT/L, Anya Klumpp, Sharon Medina MOT, OTR/L & Diana Croom-Atkins OTD, OTR/L

Abstract: We present undergraduates' LD/ADHD experiences explicating symptom manifestations and challenges, and their impacts across young adult roles and contexts. Symptom related challenges are nuanced in their manifestation and performance impacts were experienced in daily tasks, work, social, and academic context. Strategies for managing their symptoms and overcoming challenges will be presented. Clinical practicality of in-depth understanding will be discussed relative to anticipatory guidance. Symptom manifestation and strategies for overcoming related challenges can contribute to anticipatory guidance. **Objectives:** Identify the subtle and overt advocacy behaviors undergraduates with LD/ADHD employ in everyday life. Reflect on how in-depth understanding of LD/ADHD-related challenges and symptoms can inform clinical decision-making when providing anticipatory guidance for families with younger children with LD/ADHD.

SHORT COURSES

SC-21

SAT. 2 PM
INTRODUCTORY
Physical
Disabilities

Introduction to Female Pelvic Floor Rehabilitation for OT Practitioners

Speakers: Sujata Martin MS OTR/L, CD

Abstract: There are broad implications for the training of rehabilitation professionals to meet the rapidly escalating demand for care of female pelvic floor dysfunction. Occupational Therapists are uniquely positioned to address female pelvic floor dysfunction due to the OT practice framework being rooted in a biopsychosocial lens. This Course will provide introductory knowledge to the OT practitioner to identify indications for and usage of basic Pelvic Floor treatment techniques in a variety of OT practice settings. **Objectives:** Upon completion of this course, OT practitioners will be able to: list Pelvic Floor Dysfunctions (PFD) across the lifespan, and their occupational impact; Utilize Occupational Therapy (OT) Frames of Reference and OT Practice Framework to identify treatment strategies for PFD in common OT practice settings and describe indications and usage of basic pelvic floor treatment techniques.

SC-22

SAT. 2 PM
INTERMEDIATE
Mental Health

Trauma Informed Care for the Occupational Therapy Practitioner in Everyday Practice

Speakers: Dana Madalon DOT MS OT OTR/L BCP

Abstract: TIC is quickly becoming an important framework for service delivery that is being used in many settings where occupational therapy practitioners work. This course will educate practitioners about TIC, identify the Neurophysiological changes and observable behaviors that result from trauma, as well as treatment activities that address maladaptive behaviors to reverse the effects of trauma. **Objectives:** The three learning objectives addressed by this course will be to understand neurophysiological changes, observable behaviors, and treatment activities to effectively work with clients having trauma backgrounds. The therapist can assess and incorporate TIC principles into everyday care plans.

SC-23

SAT. 2 PM
INTERMEDIATE
Administration

Transforming Care Strategies for Success in Value Based Care Across the Post-Acute Continuum

Speaker: Debbie Horsfall Reber MHS, OTR

Abstract: We hear the term value based care but what exactly is it? Value based care is the idea of improving quality and outcomes for patients at an overall lower cost. CMS continues to push forward with bundled payment models of care with new bundles starting in 2025. During this session, we will explore how value based care has affected care delivery, care setting utilization and core strategies to improve patient outcomes across post-acute settings. **Objectives:** By the end of this session participants will: Understand the basic components of value based care; Define two key quality measures utilized across value based providers and Evaluate and share at least one key strategy that can be implemented or is currently in use at your facility that optimizes success within value-based arrangements.

SC-24

SAT. 2 PM
INTRODUCTORY
Gerontology

Using Patient Decision Aids and Personal Decision Guides in Occupational Therapy Practice

Speaker: Elise Bloch, Ed.D., OT/L

Abstract: This session will introduce clinicians to the use and appraisal of patient decision aids and personal decision guides when working with clients and their families. These instruments are considered essential for "best practice" and optimal knowledge translation. Patient decision aids align with client centered practice as they incorporate values and preferences of our clients along with health literacy principles. Case study opportunities to practice use of instruments will be provided. **Objectives:** Participants will delineate the use and importance and patient decision aids and guides in current OT practice. Participants will be able to describe the appraisal parameters for patient decision aids. Participants will identify how patient decision aids enable shared decision-making and client-centered practice.

SC-25

SAT. 3 PM
INTRODUCTORY
Education

An Introduction to Orthotic Fabrication: The Process of Selecting and Fabricating Orthoses for Common Upper Extremity Orthopedic Conditions

Speakers: Kelly Daniels, OTD, OTR/L

Abstract: Novice clinicians lack sufficient education on fabricating orthoses. Research discusses why new graduates are apprehensive in this area and the effects on occupational therapy. The course will provide an overview of basic principles and common orthoses utilized in practice, while discussing the purpose and indications for each. It will help gain an understanding of how to fabricate an orthosis while improving the individuals' skills and assisting with the confidence required in this area. **Objectives:** Participants will understand the purpose behind common types of orthoses and explain the indications for each. Individuals will identify different types of material while understanding their associated properties and handling characteristics. Finally, participants will discuss the process of fabricating an orthosis, associated precautions, and considerations involved for the associated diagnosis.

SC-26

SAT. 3 PM
INTRODUCTORY
Physical
Disabilities

Calling all Therapists: Identifying and Advocating for Occupational Therapy's Vital Role in Oncology Rehabilitation in all Clinical Settings.

Speaker: Lisa Marshall

Abstract: The latest evidence-based research identifies the need, benefit, lack of referrals, and trained clinicians necessary to fulfill the exponentially growing demand for oncology rehab. This course will identify the unique role of occupational therapy in oncology care across all practice settings. By understanding this chronic disease, treatments, side effects, and OT interventions, we can advocate our value in reducing healthcare costs while improving outcomes and quality of life. **Objectives:** The participants will be capable of identifying the need and benefits of oncology rehab in acute care, outpatient, skilled nursing, and home care settings. Attendees will be able to discuss OT's unique role from pre-habilitation through palliation for the person living with cancer. Upon

SHORT COURSES

completion, attendees will be able to advocate for OT services with other multidisciplinary team members.

SC-27
SAT. 3 PM
INTERMEDIATE
Education

Intentional Instructional Design to Improve Student Learning Outcomes in Lab Based Courses

Speakers: Kimberly Fahlgren OTR/L, OTD, Dionne Griffin COTA/L, B.S. & Carley Cortopassi COTA/L

Abstract: Backward design is an instructional design technique that helps educators keep the achievement of student learning outcomes front and center in the educational process. Assessment of practical skills is part of every OT and OTA education program. This presentation seeks to instruct educators about the backward design process, provide information on best practices, describe instructional activities and demonstrate assessment tools used in lab practical courses to promote achievement of student learning outcomes.

Objectives: Participants will describe the importance of backward design in the development of quality assessments and instructional activities to meet course learning objectives. Participants will describe how rubrics can be used to improve student learning outcomes. Participants will list three evidenced based practices to promote achievement of student learning outcomes in courses with lab components.

SC-28
SAT. 3 PM
INTERMEDIATE
Technology

Purposeful Integration of Telehealth delivery Models: A Contextual Understanding of these Models within the Occupational Therapy Framework

Speaker: Jose Rafols, OTD, MHSA, OTR

Abstract: Telehealth is experiencing a period of rapid growth due to the COVID-19 pandemic. Adopters of virtual delivery models do so without regard for how to integrate telehealth. Telehealth integration requires intentional use of interprofessional and collaborative healthcare teams, understanding the Internet of Things and use of best practices with virtual patient engagements. **Objectives:** Participants will understand the various forms of Telehealth delivery currently employed by Occupational Therapists and Occupational Therapy Assistants. Participants will understand the internal & external drivers of Telehealth adoption within Occupational Therapy and will take a granular look at how to integrate Telehealth service options within the OT practice landscape.

SC-29
SAT. 3 PM
INTERMEDIATE
Gerontology

The Power of Meaningful Engagement for Persons Living with Dementia and the Impact on Aging in Place.

Speakers: Sira Botes OTR/L & Breanna Singletary OTS

Abstract: As the numbers of persons living with dementia in Florida increases, communities need to be prepared to support quality of life, decrease caregiver burden and relieve the strain on healthcare. Recognizing the cognitive barriers to meaningful, and functional engagement, and overcoming those barriers right where our person resides-with the correct interventions - will achieve just that! When we create a safe space to recognize and overcome memory loss, we are not

only empowering our person but also our community!

Objectives: Understanding of neuro-cognitive decline (diagnosis types); Understanding of executive function and barriers to safe aging as dementia progresses; Understanding of impact of life style choices on brain health and prevention

SC-30
SAT. 4 PM
INTRODUCTORY
Health Promotion
& Wellness

Nature Based Mindfulness Rooted in Forest Bathing: Incorporating Evidence into OT Practice

Speakers: Robin Crews, MBA, OTD, OTR/L

Abstract: Forest Bathing, also known in Japanese as shinrin-yoku, is a form of Nature-Based Mindfulness that encourages us to use our senses to take in the forest atmosphere. Research on Forest Bathing practices has demonstrated increased quality of life, physiological and psychological benefits, and reduction in stress and anxiety among participants. Occupational therapists, academics, and other medical professionals could practice Forest Bathing with clients and colleagues to promote well-being. **Objectives:** This course will introduce participants to Nature Based Mindfulness rooted in Forest Bathing and its application to OT. Participants will examine the practice of Forest Bathing and discuss how it can serve to alleviate mental health disorders, and anxiety or stress-related impairments. Participants will relate research results to the practice of OT.

SC-31
SAT 4 PM
INTRODUCTORY
Fieldwork & Capstone

The Relationship Between Emotional Intelligence, Traits of Personality, and Performance on Occupational Therapy Fieldwork

Speaker: Kim Dudzinski, EdD, MS OTR/L

Abstract: This mixed methods study explored the relationship between emotional intelligence (EI), traits of personality, and Level II fieldwork performance in an MOT and OTA program. The study adds additional information to the limited evidence on the key factors to fieldwork success. The evidence presented has both practical and theoretical implications for admissions committees to consider when selecting candidates who will not only be successful academically, but clinically as well. **Objectives:** The participant will learn whether or not EI and/or personality were predictive of student performance during fieldwork. The participant will understand the CFE's perspective on the importance of EI and personality in regards to fieldwork performance. The participant will consider the possibility of admissions committees exploring non-cognitive variables when evaluating potential candidates.

SC-32
SAT. 4 PM
Education

SOTA: Student Occupational Therapy Association Networking

Speakers: Linda Struckmeyer PhD, OTR/L, Madison Wallace, OTS, Karen Bruchs OTS & Becky Piazza OTD, MS, OTR/L, BCPR

Abstract: This short course include a presentation on increasing student involvement and leadership opportunities within local, state, and national OT organizations. Student occupational therapy association leaders and future leaders will have the opportunity to share leadership ideas and network

SHORT COURSES

with other OT student leaders. New this year will be a section on updating your SOTA bylaws. SOTA faculty advisors are welcome to attend. **Objectives:** First, participants will identify 3 methods for increasing student involvement. Second, they will identify local SOTA roles in FOTA and AOTA. Thirdly, participants will have the opportunity to network with other Florida SOTA leaders and faculty advisors.

SC-33
SAT. 4 pm
INTERMEDIATE
Education

Occupational Therapy Intraprofessional Collaboration Between Students via a Virtual Simulation
Speakers: Sharon Glover OTR/L, OTD, Inti Marazita MS, OTR/L, & Natalie Chang-Mason, MBA-HCM, COTA/L,NA

Abstract: The aim of the project was to provide a meaningful learning experience for both OTA and OT students in understanding the roles, responsibilities, and supervisory relationship between these two professionals within the field of occupational therapy. This virtual experience included sessions where students learned about their respective roles within a simulated treatment of a client. **Objectives:** Discuss the importance of intraprofessional collaboration. Identify the value of virtual simulation to provide intraprofessional collaboration in the academic setting. Discuss strategies and resources to develop partnerships between academic programs.

SC-34
SAT. 4 PM
INTRODUCTORY
Mental Health

The Importance of Trauma Informed Care as Occupational Therapy Practitioner
Speakers: Sean Brim OTD MOT, OTR/L, CKPT, CWT, BCTS, CEAS

Abstract: This course will address the importance of trauma-informed care as an occupational therapist. The adverse childhood experience continues to rise, and our understanding of trauma and its impact on occupation makes it critical to address in all practice settings. As occupational therapy practitioners it is within our scope to understand the nature of trauma and the effects that it can potentially have on our clients. Using trauma-informed care principles will make us better health care practitioners. **Objectives:** The course will define the definition of trauma and trauma informed care. This course will also provide practitioners examples and ways to implement trauma informed care within practice.

SC-35
SUN. 8 AM
INTERMEDIATE
Fieldwork &
Capstone

Student perceptions of a Hip-Hop based community practice level I fieldwork for level II fieldwork preparedness: A case study
Speakers: Jian Jones PhD, OTR/L, ACSM-CEP, Aurelia K. Alexander & Jeffery Etheridge

Abstract: As a revision to clinical rotation experiences due to COVID-19, an occupational therapy program implemented a simulated community models Level I Fieldwork rotation for Summer 2021. Students created, implemented, and organized a virtual toolkit for community youth utilizing a Hip-Hop theme to encourage participation and meaningfulness. This topic will advance occupational therapy education by promoting the use of culturally relevant therapeutic mediums that encompass Hip-Hop pedagogy.

Objectives: Attendees will obtain information related to a simulated community practice Level I rotation. Attendees will learn about culturally relevant therapeutic mediums for occupational therapy practice in fieldwork. Attendees will discuss the various aspects of Hip-Hop pedagogy and benefits associated with the concept's use within occupational therapy education.

SC-36
SUN. 8 AM
INTERMEDIATE
Sensory
Integration

Hands-on workshop in Sensory Integration Part II. Administration, scoring, and interpretation of the SOSI-M and COP-R
Speakers: Gustavo Reinoso Ph.D., OTR/L, Dominique Blanche Kiefer OTD, OTR/L & Erna Imperatore Blanche, PhD, OTR/L, FAOTA

Abstract: This two-part course covers the administration, scoring and interpretation SOSI-M and the COP-R, two nationally standardized assessments for children 5-14 years old. Both instruments allow therapists to obtain and report additional results in the areas of postural control, motor planning, and vestibular and proprioceptive processing. In this course, the authors will guide participants in the administration, scoring, and clinical interpretation of the results obtained with both instruments. **Objectives:** Participants will be able to describe the theoretical & psychometric underpinnings of the SOSI-M and COP-R2. Participants will be able to correctly administer and interpret all items of the SOSI-M & COP-R for intervention planning. Participants will be able to complete manual and electronic scoring of the SOSI-M and COP-R.

SC-37
SUN. 8 AM
INTRODUCTORY
School Systems &
Early Learning

The Relevance and Importance of Handwriting: A Size Sequenced Program to Improve Handwriting
Speaker: Helene Lieberman MS, OTR/L

Abstract: Handwriting is a skill acquired by children however the relevance of this skill is debated in light of increased use of technology. The occupation of education requires that children write. Science has proven that handwriting impacts future skills. Because poor quality handwriting results in lower grades across subjects and handwriting difficulties can demotivate children from practicing the very skills needed to become better writers, strategies to improve handwriting in those just learning and relearning to write will be shared. **Objectives:** Describe the importance of the handwriting process and its relevance to literacy. Compare a variety of handwriting instructional methods for effective handwriting practice. Understand the impact of visual skills on writing. Identify and develop a variety of effective strategies to teach writing.

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SHORT COURSES

SC-39

SUN. 9 AM
INTERMEDIATE
Home &
Community Health

Occupational Therapy Shaping Access and Opportunity for Displaced Populations

Speaker: Khalil Mrabe

Abstract: The purpose of this short course is to identify occupational therapy opportunities for serving displaced populations.

Occupational therapy interventions are identified and outlined for providing well-rounded, accessible, and equitable services to displaced populations (Abubbaker, et al., 2018). Occupational therapy assessments and interventions are based on the results of a qualitative study that highlight contextual barriers associated with access and opportunities following displacement. **Objectives:** Discuss challenges for refugees during phases of resettlement. Discuss the various multi-level societal barriers experienced by refugee and displaced populations in host countries/communities. Identify and discuss occupational therapy roles regarding social barriers affecting access and opportunity at each level of society.

SC-40

SUN. 10 AM
INTRODUCTORY
Administration

Service Competency and Supervision: Maximizing the OT and OTA Supervisory Relationship

Speakers: Kimberly Fahlgren OTD, OTR/L, Bobi Mason OTS & Linda Struckmeyer PhD, OTR/L

Abstract: While the Occupational Therapy

Standards of Practice defines OT/OTA roles, there is a gap in the literature for instruction on the role of supervision to enhance service competency and successful collaboration in the workplace. The purpose of this course is to increase the knowledge and skills of OTPs to develop effective supervisory relationships through a better understanding of the role of service competency and supervision as well as best supervisory practices. **Objectives:** Delineate the roles and responsibilities of the OT and OTA based upon the standards of practice. Define service competency and describe examples of activities that promote service competency of the OTA practitioner. List evidenced based practices that result in effective supervision strategies that maximize the OT/OTA collaborative relationship.

SC-41

SUN. 12:30 PM
INTERMEDIATE
Home &
Community Health

Developing disaster preparedness plans as occupations for clients with chronic illnesses and their caregivers

Speakers: Mariana D'Amico EdD, OTR/L, FAOTA, & Yu Hsiang (Linda) Liang-Paultre OTD, OTR/L, CKTP, CSRS

Abstract: As the population ages, there is an increase in chronic illnesses of people who live in the community with and without caregivers. Disaster and emergency preparedness plans can help these persons prevent secondary complications related to unexpected natural or manmade disasters, along with prevention of unnecessary use of community emergency resources. Occupational therapy practitioners are key personnel to assist with creating and training for the implementation of these plans. **Objectives:** The participants will: Recognize the need to create disaster and emergency plans with clients and patients as part of the occupational

therapy plan of care; Identify community resources for use in creating disaster and emergency preparedness plans; and create basic plans for clients with chronic illnesses and their caregivers.

SC-42

SUN. 10 AM
INTRODUCTORY
Administration

“Clear Waters” Ahead: Advocating for our Clients, our Practice, and our Profession

Speakers: Mary P. Shotwell PhD, OTR/L, FAOTA, Michael Justiss PhD, OTR/L & Carlos Martoral JD, OTD, OTR/L, BCG, CAPS

Abstract: Occupational therapy practice can sometimes be “murky” as we deal with reimbursement and scope of practice. The OTPF notes that advocacy efforts are within OT scope of practice. This session discusses advocacy at local, state, and national levels. Participants will enhance advocacy skills in OTR/OTA reimbursement, scope of practice concerns, licensure issues, workforce diversity, & telehealth advocacy. **Objectives:** Participants will recognize key elements that underpin advocacy efforts; Discuss strategy & tactics involved in advocacy (e.g. written, social media, face-to-face, etc...); Appreciate local, state, and national efforts in advocacy; Give examples of advocacy at the practice, professional, and systems-level; Understand the importance of building coalitions to help advance advocacy efforts.

SC-43

SUN. 9:00am
INTERMEDIATE
Education,
Mental Health

Advocacy for OT as Primary Care Providers for Firefighters for Work-Related Trauma

Speakers: Pamela Kasyan-Howe OTD, OTR/L, Alyssa M. Garcia B.S., OTD/S & Kristian C. Llaca, OTD, Ed.D., OTR/L, ATP, CSRS, BCTS

Abstract: Firefighters exposure to traumatic events results in decreased mental health and participation in meaningful occupations, routines, and roles. Participants will better understand the role of OT to serve this population towards advocacy, research, program development, assessment, and intervention. This course will serve as an occupation-based model to educate firefighters on ways to re-engage in interrupted occupations, routines, and roles to reduce the negative effects of work-related trauma.

Objectives: Participants will be able to: Identify the need for mental health education and services for firefighters as primary care providers. Explain and advocate for occupational therapy services for firefighters to improve their mental health due to work related trauma. Create an evidence based, occupational program for firefighters at a group, population, and individual level.

SC-44

SUN. 20 AM
CANCELLED

The OpenMind Program to Build Social Emotional Learning: An Occupation-based Mindfulness Program for Children and Adults

Speaker: Monica Moore Jackman, OTD, MHS, OTR/L

Abstract: As occupational therapists, we are experts in understanding the importance of occupational engagement, and how to best support children to experience meaningful engagement through contextualized learning. The OpenMind program is an occupation-based inclusive mindfulness program designed



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SHORT COURSES

to build social emotional learning skills and engagement for children of all abilities. In this course, you will learn hands-on evidence-based practices and processes that can be used in therapy sessions and the classroom. **Objectives:** After this course, you will be able to describe the benefits of contextualized learning and mindful occupational engagement, and give a clinical example of each. You will also be able to implement three simple practices for building focus and emotional awareness. Finally, you will learn a five-step process for transforming challenging behaviors into opportunities to learn and build skills.

SC-45
SUN. 1 PM
INTRODUCTORY
Education

Your National OTR or COTA Credential: What It Means for You

Speakers: Barbara Williams DrOT, MS, OTR & Shaun Conway OTR

Abstract: This presentation will provide an update on NBCOT certification programs

and services including initial certification, certification renewal and continuing competency, partnerships with OT State Regulatory entities, and qualifications and compliance review. NBCOT demonstrates these practices by developing, administering, and continually reviewing the certification process based on current and valid standards that provide reliable indicators of competence of the practice of occupational therapy. **Objectives:** Identify ways in which the benefits of ongoing continuing competency can provide personal support in the marketplace. Become informed about the partnership NBCOT has with OT state regulatory entities, their shared missions to protect the public interest, and what this means for occupational therapy practitioners. Increase knowledge of the NBCOT Disciplinary Action Process and resulting outcomes.

SC-46
SUN. 1 PM
INTERMEDIATE
Administration

Recruiting For Retention: The Art of Creating an Employee Roadmap

Speaker: Brandon Seigel

Abstract: According to the 2021 Bureau of Labor Statistics, the current national employee turnover rate is 57.3% annually. This is on the rise in the healthcare sector and our clinical outcomes are being impacted every day because of employee turnover. This workshop will break down the proven contributors to why work retention is on the rise, how to create an employee roadmap that reduces turnover, the secret to recruitment, hiring, and onboarding and how each step is unique.

Objectives: This workshop will identify the most common mistakes OT managers make when hiring employees. Through the lens of understanding why work retention is at an all-time low, we will navigate the secret to building an employee roadmap. Lastly, we will identify the key ingredients to hiring, onboarding, and performance appraisals to create employee retention and transform clinical outcomes.

SC-47
SUN. 1 PM
ADVANCED
Education

Pedagogical Content Knowledge: Integrating Student Training with Evidence about Subject-Centered Learning, Pedagogy, and Learning Contexts

Speaker: Shirish J. Lala

Abstract: Although the number of practitioners has grown steadily in recent decades, the OT profession continues to experience shortages in the availability of educators to train students. New practitioners often possess content knowledge to provide interventions to clients in various settings. However, they may lack the pedagogical content knowledge required for effective instruction in academic and field settings. **Objectives:** Demonstrate an understanding of the influence of pedagogical content knowledge (PCK) in academic and fieldwork settings. Integrate knowledge of PCK with student achievement across varied socioeconomic, environmental, and ethnographic factors. Design learning activities for students to become independent, creative thinkers in an academic or fieldwork setting.

SC-48
SUN. 1 PM
INTERMEDIATE
Health Promotion
& Wellness

Effects of Sedative Drugs in Patients Receiving Occupational Therapy

Speakers: Elissa VandeWaa OTR/L, MSOT, CSRS Elizabeth VandeWaa Ph.D.

Abstract: Patients receiving occupational therapy often use muscle relaxants and sedatives. These drugs may cause decreased patient outcomes and risk of falls, particularly in elderly clients who may present with over-sedation, dizziness, and memory loss. In this presentation, drugs such as baclofen, gabapentin, methocarbamol, orphenadrine, carisoprodol, cyclobenzaprine, botulinum toxin and medical marijuana will be considered with regard to therapeutic indications, side effects, and impacts on therapy. **Objectives:** Following this presentation, the participant will be able to: Identify commonly used sedatives in patients requiring occupational therapy services; define side effects and risks of use of sedative drugs; develop strategies to decrease risks and enhance therapeutic outcomes in patients using sedative drugs.

SC-49
SUN. 1 PM
INTERMEDIATE
Education

Examining the Self-Efficacy of Occupational Therapy Educators' Teaching in a Blended Curriculum

Speakers: Inti Marazita MS, OTR/L & Mary Shotwell PhD, OTR/L, FAOTA

Abstract: As more occupational therapy (OT) programs design their curriculum to include blended learning, it is essential to understand OT educators' self-efficacy related to teaching skills & capabilities. This qualitative study explored perceptions of OT educators' self-efficacy teaching in a blended curriculum. Results revealed that prior knowledge, professional development/mentorship, feedback, & using coping strategies to manage frustration contributes to enhanced perception of self-efficacy. **Objectives:** Discuss the constructs of self-efficacy. Distinguish between online, blended, and in-person learning. Discuss strategies and resources to enhance teaching in a blended curriculum.

SHORT COURSES

SC-50
SUN. 2 PM
INTRODUCTORY
Education

Stepping Into Academia As A Black Occupational Therapy Practitioner

Speakers: Kay Richardson OTA/L; CEAS II & André Johnson OTS, COTA/L

Abstract: To help and assist black and other minority occupational therapy practitioners transitioning from clinical practice to academia. There is a need for Black & other minority group representation OT practitioners to step into academia to increase representation and support for a more diverse profession. **Objectives:** Attendees will be able to identify ways in which to transition into academia. Attendees will be able to discuss the expectations of a full-time faculty member versus an adjunct. Attendees will be able to list the keys to successfully transition into academia.

SC-52
SUN. 2 PM
INTRODUCTORY
Administration

So You Want to get Published? Tips to Submitting a FOCUS Quarterly Article

Speakers: Ricardo Carrasco & Janine Silvaroli

Abstract: This short course provides a guide to write an article on topics of interest to occupational therapy practitioners. It will offer options for types of articles such as description of evidence-based interventions, review of assessments, books, or relevant movies, scoping or systematic reviews, etc. **Objectives:** Select an article topic of interest to a specific audience. Name the kinds of articles that the FOCUS Quarterly publishes. Articulate the guidelines for publishing a FOCUS Quarterly article. Identify the steps to writing a publishable article

SC-54
SUN. 2 PM
INTERMEDIATE
Administration

Making Metrics Matter: Strategies For Utilizing Metrics To Maximize Productivity & Reimbursement

Speaker: Brandon Seigel

Abstract: This workshop is designed to help you identify the essential metrics in today's private practice environment inclusive of tracking clinical outcomes. In addition, attendees will learn where to gather data, how to utilize the data, and "best practices" for maximizing productivity and reimbursement through qualitative and quantitative analytics. **Objectives:** Attendees will walk away with a greater understanding of why we utilize metrics in private practice, how to gather the necessary analytics, along with strategies for implementation. Attendees will also be able to understand how to leverage metrics for negotiating with payor sources along with identifying if your metrics support compliance requirements.

SC-55
SUN. 3 PM
INTRODUCTORY
Research

The American Occupational Therapy Foundation: Advancing the Science of OT, Improving Both Practice and Health

Abstract: AOTF is the nation's leading non-profit investing in new OT research and the future OT workforce. This presentation will cover the mission, accomplishments and impacts of AOTF and opportunities for OT to engage with our work. This session will provide attendees with information on the current work of AOTF, events and resources for OTs as well philanthropic and volunteer roles with the Foundation. **Objectives:**

SC-57
SUN. 3 PM
INTERMEDIATE
Health Promotion & Wellness

How is AOTF building new knowledge for OT practice? Where can OTs obtain new evidence for their practice? How can OTs support the mission AOTF and future occupational therapy?

Wellness Coaching - Beyond Medicare

Speaker: Emily Maguire MHA, OTR/LI

Abstract: In 2020, a burdened healthcare system was further challenged by a worldwide pandemic. The U.S. healthcare delivery system transformed, and people traditionally received healthcare benefit from Medicare now found themselves sicker and receiving less care. Wellness coaching is an holistic approach to bridge the gap in healthcare by cultivating compassionate caring for people with chronic conditions to optimize each of our client's functional abilities and reduce their risk of decline and hospitalization. **Objectives:** Understand the value of wellness versus health. Define Health vs Wellness. Understand domains of wellness and guiding principles for wellness coaches

SC-59
SUN. 3 PM
INTERMEDIATE
Mental Health

The MLD Alzheimers Connection: Can MLD Help AN MLD?

Speaker: Elisa DiFalco MS, OT, CMLDT

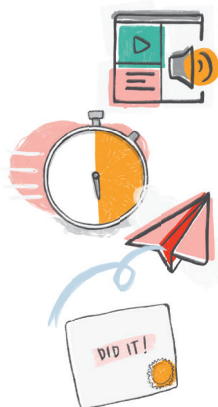
Abstract: Dementia and alzheimers is a serious disease tending to progression affecting ADL's and ultimately leads to a sad demise unless we are equipped with knowledge and tools, What if I told you the latest research in lymphatic research and some modalities based on evidence based research to help with memory and ADL'S. It happened and now you can learn the simple time and cost effective tools that are at the heart of Lymphatic research for the brain, Learn a 15 minute sequence you can use time effectively. **Objectives:** Review the three keys to restoring memory through gateways of the lymph system. Discover the latest research about the mind with neuroscience physicians. Learn a short protocol for facial lymphatics for the brain.

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PP1-1

SAT. 1 PM
INTRODUCTORY
Fieldword &
Capstone

Advocacy and Education for Occupational Therapy services in an Orthopedic Setting
Speakers: Betty Pierre & Lakeisa Boykin OTR/L, DHSc, MBA

Abstract: This project full-filled an education-based capstone project. This project seeks to advocate for the role of occupational therapy in postoperative orthopedic care by providing education to orthopedic surgeons on this topic. **Objectives:** Identify the need for occupational therapy in orthopedic cases following surgical intervention. Describe the role of OT to orthopedic surgeons and care teams. Identify intervention strategies that occupational therapists use when approaching post-operative orthopedic cases.

PP1-2

SAT. 1 PM
INTRODUCTORY
Mental Health

Utilization of Rap Music in Mental Health Intervention with Potential Expansion into Occupational Therapy: A Literature Review
Speakers: Beverly Seredick OTD, OTR/L, Conner Hansen OTD & Jordan Bradley OTD-SPP

Abstract: This scoping review identifies existing research using rap music as intervention within mental health care across multiple disciplines. Rap music, though not currently researched within OT, has the potential to reach a demographic that does not typically seek mental health services. Eleven articles were identified outside of OT that assessed the impact of integrating rap music into intervention, showing positive outcomes in underserved populations. This scoping review analyzes the use of rap music as mental health intervention across varied disciplines with the potential to use in OT. **Objectives:** Identify the limited research available within occupational therapy relating to the use of rap music in mental health interventions; Develop the understanding of rap music as a mental health intervention for an underserved population; Gain knowledge of the positive effects of rap music currently used as intervention by other mental health professionals.

PP1-3

SAT. 1 PM
INTRODUCTORY
Developmental
Disabilities

A Case Study: The Positive Impact of Sensory Integration in Early Intervention
Speaker: Blair Carsone PhD, MOT, OTR/L

Abstract: Occupational therapists may provide early intervention services in the natural environment. This case study demonstrates the positive impact of family-centered early intervention in the home of a young child with sensory processing difficulties. Initial evaluation revealed that perceptual/fine motor and visual motor integration were an underlying challenge for the child. Improvements in these areas were captured through biannual assessments and a long-term 3-year follow-up after the conclusion of services. **Objectives:** Be able to understand the importance of the setting of early intervention services; to conceptualize the importance of family-centered care & to articulate the short term and long term benefits of early intervention services.

PP1-4

SAT. 1 PM
INTERMEDIATE
Research

An Interdisciplinary Approach to High-Intensity Training in Incomplete Spinal Cord Injury: A Case Study
Speaker: Cori Quigley OTR/L

Abstract: This case study assessed interdisciplinary high intensity training (HIT) in severe incomplete SCI. A 58 y/o male with iSCI C3 AIS C was provided HIT focused on mobility with usual care. Clinicians examined feasibility, barriers, and outcomes. Participant showed improvement in outcomes and progressed from full-time wheelchair user to limited household ambulator in 31 days. Early interdisciplinary HIT interventions in severe iSCI show potential for outcomes/functional change in adult iSCI clients. **Objectives:** This case study aimed to identify the feasibility of using an interdisciplinary approach to high-intensity training in incomplete SCI. It examined the potential impact of an interdisciplinary approach related to improving outcomes/functional change in severe incomplete SCI. This study also examined barriers to interdisciplinary HIT along with usual care.

PP1-5

SAT. 1 PM
INTERMEDIATE
Education

Audiology and Occupational Therapy Interprofessional Education: Results of the Interprofessional Socialization and Valuing Scale (ISVS)
Speakers: Danielle Barber OTD, OTR/L, Nannette Nicholson Ph.D & Elise Bloch Ed.D., OT/L

Abstract: The purpose of this problem-based interprofessional education experience was to provide audiology and occupational therapy students an opportunity for interprofessional collaboration. Students explored interprofessional education competencies such as interprofessional communication and teamwork as they addressed the needs of an elderly client. Experience design, methodology, and results of qualitative and quantitative analysis of student experiences will be described. **Objectives:** Delineate best practice strategies in planning an interprofessional education activity. Explain the retrospective pretest/posttest design of the Interprofessional Socialization and Valuing Scale (ISVS) assessment. Describe student outcomes from this audiology and occupational therapy interprofessional education activity retrospective and traditional pretest self-assessments: competing theories and empirical evidence.

PP1-6

SAT. 1 PM
INTERMEDIATE
Physical
Disabilities

Innovative hybrid pediatric hand therapy model of care leveraging telehealth
Speakers: Evelyn Terrell, Cherise Medina-Verdun MS, OTR/L, Yvette Elias OT/L, CHT & Elizabeth Rodriguez OTR/L, MS, HSA

Abstract: Occupational therapists can use telehealth to promote compliance with the therapy home program. Telehealth may be a useful tool for consultations, education and follow-up of pediatric hand therapy patients/caregivers with guidance, training and coaching from remote clinicians. This poster will provide an overview of current best practices in pediatric hand therapy and benefits of a hybrid model of care including a combination of direct in clinic and telehealth consultation and services. This session will explore innovations in pediatric hand therapy leveraging telehealth

Professional Posters 1

as an adjunct to therapy and a hybrid model of care. **Objectives:** List diagnoses and types of pediatric hand therapy patients that may benefit from a hybrid approach including in person and telehealth care in the home. Describe clinical reasoning and evidence-based practice considerations guiding telehealth hand therapy recommendations. Identify ways to promote telehealth utilization for patients with hand conditions to optimize access to care.

PP1-7
SAT. 1 PM
INTRODUCTORY
Fieldwork &
Capstone

Co-occurring Truths in Fieldwork Education: Facing the Challenges of Fieldwork Education as Occupation

Speakers: Heather Knoeferl DSL, OTR/L & Kim Rose OTD, OTR/L

Abstract: This work represents a systematic literature review to provide a foundation for future research. Gaps and trends related to the occupation of fieldwork education are identified. Keeping with the AOTA Vision 2025 statement, fieldwork education requires continued development of strategic solutions that support clinicians' choice to engage in this important occupation. Challenges related to student-centered culture and student mental health issues are specifically examined. A literature review of FWE challenges related to student-centered culture and student mental health issues. **Objectives:** Understand current research suggesting challenges facing educators in current social/educational/environmental contexts. Understand current research suggesting challenges facing students in current social/educational/environmental contexts. Understand current literature that provides insight into fieldwork educator experiences as they navigate institutional and student demands.

PP1-8
SAT. 1 PM
INTERMEDIATE
Gerontology

Repetitive Task Practice to Improve Functional Use of a Person's Upper Extremity Following Stroke

Speakers: Jessica Fagan, OTD, OTR/L, CSRS

Abstract: Studies show that high dose functional treatment that encompasses a person's activity limitation versus a person's motor impairment has shown improved functional use of their upper extremity due to the neuroplastic changes occurring with the high frequency activities. Not improving their upper extremity functional use following stroke because of their deficit itself or the clinician giving inadequate dosed therapy. Why to consider repetitive task practice to improve a person's upper extremity functional use following a stroke over conventional treatments. **Objectives:** To present evidence-based research assessing and delineating repetitive task treatment with patients who have a hemiplegic upper extremity due to stroke. To support clinical decision making in the treatment of patients with stroke. To educate colleagues with meaningful evidence-based research so that they may implement repetitive task treatment for patients with stroke when appropriate.

PP1-9
SAT. 1 PM
INTERMEDIATE
Research

Intensive Outpatient Pediatric Feeding Program: A framework for success

Speakers: Jessica Martin MS OTR/L, CLT, CLC, Stephanie Kern MS, OTR/L, CLC & Kristine Perez M.S., CCC-SLP

Abstract: Recent advancements within our field, coupled with pandemic treatment challenges, provided an opportunity to adapt our multidisciplinary outpatient intensive feeding program and demonstrated individual patient outcomes could be standardized and collectively analyzed for program performance. Results also indicated improved access, decreased length of stay, high levels of accuracy with goal setting among clinicians, and evidence that program outcomes are achieved at a greater than expected level. Multidisciplinary outpatient intensive feeding program demonstrate outcomes can be standardized and collectively analyzed for program performance. **Objectives:** Participants will understand the benefits of using an intensive episodic care model to treat pediatric feeding. Understand how using the Goal Attainment Scale aligns with the progressive nature of feeding while reflecting patient outcomes. Recognize the necessity for collaborative care and how to incorporate it into practice.

PP1-10
SAT.1 PM
INTERMEDIATE
Sensory
Integration

Effect of Improved Interoceptive Awareness on Social Emotional Learning for Neurodivergent Students in Life Skills Classrooms in Elementary Schools

Speakers: Sowmya Ganesh DOT, MS, OTR/L & Nicole Randazzo Collins, MOT, OTR/L, BCP

Abstract: The purpose of this presentation is to understand the effect of improving interoceptive awareness on social emotional learning skills for the neuro-divergent student population in life skills classroom in elementary schools. Participants will have the opportunity to understand the relationship between interoception and social emotional learning, and practice some evidence-based interventions that enhance interoceptive awareness to apply in their life skills classrooms for improved social emotional learning outcomes. **Objectives:** Understand the basic concepts of Interoception, Social Emotional Learning and its significance in schools. Evaluate challenges for the neurodivergent population, associated with functional academics within their environment due to poor interoceptive awareness. Apply evidence-based intervention strategies to facilitate improved interoceptive awareness within their school setting for students.

Professional Posters 1

PP1-12
SAT. 1 PM
INTRODUCTORY
Education

Occupational Therapy Faculty's Knowledge and Confidence: A Reflection of Essential Elements for Faculty Development

Speakers: Kurt K. Hubbard PhD, OTD, OTR/L, FAOTA, Angela MacCabe PT, DPT, PhD &

Kathleen Cummer PT, PhD, DPT

Abstract: The transition from clinic to academia is challenging and the literature surrounding the development of OT faculty is outdated. The transition from clinician to academician may be accompanied by loss of identity and feelings of vulnerability without formal education training in learning theory, strategies, and evidence-based teaching methods. The need for faculty development is vital to the success of OT faculty to promote their performance as they adapt and evolve in the academic environment. **Objectives:** At its inception, occupational therapy was rooted in psychiatric and mental health settings; however, the percentage of occupational therapists working in mental health settings has significantly declined since the start of the profession, most notably after mental health services transitioned from inpatient to community-based settings. This research study employed a Social Marketing Theory approach to explore the customer insight tenet related to the issue of the inclusion of occupational therapy in behavioral and mental health settings. This poster will describe a qualitative study conducted to examine the perceptions held by mental health professionals in community-based practice in Florida regarding occupational therapy.

PP1-14
SAT. 1 PM
INTRODUCTORY
Developmental
Disabilities

The Effects of Level I Fieldwork Instruction Delivery Methods on OT Student Level II Fieldwork Performance

Speaker: Kristian Llaca EdD, OTD, MSOTR/L, ATP, CSRS, BCTS

Abstract: This poster presents the findings of a quantitative correlation study examining the various methods used for level I fieldwork instruction delivery and its effects on OT student level II fieldwork performance. The instruction methodologies examined were the use of simulation only and a hybrid model of simulation combined with a face-to-face clinical experience. The results challenge conventional beliefs as there was no statistically significant difference found between the two study groups. **Objectives:** This poster presentation will educate attendees on the results of a quantitative study that examined the effects level I FW instruction methods had on OT student level II FW performance. Attendees will gain a better understanding of the instruction methodologies examined in this study. Finally, attendees will also learn the implications for future practice stemming from the findings of the study.

PP1-13
SAT. 1 PM
INTRODUCTORY
Fieldwork &
Capstone

Community-Based Experiential Learning in Entry-Level OT Programs: A Win-Win for Everyone Involved

Speaker: Melissa Schaeffer OTD, OTR/L BCP

Abstract: Weaving community-based experiential learning (CBEL) opportunities into the curricula of OT academic programs facilitates knowledge translation through in situ experiences that transcend the classroom. By exploring evidence highlighting mutual benefits of community partnerships and examining CBEL projects, participants will learn the value of building community partnerships and explore opportunities to promote social and occupational justice to cultivate their own CBEL activities. **Objectives:** Participants will identify benefits of incorporating community-based learning experiences within coursework. Understand how experiential learning approaches using CBEL activities evolve students from cognitive phase of learning to associative learning as preparation for fieldwork. Lastly, participants will explore sample CBEL activities that can be applied to their individual academic programs.

Professional Posters 2

PP2-1
SUN. 10 AM
INTRODUCTORY
Mental Health

Perceptions of Occupational Therapy in Community Mental Health Practice

Speakers: Danielle E. Barber OTR/L, OTD

Abstract: The percentage of occupational therapy practitioners working in mental health settings has significantly declined. A pilot qualitative case study examined the perceptions held by mental health professionals in community-based practice in Florida regarding occupational therapy. Understanding how occupational therapy is perceived by other professionals is crucial to marketing occupational therapy services to increase the availability of occupational therapy services in mental health settings. **Objectives:** Participants will understand how social marketing theory can be applied to gathering data for professional advocacy. Participants will discover issues related to awareness and perceptions of occupational therapy in mental health settings. Participants will reflect on target areas for professional advocacy based on existing awareness and perceptions of occupational therapy.

PP2-2
SUN. 10 AM
INTRODUCTORY
Education

Discover a New Place for Interprofessional Collaboration!

Speakers: Kiera Anderson OTR/L & Christine Parsons MS

Abstract: Increased interprofessional collaboration will assist our profession with spreading our valuable knowledge and skills to ensure successful educational outcomes for all students. This poster will provide information on The Center for Innovation, Design, and Digital Learning, a national center to improve faculty capacity to use technology in special education and related services preparation and leadership personnel preparation programs (Center for Innovation, Design, and Digital Learning, 2022). **Objectives:**

Professional Posters 2

This poster will provide information and resources about the Center for Innovation, Design, and Digital Learning (CIDDL). Participants will learn how to gain access to CIDDL resources, connect and collaborate with the CIDDL community, and become a part of the conversation revolving around professional practice and the use of technology.

PP2-3
SUN. 10 AM
INTERMEDIATE
Research

How Does Low Health Literacy Affect the Occupation of Health Management: A Mixed-Methods Study

Speakers: Julia Shahid OTD & Lakeisa Boykin OTR/L, DHSc, MBA/HCM

Abstract: Low health literacy can lead to negative health outcomes and disproportionately affects low-income populations. **Objectives:** To examine how low health literacy affects occupational performance in the occupation of health management.

PP2-4
SUN. 10 AM
INTRODUCTORY
Education

Self-Determination Theory to Facilitate Faculty Well-being

Speaker: Kurt K. Hubbard, PhD, OTD, OTR/L, FAOTA

Abstract: Self-determination theory posits three central psychological needs that relate to instruction in the academic setting: volitional autonomy, perceived competency, and perceived relatedness. It is hypothesized that that these psychological needs may mediate their environment (e.g., support from the institution) and well-being (e.g., teaching satisfaction). This study will highlight the importance of psychological needs in understanding of the environmental support and faculty well-being. **Objectives:** The participants will be introduced to self-determination theory and the three psychological central needs that relate to well-being. Various environmental factors that will be examined and their impact to faculty satisfaction. Direct and indirect effects on faculty autonomy, competency and relatedness will be discussed.

PP2-5
SUN. 10 AM
INTRODUCTORY
Technology

Wearable Focal Muscle Vibration May Improve Pain and Mobility in Older Individuals With Chronic Conditions

Speakers: Raghuvveer Chandrashekar, MS & Hongwu Wang, PhD

Abstract: Current standard care for Diabetic peripheral neuropathy (DPN) is limited; Effective and cost-efficient interventions are warranted. We tested the feasibility and efficacy of a novel wearable focal vibration (FV) therapy for elders with DPN. Pain, balance, mobility, sensation, and device use satisfaction and compliance were assessed. Significant improvement in mobility indicates potentially reduced fall risk; FV was well perceived by the participants with high satisfaction and compliance. **Objectives:** The attendees will be able to review the protocol and determine potential applications of FV to improve mobility and pain among older adults. Attendees will be able appraise the novel FV intervention for DPN and/or fall prevention among older individuals. The attendees will also be able to review the research methodology and list recommendations for future studies with FV.

PP2-6
SUN. 10 AM
INTERMEDIATE
Mental Health

Interprofessional and Intraprofessional Education in Mental Health for Healthcare Students

Speakers: Sarah Mbiza, PhD, OTR/L & Danielle Barber, OTD, OTR/L

Abstract: IPE ensures healthcare educators meet accreditation standards for optimal discipline-specific practices (AOTA, 2015). Intra-professional (OT and OTA) and inter-professional (OT and Psychology) events developed for the mental health practice course using the Interprofessional Socialization Framework (Arvin et al., 2017). Evaluations using qualitative and quantitative methods indicated that both events were effective. **Objectives:** Identify various models and framework that guide IPE in healthcare education. Discuss the role of IPE experiences in enculturating students into the profession and facilitating professional identity development. Discuss interventions that can improve student self-efficacy in communicating inter- and intra-professionally about the roles of OT.

PP2-7
SUN. 10 AM
INTERMEDIATE
Education

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PP2-8
SUN. 10 AM
INTERMEDIATE
Technology

Employing Best Practices for Telehealth Service Delivery: An Occupational Therapist's Play-book

Speaker: Jose Rafols, OTD, MHSA, OTR/L

Abstract: Weaving best practice into telehealth services is critical to promoting a positive patient experience. Best practice take place during pre-patient engagement, active rehabilitation and during post-patient engagement. Establishing strong evidence-based therapeutic services and pairing them with sound telehealth practices you may promote clinical outcomes that equal to in-person engagements. **Objectives:** Will understand best practices as they relate to telehealth service delivery. Will apply best practice solutions based on clinical case scenarios. Will recognize the nuanced differences of best practices as they apply to pediatric, adult, geriatric and mental health populations. Will identify the correlation between best practices, lengths of treatment, and overall patient compliance.

Professional Posters 2

PP2-9

SUN. 10 AM
INTRODUCTORY
Home &
Community Health

Health Disparities in Aging in Place: How Occupational Therapy Can Address Gaps in Care

Speakers: Jerelyne Idica OTR/L, CHES, CAPS, ECHM, Jackee Ndwaru McGlamery OTD, OT/L, ECHM & Megan Bewernitz Ph.D., OTR/L

Abstract: As people age and experience changing health needs, it is important for the home environment to be designed in a way that is accessible and safe for residing long-term. Most living environments are not designed to accommodate the age-related changes of their residents. This session explores how an occupational therapist can assist in matching a person's needs and capabilities to the context of their home and how to best go about making appropriate changes to facilitate aging in place. This session will discuss OT's role in addressing health disparities in aging in place. **Objectives:** Participants will be able to describe occupational therapy's role in addressing health disparities in aging in place. Participants will be able to understand how occupational therapy can assist people navigate their home environment provided age-related challenges. Participants will be able to identify innovative and evidence-based solutions that allow older adults to age safely in their homes.

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Student Posters 1

SP1-1
SAT. 9 AM
Research

A Qualitative Study to Explore the Perceptions of Incivility/Civility in the Healthcare Workplace as Experienced by Novice Occupational Therapists
Speaker: Emily Burkhardt OT-S

School: AdventHealth University

Advisor: Jennifer C. Radloff OTD, MHS, OTR/L & Kim Dudzinski EdD, OTR/L

Abstract: This qualitative study explored the perceptions of incivility in the healthcare environment. Eleven OT graduates from a small, faith-based university with a focus on servant leadership were interviewed. Based on the interviews, four themes emerged that suggest incivility exists in the workplace, and therefore, preparation for how to respond appropriately to uncivil behaviors should be prioritized. The final themes examined the relationship between genders, disciplines, and leadership styles. **Objectives:** The participant will explore various types of incivility by discussing examples of uncivil behaviors in the workplace and gain an understanding of how the experiences of entry-level OT's may be impacted by these uncivil behaviors. Furthermore, the participant will understand how different leadership styles may impact the perception of civility/incivility at work.

SP1-2
SAT. 9 AM
Mental Health

Do occupational therapy students and faculty actively practice self-care techniques to decrease stress and maintain optimal occupational performance?

Speakers: Andre Johnson OT-S, BHS, COTA/L,

Brielle Asuncion OT-S, Ariana Martin OT-S & Tameka Theophile OT-S

School: Florida Agricultural and Mechanical University

Advisor: Debora Oliveira PhD., OTR/L

Abstract: This study was to assess if occupational therapy practitioners (OTPs) and students practice self-care techniques to mitigate stressors in their day-to-day lives. Self-care techniques are defined as physical, mental, or spiritual activities to enhance well-being and quality of life (QOL). Feedback provided determined which self-care techniques are utilized the most by OTPs and students. **Objectives:** Attendees will learn the most commonly utilized self-care methods. Attendees will be able to identify how self-care technique utilization can affect overall stress. Attendees will be able to determine how self-care can increase occupational performance and quality of life.

SP1-3
SAT. 9 AM
Developmental Disabilities

Exploring the Special Olympics Young Athletes Program to Bolster Child Play Participation and Build Parental Social Support: A Mixed-Methods Study

Speakers: Kersten Damosh OT-S, Michelle

Dondero OT-S, Ally Gallagher OT-S & Olivia Sutherland OT-S

School: Florida Gulf Coast University

Advisor: Sarah Fabrizi Ph.D, OTR/L

Abstract: This study explores how the Special Olympics Young Athletes (SOYA) Program facilitates parental support to build social capital for community inclusion. Additionally, we aim to investigate how modification of the physical and social

environment increases child participation during structured play activities in a group setting. Occupational therapists have an important role in promoting leisure opportunities for at-risk children and fostering an environment to bolster parent-to-parent support. **Objectives:** Attendees will be able to describe the physical and social environmental modifications to support child participation in leisure activities. Additionally, we will share strategies to facilitate parent conversation to build parent-to-parent support. Finally, attendees will leave with a greater understanding of the benefits of structured leisure opportunities for families of at-risk youth.

SP1-4
SAT. 9 AM
Research

Executive Functioning and Job-Related Self-Efficacy Outcomes from Employment Preparation Workshop for Adults with Autism.

Speakers: Chrisline Laurent OT-S, Jenna Van

Sciver OT-S, Sophia Thompson OT-S & Brittany Lanter OT-S

School: Florida Gulf Coast University

Advisor: Annemarie Connor Ph.D, OTR/L

Abstract: Adults with autism express interest in employment yet are largely underemployed. To address this need, OT master's-level students facilitated a previously validated job-readiness training program and adapted the intervention into a three-day workshop that included overnight stays and immersive life-skills experiences for five young adults with autism. Using mixed-methods, quasi-experimental design, effects on job-related self-efficacy, executive functioning, and mental health are described. **Objectives:** The participants will gain an understanding of how Social Cognitive Career theory can guide job-readiness interventions, appreciate the unique pre-employment needs of adults with autism and average to above-average IQ, as well as learn about the effects of a manualized, group, near-peer job-readiness intervention as delivered by level I fieldwork students.

SP1-5
SAT. 9 AM
Mental Health

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Student Posters 1

SP1-6
SAT. 9 AM
Research

An Exploratory Study: Occupational Therapy Students' Knowledge and Perception of Patient and Family-Centered Care (PFCC) Service Delivery Model

Speakers: Estephany Rodriguez OT-S, Haley Wiles OT-S

School: Nova Southeastern University

Advisor: Elise Bloch Ed.D., OT/L

Abstract: This exploratory research study utilized descriptive survey methods to examine occupational therapy students' perceptions and knowledge of the patient and family-centered care (PFCC) service delivery model. The results collected from 62 MOT and OTD students suggests there is a surface-level understanding of PFCC, indicating a gap in knowledge on patient decision aids and patient collaboration. The findings may aid in implementation of comprehensive PFCC education to improve patient care. **Objectives:** Participants will be able to describe the four tenets of patient and family centered care. Through understanding of this service delivery model, the importance of education on patient and family centered care within occupational therapy curricula can be identified. Following this poster session, participants will be able to identify recommendations for comprehensive PFCC education.

SP1-7
SAT. 9 AM
Mental Health

The Impact of COVID on the Rates of Depression and Anxiety Within College Students

Speakers: Halee Hatcher OT-S, Verence Macias

OT-S, Martina Stevenson OT-S

School: Florida Agricultural and Mechanical University **Advisor:** Debora Oliveira PhD., OTR/L

Abstract: The study addressed college students' perception of the pandemic and how it disrupts daily routines, decreases social interactions, and decreases environmental support. The disruptions increased rates of anxiety and depression within students. Consequences of the pandemic impacts how a person performs his or her daily occupations. Exploring the complexities of students' affected by COVID-19 ensures the occupational therapy field is client-centered while using current evidence-based research. **Objectives:** In the qualitative research study, the results help the attendees viewing the poster better understand the effects of COVID-19 isolation on rates of depression and anxiety in college students, the rates of mental health before and during the COVID-19 pandemic, and the impact COVID-19 had on students' mental health.

SP1-8
SAT. 9 AM
Research

Strategies for enhancing racially diverse student recruitment, matriculation, & satisfaction in graduate-level occupational therapy programs

Speaker: Kolbi Holmes OTD-S

School: Nova Southeastern University - Tampa Bay

Advisor: Christina Kane Ed.D., M.S., OTR/L

Abstract: A survey investigated satisfaction levels of racially diverse, graduate-level OT students at NSU and strategies

for enhancing student satisfaction to ultimately meet the OT profession's diversity goals. Overall, racially diverse students were satisfied with their OT program experience and ranked diverse faculty, scholarship opportunities, diversity interest groups, minority mentorship and faculty mentorship the highest amongst resources needed for continuation in OT programs. **Objectives:** Participants will increase awareness of the current status of racial diversity in the OT profession. Additionally, recruitment strategies, which previous research demonstrates may increase improve racial diversity in the OT profession, will be presented along with resources which racially diverse students find beneficial to their satisfaction in a graduate-level OT academic program.

SP1-9
SAT. 9 AM
Fieldwork

Skill Building Binder: Implementing OT in an Adult Day Center

Speakers: Samantha Gommel OT-S, Haley Esperanza OT-S, Miranda Glotfelty OT-S

School: University of Florida

Advisor: Heidi Horwitz MEd, OTD, OTR/L

Abstract: Transition Life Center (TLC) is an adult day care that provides a safe, enriching environment for adults with motor, social, and cognitive disabilities. On Level 1 Fieldwork, students attended this site to assess the needs of this facility in-order to provide a binder containing interactive activities that promote OT principles in daily living and the routines of this site. **Objectives:** Attendees will gain an understanding of the advantages to having a myriad of upgrades and downgrades to accommodate various needs (motor/cognitive/social). Attendees will grasp the importance of social skills in order to engage optimally in ones' context. Attendees will learn the value of establishing and maintaining new skills in this adult setting.

SP1-10
SAT. 9 AM
Home Health

Barriers and Facilitators to Implementing Home Assessments and Modifications in Rural Areas: A preliminary study

Students: Jaewon Kang MS, Sharon Mburu MS

School: University of Florida

Advisors: Consuelo M. Kreider PhD, OTR/L; Sergio Romero, PhD

Abstract: Occupational therapists (OT-S) conduct home assessments and modifications (HAM) to prevent falls, but little is known about their implementation in rural areas. This study aims to identify barriers and facilitators to conducting HAM in rural areas. We interviewed OT-S, and found that geographical features, time pressures, and clients' cultural values could be potential barriers, while telehealth technology could facilitate implementation. Studies on the feasibility of telehealth use for HAM are needed. **Objectives:** The participants will understand the process of conducting home assessments and modifications in practice. Also, they will identify key factors that impede or facilitate the implementation of home assessments and modifications in rural areas. Finally, they will discuss and reflect on ways to utilize telehealth technology to increase access to home assessments and modifications in rural areas.

Student Posters 1

SP1-11

SAT. 9 AM

Developmental
Disabilities

Lived Experiences in Garnering Critical Social and Academic Supports for College Students with LD/ADHD

Speaker: Anushka Pandya OT-S

School: University of Florida

Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: College students with LD/ADHD must identify critical support networks that can ease their transition to university life. Thematic analysis identified three key experiences of undergraduates in seeking out and creating networks of support for fostering college success; themes were: 1) Importance of Self-Advocacy, 2) Ease of Negotiation, and 3) Judgement and Validation. Findings can inform clinicians in supporting college-bound students with LD/ADHD in garnering social and academic supports. **Objectives:** At the conclusion of this session, participants will identify vital social and academic support systems for college students with LD/ADHD. At the conclusion of this session, participants will be able to reflect on how to enable college students with LD/ADHD to advocate and negotiate for needed academic and social supports.

SP1-12

SAT. 9 AM

School Systems

PACE POWER! A Field Day Intervention for Building Teamwork and Self-Esteem for At-Promise Youth

Speakers: Emma Poole OT-S, Tatum Sybert OT-S,

Genesis Triplett OT-S

School: University of Florida

Advisor: Marcia K. Schneider PhD, OTR/L

Abstract: Pace provides counseling and education for at-promise girls utilizing a trauma-informed approach. A field day intervention was implemented to build teamwork and increase self-esteem with a goal of demonstrating five performance skills (encouragement, positivity, problem-solving, never giving up, being safe) across seven activities. The girls were engaged and successfully achieved the five skills.

Objectives: Demonstrate understanding of a trauma-informed care approach with at-promise girls at Pace. Explain the purpose of Pace and supports provided for at-promise girls. Identify three of the five performance skills demonstrated by the girls of Pace during the field day intervention.

SP1-13

SAT. 9 AM

Research

Enacting EBP to Answer Clinical Questions Around a Teen Autism Case

Speakers: Amber Nipper OT-S, Britany Jefferson OT-S, Sydney Mason OT-S, Angel Nguyen OT-S

School: University of Florida

Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: First-year OTD students engaged in evidence-based practice to form clinical questions in relation to a published clinical case. Using available published research, these questions were answered in regard to the case of April, a 15-year-old female who has a diagnosis of autism demonstrating severe cognitive, motor, social and verbal impairments. 20 articles were critically appraised and synthesized, and results tables were generated to form summative statements and limitations. **Objectives:** Recognize the signifi-

cance of using available published research to guide clinical reasoning. Acknowledge common facilitators and limitations in relation to ASD to inform practice. Understand the need for further research that considers gender differences for individuals with ASD.

SP1-14

SAT. 9 AM

Physical
Disabilities

Evidence to Support Clinical Decision-Making in Stroke Patients

Speakers: Kaitlyn Pelzer OT-S, Bridget Nelson OT-S

School: University of Florida

Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: Angelina is a 70-year-old Italian-American home maintainer and caretaker. She has experienced a left middle cerebral artery stroke. Our poster seeks to answer clinical questions related to Angelina: sex differences in functional outcomes for stroke, how stroke survivors manage life after CVA, what factors contribute to increased quality of life, if motor control interventions are effective, and what assessments are valid and reliable. **Objectives:** The participants will be able to describe the importance of different factors for client's stroke recovery. This includes classifying sex differences, identifying evidence-based assessments, recognizing variables correlated with increased quality of life, discussing the lived experience of life management, and selecting effective intervention.

SP1-15

SAT. 9 AM

Research

How Does Constraint Induced Movement Therapy Compared to Usual Care Increase Occupational Engagement for Stroke Survivors?

Speakers: Chloe Vollmer OT-S, Kasey Fenton

OT-S, Rachel Ferguson OT-S, Nate Greaves OT-S,

School: University of Florida

Advisor: Dr. Chiung-ju Liu, PhD, OTR/L, FGSA

Abstract: Stroke is a leading cause of disability and impaired upper extremity function in adults. Constraint Induced Movement Therapy (CIMT) is an intervention commonly used to address upper extremity function in stroke patients. This rapid review was conducted to determine the impact of CIMT as compared to usual care on occupational engagement. It compares high and low dosages of CIMT across chronic and acute stages of stroke recovery, and discusses the implications of findings for clinical practice. **Objectives:** Recognize the significance of investigating CIMT's effect on stroke survivors' level of occupational engagement as compared to usual care. Compare the benefits of high dosage versus low dosage CIMT for the different stages of stroke recovery. Understand the implications of the findings for occupational therapy practice.

Student Posters 1

SP1-16
SAT. 9 AM
Research

A Comparison of Current Hand Grip Strength Values to the Established Normative Grip Strength Values
Speakers: Alexandra Villalobos Putka OT-S, Adam Guyer OT-S

School: Florida Gulf Coast University

Advisor: Edwin Myers

Abstract: The grip strength values currently used come from a study performed in 1985. Using population sampling, this quantitative comparison gathered participants ages 18-85 to measure grip strength following the ASHT protocol. The results showed that the average hand grip strength for women and men was lower for all measured age groups in comparison to the Mathiowetz study. An update to the normative values to reflect the current population would benefit those who perform upper extremity evaluations. **Objectives:** The participants will observe the variable differences between current grip strength values and previously established normative values. The values gathered will be used to determine statistical differences between the data. Determine if the established normative values are still valid and representative of the current population.

Student Posters 2

SP2-1
SAT. 10 AM
Physical
Disabilities

Evaluating the efficacy of OT clinical application of Dynavision D2 training for patients living with long-term neurological deficits
Speakers: Nam-Hai Le OT-S, Dana Rae Derequito OT-S

School: AdventHealth University

Advisor: Jennifer C. Radloff OTD, MHS, OTR/L

Abstract: This quantitative pilot study aimed to determine the impact of Dynavision (D2) training on visuomotor skills (D2 Response Times and Trail Making Test), balance (Berg Balance Scale or Function in Sitting Test), and perceptions of occupational performance (QuickDASH). Seven participants engaged in 12 D2 treatment sessions. Positive outcomes were found for 6 out of 7 for visuo-motor skills, 5 out of 7 for balance and perceived occupational performance after participation in the D2 protocol. **Objectives:** Attendees will understand how the D2 protocol has potential for positively impacting visuo-motor and balance skills. Additionally, attendees will gain knowledge regarding the impact of the D2 treatment's impact on perceived change in occupational performance. Student researchers will explain the pilot Dynavision D2 treatment protocol to attendees for potential clinical application.

Student Posters 2

SP2-2
SAT. 10 AM
Research

Exploratory Review of Medication Management in Occupational Therapy
Speakers: Casey Krahmer OT-S, Allison Sewart OT-S

School: Florida Gulf Coast University

Advisor: Denise Allen OTD OT/L CHT

Abstract: An explanatory sequential mixed methods design looking at the role of occupational therapy in medication management. Twenty participants from a larger medication management survey were chosen for a more in-depth interview to better understand current practices. Several themes arose with assessment and intervention practices of occupational therapists, including more consistency with best practices. Quantitative data was collected on methods such as types of assessments and interventions used. **Objectives:** The participants will learn about most common practices with assessments and interventions involving medication management. They will understand the importance of collaboration when addressing medication management. Finally, they will recognize barriers to medication management in occupational therapy.

SP2-3
SAT. 10 AM
Developmental
Disabilities

Effects of True-peer and Near-peer Peer Mediation on Executive Skills, Social Functioning and Self-efficacy among Young Adults with Autism
Speakers: Olivia Thomas BS OT-S, Rose Mary Mulholland BS, OT-S, Veronica Trunk BS, OT-S

School: Florida Gulf Coast University

Advisor: Annemarie Connor Ph.D., OTR/L

Abstract: This study employed a quasi-experimental design to assess the effects of an empirically validated, 13-session, true-peer and near-peer mediated, group-based intervention targeting soft skills among young adults with autism and average IQ. In comparison to previous iterations, clinically meaningful gains in executive functioning were identified in addition to gains in social self-efficacy and social functioning, which reflect previous findings. Implications for research and practice will be discussed. **Objectives:** Understand the impact of a 13-week intervention on executive functioning and self-efficacy among young adults with autism and without intellectual disability. Understand the need for near-peer-mediated group programs targeting soft skills. Understand factors related to the gap in employment for young adults with autism and the need for programs addressing social functioning in the workplace.

SP2-4
SAT. 10 AM
Research

Internal Factors Related to Suitability for Job-readiness Training among Adolescents and Young Adults with Autism
Speaker: Cameron Callahan BS, MSOT-S

School: Florida Gulf Coast University

Advisor: Annemarie Connor Ph.D., OTR/L

Abstract: This study examined factors related to successful completion of a soft skills training program for adolescents and young adults with high-functioning autism. Results indicate that impaired social motivation was negatively correlated with program completion, high global executive functioning

Student Posters 2

was positively correlated with program completion, and comorbid anxiety and depression were not found to be barriers to completion. Implications for research and practice will be discussed. **Objectives:** We will identify factors hindering workplace success for young adults with high functioning autism spectrum disorder (HFASD). Barriers to soft skills employment training program completion for transition aged youth with HFASD will be identified. Finally, factors indicative of successful soft skills employment training program completion for transition aged youth with HFASD will be identified.

SP2-5
SAT. 10 AM
Work Programs

Return-to-Work After Acute Injury or Illness: A Systematic Review of Barriers
Speaker: Joy Leindecker OT-S
School: Gannon University

Advisor: Bryce Smith OTD, OTR/L, CLT

Abstract: The aim of this review was to describe barriers to return-to-work for individuals who have experienced an acute injury or illness. Five databases were utilized to produce articles that met inclusion criteria. Twenty articles met the inclusion criteria and organized into five themes: psychosocial, worker abilities, communication, accessibility and accommodations at work, and personal life. Occupational therapists should utilize their skill set and broad domain to help individuals overcome these common barriers. **Objectives:** Ability to describe occupational therapy's role in the RTW process after acute injury or illness. The research will help practitioners understand barriers to RTW. This review allows those to explain occupational therapy's ability to address common barriers.

SP2-6
SAT. 10 AM
Fieldwork

Emotional Intelligence's Role in Occupational Therapy Fieldwork: A Scoping Review
Speaker: Michelle Green OT-S
School: Gannon University

Advisor: Jennifer Castelli OTD, OTR/L, CHT

Abstract: Emotional intelligence (EI) has been found to be important to job performance and job satisfaction in health-care workers. Within health profession programs, educator and student EI can impact the success of a clinical rotation. A scoping review of the literature was completed to determine the role EI has in OT fieldwork. Five themes emerged including self-awareness, self-management, social awareness and empathy, professionalism and interprofessional skills, and self-actualization. **Objectives:** The poster will introduce and briefly review the different components of the emotional intelligence (EI) hierarchy (Drigas & Papoutsis, 2018) based on EI theories. It will present the various levels of the hierarchy in relation to fieldwork based on what the evidence supports. Participants will learn about why EI is important for occupational therapy and clinical rotations.

SP2-7
SAT. 10 AM
School Systems

Exploring the role of OT in promoting caregiver self-efficacy and play utilizing inclusive therapeutic playgroups in a preschool setting
Speaker: Kelsey Jarrett, OT-S
School: Florida Gulf Coast University

Advisor: Sarah E. Fabrizi Ph.D., OTR/L

Abstract: This study explored the use of inclusive therapeutic playgroups for developmental surveillance and promoting caregiver self-efficacy. Preliminary results indicate playgroups have potential to build parent competence, decrease parental stress, and support generalization of developmentally appropriate play activities to the home environment. **Objectives:** We will describe sensory and self-regulation strategies used in play activities to promote child social-emotional development, explain how to facilitate parent education using developmental topics to increase parental competence, and recognize how developmental play activities in a group facilitated by OT can provide screening opportunities in a preschool setting.

SP2-8
SAT. 10 AM

The impact of lack of sleep and the impact it has on school performance.
Speakers: Sodelene Laurent OT-S, Mia Campbell M.S., OT-S, Zanae Arnold OT-S, Janiece Hylton OT-S

School: Florida Agricultural and Mechanical University

Advisor: Debora Oliveira Ph.D., OTR

Abstract: Sleep has been known to affect the human body in various ways. We see the positive and adverse effects through online surveys and in-person studies. The amount of sleep we can obtain plays a significant role in our everyday lives. A lack of adequate sleep can decrease occupational performance and motivation for a college student. This study focused on factors that deprive sleep, affect school performance, and impact psychological variables. **Objectives:** The learner will be able to understand the role of sleep and well-being. Be able to identify the psychological factors associated with sleep. Be able to find various sleeping hygienes that are beneficial.

SP2-9
SAT. 10 AM
Research

Enhancing Physician Perspectives of Skilled Occupational Therapy Services for Patients with Rheumatoid Arthritis: A Doctoral Capstone Project
Speaker: Valerie S. Trinidad OTD-S

School: Nova Southeastern University - Tampa Bay

Advisor: Thomas Decker EdD, OTD, OTR/L

Abstract: This study sought to identify a connection between self-report functional ability and participation restriction. Results indicate the assessment of factors pertaining to participation restriction rather than singular assessment of functional ability in rheumatology settings may be the key towards linking the specialty with the OT profession. This potential collaboration would attend to the physical function, quality of life, and well-being of the individual with RA or similar arthritic condition. **Objective:** This study will expand the literature surrounding OT and its purpose in treating clients with RA. It

Student Posters 2

will also enhance clinician (both rheumatologists and occupational therapists) understanding on this topic and promote an interdisciplinary approach for treating RA. Ultimately, this study will bring insight to the analysis of factors pertaining to participation restriction among this population.

SP2-10
SAT. 10 AM
School Systems

Executive Function Tips & Tricks

Speakers: Daphne Blessing OT-S,
Katie, Schorr OT-S, Midjina Lebrun OT-S, Sara
Eisman OT-S

School: University of Florida

Advisor: Heidi Horwitz OTD

Abstract: The transition from middle to high school has the potential to disrupt a child's cognitive and social maturation, which is why having sufficient executive function skills are especially important. After working alongside a middle school population, we developed a supplemental resource to facilitate learning of executive function skills. This video-based resource not only educates students on the executive function definitions, but provides strategies that they can utilize when handling real-world scenarios. **Objectives:** Gain insight into which executive skills are prioritized among middle school-aged students. Recognize the importance of a visual aid when educating students on specific executive skill strategies. Understand how a video-based resource is an accessible, low-cost tool for students, teachers, and practitioners.

SP2-11
SAT. 10 AM
Occupational
Science

The Importance of Body Awareness in Fall Prevention

Speakers: Olivia Weeks OT-S, Ashli
Suiters OT-S, Rachel LaFrance OT-S, Caitlin
Hupe OT-S

School: Florida Gulf Coast University

Advisor: Brigitte Belanger, DSc, OTR/L, AAT(c)

Abstract: This pilot program applied quasi experimental mixed-methods, pre-test posttest design to evaluate the effect of sensory preparatory methods on body awareness. Neurodegenerative processes can affect visual-spatial processing, somatosensory processing, and vestibular function. We postulate that through increasing body awareness, clients who have a fear of falling and have experienced frequent falls can enhance activity performance and safety awareness. **Objectives:** Identify & review the role of the sensory system as it pertains to body awareness. Recognize the effect of neurodegeneration on function and body awareness. Demonstrate a neuro re-education protocol to restore body awareness and improve function.

SP2-12
SAT. 10 AM
Fieldwork

The Role of Occupational Therapy in a Transitional Primary Care Clinic: Connecting Underserved Patients to Outpatient Services

Speakers: Karen Bruchs OT-S, Gina Froehlich OT-S

School: University of Florida

Advisor: Heidi Horwitz MEd, OTD, OTR/L

Abstract: Care One clinic is a transitional, interdisciplinary primary care setting treating patients presenting with a complex variety of medical and social needs. During the Level I fieldwork occupational therapy (OT) experience, a skill-based screening tool was developed, as informed by the OTPF and the needs demonstrated by clients at the clinic. The aim of the screening tool was to identify clients who would benefit from OT and refer them to a free, student-led OT clinic.

Objectives: Identify the need for skilled outpatient occupational therapy (OT) services for underserved clients frequenting emergency rooms. Understand the role of OT in an interdisciplinary primary care setting to encourage patient self-efficacy of health management. Explain how a skill-based screening tool can be used to establish a client's need for OT services in a primary care setting.

SP2-13
SAT. 10 AM
Physical
Disabilities

Evidence Based Answers for Clinical Questions About Total Hip Replacement

Speakers: Sara Eisman OT-S, Taylor
Allore OT-S, Clare Redrick OT-S,
Natasha Neyra OT-S

School: University of Florida

Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: From a published case study describing a 58 year old male with a total hip replacement, clinical questions were developed to guide an abbreviated review of published literature. The databases used were PubMed and CINAHL. The search terms were 'total hip replacement', 'THR', 'osteoarthritis', 'hip replacement, 'validity', 'reliability', and 'instrumentation'. Descriptive, psychometric/instrument development, and intervention studies were appraised and synthesized to answer case-specific clinical questions. **Objectives:** Participants will be able to describe the condition of total hip replacement. They will have the capacity to discuss the lived experience of patients who have received total hip replacements and finally, will allow literature review results to guide clinical decisions about total hip replacements.



Student Posters 2

SP2-14
SAT. 10 AM
Developmental
Disabilities

Subtle and Overt: The Multifaceted Nature of Everyday Self-advocacy Behaviors of Undergraduates with LD/ADHD
Speakers: Sharon Medina, Anushka Pandya, Katherine DeNunzio

School: University of Florida

Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: Self-advocacy (SA) research for college students with disabilities centers on accommodation-related advocacy; it does not consider advocacy engaged in across key contexts of young adulthood. Thematic analysis examined SA behaviors undergraduates with LD/ADHD employed across their life contexts. Behaviors were nuanced and entailed subtle and overt communications specific to the recipient's potential LD/ADHD understanding. Clinicians can use the insights gained to tailor SA skill development.

Objectives: Identify the multifaceted nature of the advocacy behaviors undergraduates with LD/ADHD employ during everyday situations. Describe why undergraduates with LD/ADHD employ self-advocacy behaviors outside of garnering academic accommodations. Reflect on how clinicians can support self-advocacy skill development to facilitate young adults' occupational performance while in college.

SP2-15
SAT. 10 AM
Developmental
Disabilities

Applied Behavior Analysis for Autism Spectrum Disorder: OT's Duty to Advocate
Speaker: Bridget Nelson OT-S
School: University of Florida
Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: Applied behavior analysis (ABA) therapy is a widely used treatment for autism spectrum disorder (ASD). As described in the Association of Occupational Therapy's mission, OT practitioners have a duty to advocate for their clients. To advocate for our autistic clients, OT-S, must understand the many criticisms of ABA and be critical of ABA practices that have been theorized to not line up with OT's core values of freedom, justice, and dignity. **Objectives:** The participants will identify OT's scope of practice in ethical discussions about ABA. They will then differentiate the theoretical underpinnings of OT and ABA practices. This will allow participants to appraise the ethics of ABA practices.

SP2-16
SAT. 10 AM
Physical
Disabilities

Program to Increase Occupational Therapy Inclusion in Community Mental Health Practice
Speaker: LeeAnne Bugter-VanLoon OTD, OTR/L
School: University of St. Augustine - Miami
Advisors: Kristin Domville DrOT MOTR/L, Pamela

Kasyan-Howe OTD MOTR/L

Abstract: There is an inadequate number of occupational therapists providing services within community mental health. An educational program was developed to build capacity among mental health professionals and OT-S, . A two-hour virtual workshop was implemented to provide mental health practitioners with education on the barriers that limit OT inclusion, and methods to increase OT inclusion within mental health settings. This educational program supports advocacy efforts to include OT within community mental health settings.

Objectives: The participants will, Understand how to build capacity between OT-S, and other mental health professionals, Recognize barriers that limit OT inclusion in community mental health, and Understand how to advocate for OT-S, in community mental health.

SP2-17
SAT. 10 AM

Examining Body Composition Through the Use of Bioimpedance Spectroscopy to Improve Lower Limb Lymphedema Symptomology: A Case Study
Speaker: Abigail Donofrio OT-S

School: University of Florida

Advisor: Rebecca Piazza OTD, MS, OTR/L, BCPR

Abstract: There are five pillars of health (sleep, nutrition, exercise, stress, hydration) that can aggravate lymphedema symptoms, which decreases quality of life. Patients will keep a journal logging progress in each of the 5 pillars in relation to lymphedema symptoms and utilize self-management techniques for each pillar. Patients will measure lymphatic volume using SOZO machine and take a health-related quality of life assessment weekly to determine if journaling progress in pillars improves QOL and lymphedema symptoms. **Objectives:** Understand how lymphedema symptoms affect quality of life (QOL). Understand how five pillars of health affect lymphedema symptoms. Understand how self-management strategies for health are utilized in journal to increase compliance and improve lymphedema symptoms.

FOTA22

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Florida Occupational Therapy
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WHO ARE WE?

We are an organization consisting of the Academic Fieldwork Coordinators (AFWC's) and Capstone Coordinators from the Occupational Therapy and Occupational Therapy Assistant programs in the State of Florida. We are dedicated to the development, implementation, and support of quality fieldwork education for OT and OTA students.

FLOTEC explores, designs, and implements innovations that assist practitioners in the provision of quality learning experiences to meet its mission of excellence in fieldwork and capstone education.

WHAT WE PROVIDE

- Innovative partnerships between education and practice
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- Articles in Focus, FOTA's newsletter
- Leadership at local, state and national levels for fieldwork education.



FIELDWORK EDUCATOR TIPS

Plan for your student's project or presentation early - be sure that it meets your department's needs. This provides for a relevant project or presentation for the department.

Expect your student to come in every day with a written plan for each of the patients that will be seen. Be sure that you express this to the student and ask them what they have planned to do.

For the students to become well rounded clinicians, they need to experience administrative responsibilities such as scheduling, marketing and quality assurance. Create opportunities for your students to develop these important skills

Call the school's Academic Fieldwork Coordinator (AFWC) if you have any questions or concerns. The AFWC is especially trained to assist you with any concerns or challenges you are facing with your student.



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Student Posters 3

SP3-1
SUN. 9 AM
Education

Escape Rooms as an Effective Teaching Modality for Occupational Therapy Students

Speakers: Tatiana King OT-S, Olivia Kralik OT-S

School: Adventhealth University

Advisor: Chia-Wei Fan, Ph.D, OTR/L

Abstract: This project aims to determine if using escape rooms as a form of gamification might benefit occupational therapy students. Occupational Therapy and Occupational Therapy Assistant students were randomly paired and assigned to an online or in-person escape room. Pre- and post-surveys were collected. The results showed that both the in-person and online escape rooms were effective in teaching content learning, critical thinking, active learning, and intraprofessional collaboration. **Objectives:** The first objective for the participants is to learn about the effectiveness of escape rooms as a teaching modality for occupational therapy students. Another objective is to explore positive outcomes resulting from the escape rooms. The third objective is to compare two different formats of an escape room as the teaching modality.

SP3-2
SUN. 9 AM
Research

The Impact of Hybrid vs. Traditional Occupational Therapy Curriculum on Student Performance Outcomes

Speakers: Daniella Itzhak OT-S,

Johanna Hernandez OT-S, Sierra Sosa OT-S

School: Florida Agricultural and Mechanical University

Advisor: Debora Oliveira, PhD., OTR/L

Abstract: The purpose of this study is to analyze the impact of an online learning approach versus a face-to-face learning approach on student performance outcomes in an occupational therapy program. The discrepancy between hybrid and traditional instruction is a common theme that has emerged due to the pandemic. The findings of this study could help to determine best practices for the delivery method of emerging OT programs. **Objectives:** From the study, the attendees will understand student satisfaction and grades for hybrid versus online course. The participants will observe if online courses are an effective method of OT content delivery. Furthermore, they will learn if inferences can be made regarding specific courses and their delivery method, i.e., are all courses suitable for online education?

SP3-4
SUN. 9 AM
Gerontology

The Integration of Occupational Therapy within The Primary Care Setting: A Policy Position Statement

Speaker: Vanessa Quintanilla OT-S

School: Gannon University

Advisor: Jennifer Castelli OTD, OTR/L, CHT

Abstract: This policy position statement was developed as a guide for occupational therapy practitioners, primary care physicians, and the Centers for Medicare & Medicaid Services to facilitate a paradigm shift in primary care services. An OTD-S developed the Integrated Primary Care & Occupational Therapy Treatment Model utilizing AOTA's Vision 2025 pillars as its foundation to support the goals of the Patient Protection and Affordable Care Act of 2010, particularly "The Triple Aim." **Objectives:** Promote policy efforts to national stakeholders of various health professions at local universities, state conferences, and federal health organizations through grassroots advocacy. Participants will learn how to see/treat patients through a holistic lens to enhance health and wellbeing, prevent chronic illness, and educate patients on disease management via primary, secondary, and tertiary levels.

SP3-5
SUN. 9 AM
Mental Health

The Effectiveness of Occupational Therapy Interventions to Improve Sleep of Adults who have Experienced Trauma: A Systematic Review

Speakers: Lauren Belperio-Coutinho OT-S, Jenna Maurer OT-S, Lindsay Folsom OT-S,

Megan Wagner OT-S

School: Nova Southeastern University

Advisor: Mariana D'Amico Ed.D., OTR/L, FAOTA

Abstract: Sleep is an essential occupation for health. Trauma is a regular event resulting from man-made and natural disasters. Occupational therapists need to know the most effective interventions. A systematic review identified 10 articles with strong evidence for 3 interventions, limited evidence for 2 interventions and recommendations for practice. **Objectives:** Participants will be able to identify effective sleep interventions within the scope of OT practice for adults who have experienced trauma, identify evidence-based recommendations for OT practice and education to address sleep for adults who have experienced trauma, and identify appropriate continuing education opportunities to implement sleep interventions within the scope of OT practice.

Student Posters 3

SP3-6
SUN. 9 AM
Technology

Exploring Robotic Devices for the Neuromuscular Population
Speaker: Gabriela Collins OT-S
School: Nova Southeastern University - Tampa Bay

Advisor: Christina Kane

Abstract: Technology has provided unique opportunities for the OT treatment process. This 16-week capstone experience focused on improving skills and implementation of robotic-assisted technology to increase upper extremity function. Protocols were created for Tyromotion Diego, Bioness H200, and Bioness Integrated Therapy System. Implementation of this project has provided evidence on the effectiveness of the use of robotic-assisted technology, increased measurability, and a clinician guide for patient treatment.

Objectives: The participants will explore currently available robotic-assisted technology within the scope of occupational therapy for pediatric and adult patients. In addition, they will receive a general understanding of the benefits of using these technologies during treatment. Lastly, the participants will learn protocols and measurability standards with the confidence of evidence-based practice.

SP3-7
SUN. 9 AM
Mental Health

The Bunker: Value Exploration's Role in Acceptance
Speakers: Bridget Nelson OT-S, Madison Wallace OT-S
School: University of Florida
Advisor: Consuelo M. Kreider PhD, OTR/L

Abstract: Individuals with substance use disorders in recovery have unique needs adhering to their recovery and managing psychosocial health. The Bunker Project was implemented on Level 1 Fieldwork working with individuals with substance disorder. We used a cognitive behavioral approach to assess the impact of values on occupational adaptation skills within a controlled environment. Implicit and conscious values can impact the transaction between the person and occupational environment. **Objectives:** Values impact the ability for clients in recovery to reestablish healthy routines and habits during recovery. Sober social participation is affected by a person's inability to recognize the need for adaptation, our values can play a major role in this reluctance to change. Play and leisure activities need to be refined to support newly adopted values that support sober occupational participation.

SP3-8
SUN. 9 AM
Sensory
Integration

Calming Corners; Working with Youth Attending a Community Center to Recognize and Regulate their Big Feelings
Speaker: Melissa Siewert OTA-S
School: Polk State College

Advisors: Annette Bullard AFWC, BA, COTA/L; Dena Bishop AFWC, OTR/L; Tanisha Duncan, Site Director

Abstract: Giving youth a space to process their big feelings and emotions is beneficial for them to feel validated and empowered in their experience with themselves and others. Many youths find it difficult to recognize and formulate verbal dialogue to effectively express their feelings.

Objectives: Explore how an OTA student educated community day program caregivers about emotional regulation and its relation to children's behavior. Examine the benefits of an emotional regulation area for youth programs and Occupational Therapy's role. Consider providing emotional regulation areas at community programs for attending youth.

SP3-9
SUN. 9 AM
Health &
Wellness

South Tampa Sluggers: An Adaptive Baseball Team for the Inclusion of Individuals with Physical and Intellectual Challenges
Speakers: Morgan Rodriguez OTA-S, Donald Roeder, OTA-S, Sharreise Rivers OTA-S, Janel Aime OTA-S

School: South University

Advisor: Dana Dixie OTD, OTR/L

Abstract: This presentation describes how OTA students were involved in designing and implementing an adaptive baseball league. The league promotes an inclusive sports environment where individuals with disabilities benefit socially, emotionally and physically by playing baseball with peers. Areas of focus for this presentation include: accessibility, adaptive sports programming, and inclusion in sports.

Objectives: Participants will gain an understanding of the benefits of adaptive sports programming and gain knowledge of ADA requirements for sports facilities. Presenters will explain the process of planning, marketing and implementing an adaptive sports league and the variety of adaptive equipment and strategies to improve participation in baseball for individuals with physical and intellectual challenges.

SP3-10
SUN. 9 AM
Education

Opportunities for the Growth of Occupational Therapy in West Africa
Speaker: Ashley Ndip OT-S
School: Nova Southeastern University - Tampa Bay
Advisor: Thomas Decker EdD, OTD, OTR/L

Abstract: Cameroon is a developing country in West Africa that has been impacted by the exclusion of people with disabilities, despite that ten to fifteen in every one-thousand people are impacted by an intellectual disability (Opoku et al., 2021). The current attitudes of students raise concerns about reforming occupational therapy in West Africa due to their contradictory beliefs about people with disabilities (Opoku et al., 2021). The purpose of this project is to provide educational resources that promote the profession.

Objectives: Define the contextual factors that impact occupational therapy practice in Cameroon Identify methods to promote occupational therapy education in Cameroon Understand the needs of people in Cameroon to encourage their participation

Student Posters 3

SP3-11
SUN. 9 AM
Developmental
Disabilities

Understanding Attention Symptoms and Related Challenges for Undergraduates with Learning and Attention Disabilities: A Preliminary Analysis
Speaker: Anya Klumpp OTD-S
School: University of Florida

Advisor: Consuelo M Kreider PhD, OTR/L

Abstract: Lived experiences of attention symptoms for undergraduates with learning and attention disorders are described. Data were transcripts from facilitated group discussions from a larger study that developed campus supports and were analyzed for symptom descriptions and related challenges. Attention symptoms included experiences of (1) difficulty initiating tasks and focusing on one task at a time; (2) challenges in knowing what to focus on; and (3) concerns of others' misperceptions of symptoms. **Objectives:** Describe how attention symptoms manifest in young adults with learning and attention disorders. Discuss impacts on occupational performance across young adult roles and contexts. Reflect on how in-depth understanding of attention-related symptoms and challenges and their impacts may be useful in informing clinical decision-making and anticipatory guidance to younger clients.

Increasing Access to Vocational Roles for Adults with Intellectual Disabilities through Environmental Modifications

**Miranda Greene OT-S, Kaitlyn Kelly OT-S,
Madilyn Maschhoff OT-S, Krista Strickland OT-S**

School: University of Florida

Advisor: Heidi Horwitz MEd, OTD, OTR/L

Abstract: University of Florida occupational therapy students attended Level I Psychosocial Fieldwork at an adult day program for individuals with intellectual disabilities aiming to provide interventions to increase member access to a simulated coffee business, the coffee cart. OTD students provided social and process skill interventions, visual aids, and environmental modifications over nine weeks to increase member participation at the coffee cart to make vocational skill training more inclusive. **Objectives:** Conceptualize the process of increased participation and engagement in vocational roles. Understand the use of environmental modifications to increase accessibility of vocational roles and engagement for adults with intellectual disabilities. Recognize interventions focused on social and process skills to support individuals in the context of vocational roles and abilities

SP3-12
SUN. 9 AM
Fieldwork

University of Florida occupational therapy students attended Level I Psychosocial Fieldwork at an adult day program for individuals with intellectual disabilities aiming to provide interventions to increase member access to a simulated coffee business, the

coffee cart. OTD students provided social and process skill interventions, visual aids, and environmental modifications over nine weeks to increase member participation at the coffee cart to make vocational skill training more inclusive. **Objectives:** Conceptualize the process of increased participation and engagement in vocational roles. Understand the use of environmental modifications to increase accessibility of vocational roles and engagement for adults with intellectual disabilities. Recognize interventions focused on social and process skills to support individuals in the context of vocational roles and abilities

Doing, Being, and Belonging for Undergraduates with Learning/Attention Disorders: A Preliminary Analysis

Speaker: Rebekah Schachner OT-S

School: University of Florida

Advisor: Consuelo M Kreider PhD, OTR/L

Abstract: Qualitative data from a larger study to develop campus-based supports for undergraduates with LD/ADHD were examined for how participants discussed experiences in doing (engaging in activities), being (acceptance of LD/ADHD challenges and strengths), and belonging (connected to others). When students were successful with activities completed in

ways that matched their way of doing, which they first had to be ok with, their sense of being and belonging were enhanced. **Objectives:** Review dimensions of occupations. Demonstrate an understanding of the impact that being has on doing which in turn will enable students to reach their goals (becoming) which is supported through identifying with others/in college (belonging). Reflect on how understanding a patient's being and acceptance of their LD/ADHD as preparatory tasks to their 'doing' activities during clinical practice.

The Impact of Increased Non-Academic Screen Time on the Quality of Social Participation Among Young Adults

Speakers: Kiley Thomas OT-S, Hannah Walz OT-S, Makaya Wilson OT-S

SP3-14
SUN. 9 AM
Mental Health

School: Florida Agricultural and Mechanical University

Advisor: Debra Oliveira PhD., OTR/L

Abstract: This study explores the influence of leisure-based screen time on in-person social participation. Screen-based media is widely consumed across developed countries as a form of entertainment, sometimes daily and for extended periods of time. It is important for the field of occupational therapy to assess how spending more time with technology might impact the quality of social interactions. There is a lack of research on how to use screen-based media in a healthy way, especially for adults. **Objectives:** The learner will: Understand the correlation between increased leisure-related screen time and the quality of in-person social participation; Begin to recognize what amount of screen time could start to decrease the quality of in-person social interactions; Acknowledge any additional influences on social participation, including self-esteem and exercise.

College Students' Usage of Mental Health Resources On and Off-Campus

Speakers: Hilliary Cotton OT-S, Araya Bradley OT-S, Niya Given OT-S, Angelique Jones OT-S

SP3-15
SUN. 9 AM

School: Florida Agricultural and Mechanical University

Advisor: Debra Oliveira PhD., OTR/L

Abstract: Mental health has become a concern among college students. Despite the factors that contribute to students' mental health issues, it is unlikely they will seek help from the available resources. This study explored how not utilizing mental health resources can have a negative effect on an individual's everyday occupations. College students may refrain from using sources that are available due to stigmas and barriers that arise from societal views. **Objectives:** The attendees will explore and identify the barriers that inhibit college students from seeking mental health services. They will discover which mental health resources students are more likely to utilize and why (i.e., in campus or off campus). Attendees will understand the participants perspective of utilization of mental health services and determinants that affect seeking help.

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