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*Credential and experience levels vary by faculty and instructors.

WELCOME FROM THE PRESIDENT

Thanks for attending FOTA20, as we bring our conference this year to you virtually. Be sure to visit our sponsors and exhibitors in the expo hall, as we thank them for their partnership. We also have speed networking and virtual self-care sessions to get you engaged and moving during the breaks.



Our FOTA20 Conference has lots to offer you over the next two days, including continuing education for Human Trafficking, Laws and Rules, and Medical Errors, which are mandatory for the upcoming license renewal. Additionally, there are informative sessions, poster presentations, a FOTA business and awards meeting, and opportunities for you to network and win prizes. It is important to obtain the session ID for those presentations you attend, which you need to enter at the end of the conference to receive credit.

Thanks for being a part of FOTA20 and check your mailbox for some FOTA swag that was sent to your physical address. We hope you enjoy our FOTA20 Conference and look forward to a great conference experience.

Regards,
Douglene Jackson, PhD, OTR/L, LMT, ATP, BCTS
FOTA President

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- **Work Programs:** Regina Bonyngne,
OTR/L, CWCE, CEAS

SATURDAY, November 14

7:00	Virtual Check-in					
8:00	WS-1 Medical Errors	SC-1 Developing Clinical Competency & Advancing Experiential Learning Through Interactive Sims	SC-2 The Next Frontier: Bringing the Doctoral Capstone Experience & Project to your Facility	SC-3 Surgical Scars: Their Influence on Pain & Health in OT	SC-4 Leadership & Non-Traditional Roles For OTAs	CTM-1 Evidence-Based Practices for Autism Across the Lifespan: Where are we as Florida OTs?
9:00		SC-5 FLOTEC: Ethics in todays fieldwork experiences	SC-6 Acute Care 101 Lines, Leads, & Labs	SC-7 Vocational Fit Assessment: A Data Driven Approach to Job Matching	SC-8 MLD & Halotheapy During COVID	CTM-2 Surviving & Thriving During a Pandemic: OT In The home & Community Practice Setting
10:00	Student Poster Presentations I	SC-9 Collaborating w/ teachers to Embed Handwriting During Class	SC-10 The Model of Doing for OT	CTM-3 Collaborative Fieldwork Model		
11:00	Welcome & Keynote Address: Human Trafficking					
12:00	Visit our EXPO Hall					
12:30	PP1 Professional Poster Presentation I	SC-11 Exercise In The Form of Everyday Doing for People with ALS	SC-12 Ped Eval of Disability Inventory-Patient Reported Outcome	SC-13 The Hippotherapy Assessment & Evaluation Tool (HEAT)	CTM-4 Education Leadership and the COVID-19 Crisis	
1:30	SC-14 Health & Well-being Amid COVID-19	SC-14 Positioning the Elderly to Reduce the Incidence of Pressure Ulcers	SC-15 Early Childhood ASD Collaborating during COVID	CTM-5 Living Through the COVID-19 Pandemic: Voices of Coping & Hope	SC-17 Exploring our PADL's - the Occupation of Advocacy	
12:00	Visit our EXPO Hall					
3:00	SP2 Student Poster Presentations II	SC-18 Telehealth and Home Modification Services During COVID-19	SC-19 Newly Defined Roles for OT Practitioners in Emergencies & Disasters	SC-20 Governmental Affairs & You: Advocating for Our Profession	CTM-6 The OT Practitioner as a 'Qualified Mental Health Provider	
4:00	SC-21 OT & Bladder Incontinence Treatment	SC-22 Evidence-Based Therapy For Complex Regional Pain Syndrome	CTM-7 Actualizing the Smart & Feeling Leader Amid the COVID-19 Practice	SC-23 Telehealth OT Intervention to Vulnerable Children & Families during COVID	EXPO Hall open 8am-4pm	
5:00	Day 1 of FOTA20 Concludes					

SUNDAY, November 15

7:00	Virtual Check In				
8:00	SP3 Student Poster Presentations III	SC-24 Supporting College Students w/ Executive Functioning Deficits in Postsecondary	SC-25 Supporting Co- Occupations for Hospitalized Infants & Parents	SC-26 OT Transitioning from Clinical to Academic Roles	CTM-8 Emerging Assessments in Sensory Processing and Integration
9:00	Laws and Rules	SC-27 Collaborations Between Occupational & Speech Therapy	SC-28 Integrative Medicine & Health Promotion within Holistic OT Practice	SC-29 Neuro Handling of the Hemiplegic Shoulder	CTM-9 Creating the Ultimate Work Environment Through a Mask
10:00		SC-30 Occupation-Centered Leadership in Changing Times	SC-31 Promoting Safe, Comfortable Sex	SC-32 Scleroderma Hacks	CTM-10 OT in Acute Care- OT Roles & Opportunities
11:00	FOTA MEMBER MEETING & AWARDS CEREMONY				
12:00	Visit our EXPO Hall				
12:30	PP2 Professional Poster Presentations II	SC-33 Right Patient, Right Time, Right Frequency	SC-34 SOTA Officer & Faculty Advisor Networking	CTM-11 Providing Quality Therapy to Children With Teletherapy	The FOTA20 EXPO HALL IS OPEN 8AM - 4PM Connect with our sponsors and exhibitors
2:00	Student Poster Awards	SC-36 Navigating the Transition From New Graduate to Practitioner	SC-37 Telehealth Services in a University OT Clinic	CTM-12 OT in Geriatric Care during the Covid-19 Pandemic	
3:00	SC-37 A Model for Delivering Cultural Humility	SC-38 Chronic Stress in Children with Autism Spectrum Disorder	CTM-13 Telehealth Resources & Tips for Implementing in Practice	CTM-14 OT's Life-Satisfaction in the Social Distanced and Virtual "Live" World	
4:00	FOTA20 Concludes - Submit your CE Forms				

FOTA20 KEYNOTE SPEAKER

Dr. Nairruti Jani

Associate Professor of Social Work
Florida Gulf Coast University

HUMAN TRAFFICKING TRAINING

- Key components and requirements that distinguish a victim of human trafficking
- Red flags
- Principles of Trauma and Informed Care
- Complaints associated with human trafficking victims
- Barriers that prevent victim disclosure
- Identify resources for potential victims



GET YOUR REQUIRED HUMAN TRAFFICKING CE AT FOTA20
www.flota.org/conference



SCHEDULE AT A GLANCE

Saturday, November 14

7 AM	Virtual Check In
8 - 11 AM	Sessions
8 AM	Medical Errors
8 AM - 4PM	Expo Hall (open 8-4)
10 AM	Student Poster Session I
11 AM	Welcome & Keynote Address
12 PM	Break - Expo Hall Open
12:30	Professional Poster Session I
12:30 - 5PM	Sessions
3 PM	Student Poster Session II
5 PM	FOTA20 Day 1 Concludes

Sunday, November 15

7 AM	Virtual Check In
8 - 11 AM	Sessions
8 AM - 4 PM	Expo Hall (open 8-4)
8 AM	Student Poster Session III
9 AM	Laws and Rules
11 AM	FOTA Awards & Business Meeting
12 PM	Break - Expo Hall Open
12:30	Professional Poster Session II
12:30 - 4 PM	Sessions
2 PM	Student Poster Awards
4 PM	FOTA20 Day 2 Concludes



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ABOUT THE MASTER'S DEGREE

Classes are scheduled two weekends each month in the fall, spring, and summer semesters, so that adults may continue to work and raise their families while preparing for a professional career. **The program can be completed in two and a half years or 8 semesters.** All application materials including transcripts and references must be received by the deadline of March 1st through OTCAS.

ABOUT THE DOCTORAL DEGREE

Courses are scheduled in the evening on weekdays, and weekends, so working OTs may continue to work while completing their doctoral degree. **Up to 6 credits for work experience may be earned through a portfolio submission focusing on leadership, research, or advanced practice.**

Admission is on a rolling basis with the application deadlines as follows:

- March 1 to start in Summer term
- July 1 to start in the Fall semester
- November 1 to start in the Spring semester

TO LEARN MORE VISIT

barry.edu/OTD or contact Denise Deen | ddeen@barry.edu | 305.899.3541

Join us virtually for The Sandra Edwards Colloquium

The UF Department of Occupational Therapy will host its fifth annual, but first virtual, Sandra Edwards Colloquium on February 6, 2021. The theme for this year's Colloquium is "Aging in Place: Best Science for Best Practice in Occupational Therapy." Our keynote speaker will be Dr. Susan Stark from Washington University.



Keynote Speaker

Susan Stark, PhD, OTR/L, FAOTA
Associate Professor of Occupational Therapy,
Neurology and Social Work
Program in Occupational Therapy, Washington University
School of Medicine in St. Louis, Washington University, St.
Louis, MO



Find out more about
the Sandra Edwards
Colloquium, past and
present.

<https://ot.phhp.ufl.edu/sandra-edwards-colloquium/>

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FOTA is working hard to protect OUR profession. Only 3% of OTs/OTAs in Florida are members. Can you afford NOT to join? Our Government Affairs watchdogs protect YOUR license. We monitor legislation pertaining to Occupational Therapy and fight for your rights.



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Members get learning opportunities through our FOTA Connect online resource, with extra special (Free) CE opportunities during OT Month.



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SPECIAL INTEREST SECTIONS

Network with our SIS chairs for your special interests.



LISTEN TO OUR MEMBERS

"I am a member of FOTA to ensure preservation of our profession for the future. This is not so much for myself, but for my younger colleagues and the patients who will need our services in the future" ~Marsha Shuford, OTR/L

"FOTA is a community of occupational therapy practitioners who are invested in their clients, their outcomes and their ability to fully participate in life. FOTA is a platform that has launched me into leadership opportunities and directed me in how to be an advocate for my clients, my colleagues and the profession as a whole." ~Becky Piazza, MS, OTR/L, BCPR

"FOTA is a synergistic group; a collection of practitioners and students whose cumulative effect and political influence is greater than just one person....Membership matters!! ~Shannon Miller, COTA

"FOTA helps me to stay connected with the occupational therapists in Florida." ~Sherrilene Classen, PhD, MPH, OTR/L, FAOTA

"Being a student member of FOTA is great because it provides resources to network and to make connections with practitioners, professors, and other students before getting out into the field!" ~Zoey Kramer, MOT-S

"FOTA allows me to network with other OTs in Florida and transition from being a graduate student into a health care professional." ~Nicole Martell, MOT-S

FOTA Mission

FOTA partners with its members, clients and the communities it serves in supporting practice, education and advocacy based on science and evidence.

FOTA Vision

FOTA represents occupational therapy practitioners in promoting best practice and in meeting the occupational needs of consumers and the community.



**FOTA20
KEYNOTE
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*"Celebrating Michael's retirement, from his children
Sarah, Brendan, and Emily"*



EDUCATOR OF THE YEAR AWARDS

Sunday at 11:00 am
During the FOTA awards ceremony

Keynote Speaker

KN-1
SAT. 11 AM
INTRODUCTORY

Human Trafficking

Dr. Nairruti Jani (Ph.D., LLM, MSW)
Mandatory training for licensure.

WORKSHOPS

WS-1
SAT. 8 AM
INTRODUCTORY
Gerontology

Medical Errors

Barbara Ingram-Rice OT, LMT, CLT
This program was designed to meet the criteria in Section 456.013(7), Florida Statutes, which mandates that two hours of continuing education in medical errors prevention is required for

licensure renewal in Florida.

OBJECTIVES: Be able to identify how to apply a systems approach to identify and reduce the risk for medical errors in the clinical environment to improve patient safety.

WS-2
SUN. 9 AM
INTRODUCTORY
Gerontology

Laws and Rules

Barbara Ingram-Rice OT, LMT, CLT
Designed to meet Florida's requirement for a two-hour course on Laws and Rules, the session will teach participants how to find the Occupational Therapy Practice Act, its purpose and what it means.

OBJECTIVES: Participants will understand their obligations under OT licensure, including supervision, continuing education, reporting unlicensed activity and disciplinary actions, if found in violation.

CONVERSATIONS THAT MATTER

CTM-1
SAT. 8 AM
INTERMEDIATE
Developmental
Disabilities

Evidence-Based Practices for Autism Across the Lifespan: Where are we as Florida Occupational Therapists?

Sarah Fabrizi PhD OTR/L, Annemarie Connor PhD OTR/L

Occupational therapists play a unique role in fostering inclusive environments that promote participation, interaction, and high quality of life among neurodiverse populations across the lifespan. In this conversation that matters, we discuss the most recent evidence-based practices in autism (Steinbrenner et al., 2020) and how these results relate to contemporary occupational therapy practice.

OBJECTIVES: Participants will be able to: explain current practices that have clear evidence of positive effects with children and youth with autism, discuss evidence-based practices in their own practice setting and the role of occupational therapy, analyze the specific practices and how they track across the lifespan to identify applicable settings for application and areas of need.

CTM-2
SAT 9 AM
Intermediate
Home Health

Surviving and Thriving during a Pandemic: OT in the home and community practice setting

Amanda Kotolski Ph.D., OTR/L

The current pandemic has made a significant impact in everyone's life. From rapidly changing guidelines, state and federal mandates, and shifting evidence

regarding COVID-19; Occupational Therapy continues to support patients and their families. Join us for a discussion on current practice matters.

OBJECTIVES: At the conclusion of this session, participants will be able to identify and implement practitioner well-being and self-care strategies; alternative decision-making strategies during COVID-19 for OT best practices and strategies to address special circumstance concerns regarding COVID-19.

CTM-3
SAT. 10 AM
INTERMEDIATE
Fieldwork

Collaborative Fieldwork Model

Linda Struckmeyer PhD, OTR/L, Becky Piazza, OTD, OTR/L, Michael Braun, MSOT, OTR/L, BCPR

This SIS Conservation that Matters will focus on the 2:1 model of student fieldwork supervision

during Level 2 fieldwork experiences. Participants will have the opportunity to gather resources and share what tips on success and overcoming barriers to this model. This discussion session is for both academic fieldwork coordinators, fieldwork educators and capstone site mentors.

OBJECTIVES: Define what collaborative model means, learn how to collaborate with school AFWC/CC and discuss logistics of having multiple students including confidentially issues of providing feedback

CTM-4
SAT. 12:30 PM
INTERMEDIATE
Education

Education Leadership and the COVID-19 Crisis

Kurt Hubbard PhD, OTD, OTR/L, FAOTA

The coronavirus is a global health emergency of unprecedented proportions. As education lead-

ers have responded to the crisis, many challenges and obstacles to providing essential educational services have emerged.

OBJECTIVES: This conversation that matters, hopes to capture and provide an opportunity for analysis and critique responses which have developed or transformed as the Corona Virus spread across the globe. Discuss the operational disruption in education by COVID-19, Discuss strategies that was used or were considered being used to circumvent the COVID-19 pandemic and identify barriers that continue in disseminating information to learners in education.

CTM-5
SAT. 1:30 PM
INTERMEDIATE
Occupational
Science

Living through the COVID-19 Pandemic: Contextualized through Voices of Coping and Hope

Ricardo Carrasco PhD, OTR/L, FAOTA

Nothing prepares anyone for life's adversities.

We are faced with the impact of COVID-19, a pandemic with shameless impunity, resulting in occupational disruption felt by all regardless of age, culture, education or location. This "Conversations" will share information regarding COVID-19, occupational disruption resulting from the pandemic, and changes in routines, roles and habits to cope with the new "normal."

OBJECTIVES: Discuss the occupational disruption perpetrated by COVID-19. Contextualize the concepts of occupational disruption through shared and vicarious experiences related to the pandemic and Identify change strategies found in scholarly, popular and shared sources

CTM-6
SAT. 3 PM
INTERMEDIATE
Mental Health

The OT Practitioner as a 'Qualified Mental Health Provider'- FOTA Efforts and OT Implications

Anjali Parti OTD, OTR/L, Mirtha Whaley, PhD, MPH, OTR/L, Thomas Laster, OTD, MA, OTR/L and Stanley Paul, PhD, MD, OTR/L

Florida ranks last in the US spending for mental health services

yet we have one of the most populous states. If an OT wants to create a business and bill for services, will insurance companies reimburse us? Do we understand the legislative process enough? OBJECTIVES: This presentation will aim to discuss how we can diversify our skills and achieve more through mental health approaches in OT. Update attendees on 'What's Up and What's New' with collaborative efforts with Governmental Affairs. What does it mean to be a QMHP and what does that mean for OT in the state of FL?. Needs Assessment- What we have learned through this process and update the group on the need for mental health providers in the state

CTM-7
SAT. 4 PM
ADVANCED
Administration
Management

On Actualizing the Smart and Feeling Leader Amid the COVID 19 Practice Environment Admn-Management

Michael Steinhauer OTR/L, MPH, FAOTA

The rapidly expanding COVID-19 epidemic presents clinical leaders with unprecedented challenges: leading teams through a crisis with unknown scope and end. As leaders work tirelessly to meet the many challenging moments that lay ahead, they must do so with "emotional intelligence." This intelligence requires a fierce orientation to organizational purpose, self awareness, self-regulation, empathy and compassion.

OBJECTIVES: Identify real and potential challenges that are experienced in the workplace, develop a process for addressing challenges and issues , assure that ongoing evaluations and re-evaluations of leadership interventions are effective

CTM-8
SUN. 8 AM
ADVANCED
Sensory Integration

Emerging assessments in sensory processing and integration: Asking the authors Sensory Integration

Gustavo Reinosa Ph.D., OTR/L

In this presentation, Dr. Reinosa will engage the audience in discussing some emerging measures in sensory processing and integration. It is incumbent upon occupational therapy clinicians, academicians, and fieldwork educators to keep themselves abreast of new and emerging measures and how they capture the construct of sensory integration and processing.

OBJECTIVES: Learn 3 new sensory processing and integration measures and how they capture sensory integration problems. Discuss how new measures can be implemented in your clinical practice, teaching, or supervisory role

CTM-9
SUN. 9 AM
INTRODUCTORY-
Work Programs

Creating the Ultimate Work Environment Through a Mask

Regina Bonyne OTR/L, CEAS II

For some there's nothing better than working from home. However, this can take a toll physically and mentally if one is not careful. This "Conversation" will share and facilitate healthy information regarding physical and mental changes that can be put in place to promote a positive work environment are one's home as we work through the new "normal".

OBJECTIVES: Identifying the recommended neutral body positions when working at one's computer and the impact on the body; 5 ways at home to help achieve neutral body positions when working at a computer and learn 5 self-care strategies to assist with promoting a healthy work environment when working at home.

CTM-10
SUN. 10 AM
INTRODUCTORY
Physical Disabilities

Occupational Therapy in Acute Care - OT Roles and Opportunities

Kristin Domville DrOT MOT OTR/L

Individuals who are admitted to acute care are experiencing some kind of critical medical condition. When admitted to acute care the primary goal is sustaining life by providing medical treatments and therapy to address life-threatening conditions. Occupational therapy is an essential service in acute care to improve an individual's occupational performance and prevent physical and cognitive decline. OBJECTIVES: Explore new policies and payment changes that impact the role of occupational therapy in acute care -understand the added value of OT to the critical care team, as well as, to the patient outcomes. -identify current opportunities and barriers to OT roles in acute care setting

CTM-11
SUN. 12:30 PM
ADVANCED
Physical Disabilities

Providing quality therapy to children with teletherapy

Kimberly Mckinney MOT, MPT, tDPT

At this changing time, how to present therapeutic solutions to our pediatric population a concern. For therapy to be beneficial there has to be engagement from children, but we also need support from families and caregivers. This is a forum to be able to openly discuss what techniques are working best for therapist to engage children and families as well as how to progress therapy when we aren't in a hands-on environment.

OBJECTIVES: During this session, participants will learn: what techniques are other therapists utilizing to engage children for beneficial treatment sessions; what are some effective strategies to elicit support from families and caregivers for productive therapy sessions; what are some techniques to use to effectively develop treatment plans.

CTM-12
SUN. 2 PM
INTRODUCTORY
Gerontology

You Can Make a Difference: The Value of Occupational Therapy in Geriatric Care during the Covid-19 Pandemic

Annette Bullard M.Ed., B.A., COTA/L , Anjali K. Parti, OTD, OTR/L

Join us for a collaborative discussion on the value of Occupational Therapy services and the current needs of senior citizens due to the Covid-19 pandemic. Seniors in all living situations, from independent to skilled nursing facilities, have been impacted by the latest infection control measures. The impact on senior families and senior caregivers has also been extensive and will be examined.

OBJECTIVES: Through an active discussion of the vast impact social isolation is making on today's senior citizens, their families and their caregivers, participants will increase awareness of their community needs and creative solutions for Occupational Therapy services making a positive impact. At the conclusion of this session, participants will be able to identify additional needs of senior clients that should be considered for Occupational Therapy services during the current pandemic.

CTM-13
SUN. 3 PM
INTRODUCTORY
Technology

Dialogue Exploring the Current Available Telehealth Resources and Tips for Implementing Telehealth in a Practice Area

Rick Davenport PhD, OTR/L

Telehealth is becoming ubiquitous and a necessity during this time of COVID-19 pandemic. This Conversations that Matter session will focus on discussing the current available telehealth resources and tips for implementing telehealth.

OBJECTIVES: Participants will be given the opportunity to share their telehealth experiences and discuss what telehealth resources/tips they are utilizing in their practice areas.

CTM-14
SUN. 3 PM
INTRODUCTORY
Wellness

Occupational Therapist's Life-Satisfaction in the Social Distanced and Virtual "Live" World

**Lawrence Faulkner PhD, L.O.T. ,
Barbara Ingram-Rice, OTR**

We have transitioned into a "Social Distance" culture for the safety of others. We know that an adapted strategy is often a less efficient method and can take a toll on the person both physically and emotionally. We will discuss the impact of virtual visits and masks on therapists. We will attempt to answer the question, "How are you maintaining life-satisfaction in your adapted practice?"

OBJECTIVES: By the end of this session, participants will learn how the transition to socially distanced occupational therapy practice affects their emotional wellbeing. Participants will learn coping strategies that they can use to reduce stressors during this time of socially distanced practice.

SHORT COURSES

SC-1
SAT. 8 AM
INTRODUCTORY
Fieldwork

Developing Clinical Competency and Advancing Experiential Learning Through Interactive Simulations

Maura Lavelle MS, OTR/L, CKTP , Wendy Brzozowski, BS, COTA/L , Clint Johnson, MA, CCC-SLP, CHSE

This course will review the history and benefits of simulations in the education and training of students in occupational therapy programs. Types of simulation modalities will be reviewed. Steps for selecting simulation modalities will be described. Finally, the process for integrating simulations into an OT curriculum and Fieldwork I Experiences will be discussed.

OBJECTIVES: Describe the history of the use of simulations in education and training and six key benefits. Explain the different types of simulation modalities and how to select an appropriate modality to meet specific goals and objectives and how to integrate simulations into an OT curriculum and how to utilize them in Fieldwork 1 experiences to meet specific competencies.

SC-2
SAT. 8 AM
INTERMEDIATE
Education

The Next Frontier: Bringing the Doctoral Capstone Experience & Project to your Facility

Linda Struckmeyer PhD, OTR/L , Pamela Kasyan-Howe, OTD, OTR/L

There is a need to develop collaboration between facilities and academic programs to develop partnerships for OTD student projects and experiences.

How can your facility partner with an academic program to support services at your facility? Participants will understand ACOTE standards, the two parts of the doctoral capstone, and be able to visualize how OTD student projects could support their workplace. OBJECTIVES: Explain the 2 parts of the doctoral capstone, Identify practical strategies to support OTD capstone students and collaborate with students and doctoral coordinators to develop capstone objectives

SC-3
SAT. 8 AM
INTRODUCTORY-
Physical Disabilities

Surgical Scars: Their Influence on Pain and Health in Occupational Therapy

Kelly Armstrong OTR/L, SIPT, MPP, PhD

This lecture will introduce the concepts of Scar Release Therapy which has local affects to tissue, ROM, and pain but also has an integral relationship to stress, Heart rate Variability, fascia and pain in distal areas. Scar Release Therapy (SRT) is an innovative breakthrough in scar reduction therapy using direct microcurrent for systemic homeostasis and post-operative pain management for Occupational therapy practitioners.

OBJECTIVES: Identify: role and influence of scars/traumas have on and the nervous system regulation, fascia and chronic PAIN; the relationship between the location of physical scars and location of chronic pain throughout the body and how scars may negatively influence Occupational Therapy outcomes.

SC-4
SAT. 8 AM
INTRODUCTORY
Admin-Management

Leadership and Non-Traditional Roles for Occupational Therapy Assistants

Andre' Johnson COTA/L, BHS

This short course will discuss the importance of occupational therapy assistant leadership in the OT profession. Participants will be informed on the importance of membership in state and national associations and leadership opportunities within these organizations. Non-traditional occupational therapy assistant jobs and roles will be discussed and the importance of mentorship and networking will be emphasized.

OBJECTIVES: Importance of membership in state & national associations and leadership opportunities, Identify non-traditional occupational therapy assistant roles and opportunities and Identify the benefits of mentorship and professional networking

SC-5
SAT. 9 AM
INTERMEDIATE-
Fieldwork

FLOTEC: Ethics in Today's Fieldwork Experiences

Pamela Kasyan-Howe OTD , PhD

There is a need to explore ethical-decision making resources in FW. This session will address aspects of the current academic and healthcare environment presenting ethical challenges to fieldwork students and educators. Use of case-based scenarios, interactive discussion, addressing ethical issues emerging in FW will be analyzed. Resources to address these issues and remediation will be discussed. Identify practical strategies in ethically-challenging fieldwork situations using analysis of video-based case studies. Utilize at least one framework/resource to guide options in the ethical decision-making process. Recommend scoring guidelines for assessing ethical performance on the AOTA Fieldwork Performance Evaluation.

SC-6
SAT. 9 AM
INTRODUCTORY
Physical Disabilities

Acute Care 101: Lines, Leads, and Lab Values Oh My!

Becky Piazza OTD, MS, OTR/L, BCPR, Lauren Viziri MOT, OTR/L, Kellan Quigley MOT, OTR/L, Kathryn Campbell OTR/L and Annie Wendig MOT, OTR/L

Our panel of advanced practitioners are here to help! These wizards of acute care best practices represent four healthcare organizations across the state and will share their expertise in how to prepare for and succeed as a level II fieldwork student, as an entry level clinician, or as an experienced clinician who is new to the acute care setting.

OBJECTIVES: Identify the culture of interdisciplinary inpatient acute clinical practice, Recognize the entry-level competencies required for success in the inpatient acute environment, Develop OT driven initiatives to elevate an occupation-based approach in acute care

SC-7
SAT. 9 AM
INTRODUCTORY
Work Programs

Vocational Fit Assessment: A Data Driven Approach to Job Matching

Jessica Kramer PhD, OTR/L, Elizabeth Kennelly-Smith, M.Ed

The Vocational Fit Assessment(VFA) is an evidence-based, free-to-use web-app that measures both worker abilities and job demands.

After rating, a report displays the pros and cons of each potential job match. This presentation will review the design and administration of the VFA and a case example using the VFA report.

OBJECTIVES: Describe the validity and reliability evidence of the VFA. Apply a VFA report to a case example and Interpret results of the VFA.

SC-8
SAT. 9 AM
INTRODUCTORY
Fieldwork

MLD & Halotherapy For Covid

Elisa DiFalco MS, OT, CMLDT, LMT

Auto immune conditions affecting lymphatics of the head are particularly challenging. MLD, improves lymph flow and eradicate toxins. But, the synergetic effects of halo therapy (a form of salt therapy) from Eastern European salt hospitals is

now available in the U.S. Could halotherapy help and how? Attend this course and discover the evidence-based answer.

OBJECTIVES: Learners will identify three components that differentiate salt therapy from halo therapy, explain/discuss the benefits of halo therapy to lymph viscosity and will perform a mini "Self Care MLD" for the face.

SC-9
SAT. 10 AM
INTRODUCTORY
School Systems

Collaborating With Teachers to Embed Handwriting During Class Requires Effective Strategies, Evidence & Experience

Beverly Moskowitz DOT FAOTA

The challenge of teaching handwriting is complicated by limited time, resources and appreciation for the neurosciences supporting this vital skill. AOTA's Vision 2025 compels OTs to be leaders advocating for putting pencil to paper even in the age of technology. The good news is that research identified a concept-driven approach that uses memorable mnemonics as the most effective means to teach handwriting.

OBJECTIVES: Describe the research supporting the efficacy of the Size Matters Handwriting Program, explain, recite and instruct the key concepts, including scoring for letter size according to the Size Matters Handwriting Program and recall /describe 2-3 ways SMHP can be embedded across the curriculum.

SC-10
SAT. 10 AM
INTERMEDIATE
Occupational
Science

The Model of Doing for Occupational Therapy

Helen Carey PhD, MSc, Dip COT, OTR/L

The Model of Doing provides a framework for contemporary occupational therapy delivery.

The Model was conceived from a five year case based research and is now applied by UK

occupational therapists in a wide range of settings; physical and mental health. This Model resonates with the challenges in US delivery. The Model enables critical debate to contemporary occupational therapy delivery.

OBJECTIVES: To apply the Model of Doing to contemporary occupational therapy clinical reasoning. To identify the challenges in reality of US occupational therapy delivery in reflecting occupational therapy philosophy. To assimilate utilising model of doing to own clinical area of occupational therapy.

SC-11
SAT. 12:30 AM
ADVANCED
Physical Disabilities

Utilising exercise in the form of everyday doing for people with Amyotrophic Lateral Sclerosis

Helen Carey PhD, MSc, Dip COT, OTR/L

A five year case based study enabled occupational therapists to more clearly answer the

question asked frequently by people with amyotrophic lateral sclerosis (ALS) "how much should I do?" This is the

first study in the impact of "doing" as exercise for people with ALS. It provides new understanding to how increasing activity level impacts upon people with ALS and challenges current energy conservation practice. activity level impacts upon people with ALS and challenges current energy conservation practice.

OBJECTIVES: To ascertain impact of mild/moderate exercise on people with ALS, clarify how optimum level of exercise can be translated into daily activity for people with ALS and provide recommendations to how occupational therapists can enable positive outcomes through application of challenge in activity for people with ALS Advanced

SC-12
SAT. 12:30 AM
INTERMEDIATE
Research

Usability & Reliability of the Pediatric Evaluation of Disability Inventory-Patient Reported Outcome (PEDI-PRO) Software Interface for Youth with DD

Jessica Kramer PhD, OTR/L

Elizabeth Kennelly-Smith, M.Ed

Assessment developers recognize that technology can enhance the accessibility of educational tests for youth

with disabilities (Beddow, 2012). The PEDI-PRO is an app-based PROM designed for transition age youth with DD ages 14-22; it measures perceived performance of Daily Activities, Social/Cognitive, and Mobility functional skills.

OBJECTIVES: Describe the accessibility features of the PEDI-PRO and how clinicians and transition age youth with DD perceive its usability. Describe the consistency/reliability of responses of transition-age youth with IDD when using the PEDI-PRO software.

SC-13
SAT. 12:30 PM
INTERMEDIATE
Developmental
Disabilities

The Hippotherapy Assessment and Evaluation Tool (HEAT): Development of Training Materials

Mary Shotwell PhD, OT/L, FAOTA ,
Emily Peoples, OTD, OTR/L

The Hippotherapy Evaluation and Assessment Tool (HEAT) and the appropriate literature regarding hippotherapy, review the assessment and administration, as well as answer questions for therapists interested in incorporating it into their practice.

OBJECTIVES: Understand the process of validating the HEAT, Explore outcomes of various studies regarding its reliability and validity, Understand the process of digitizing training materials and connecting with clinicians who might want to employ the HEAT in clinical practice
Intermediate

SC-14
SAT. 1:30 AM
INTERMEDIATE
Wellness

Health and Well-being Pursuits, Supporting Persons, Groups and Populations Amid the COVID-19 Global Pandemic

Marcia Hamilton OTD, MSHS, OTR/L, BCP

The challenges inherent to the COVID-19 global pandemic, call to action, ability to mitigate occupational risk factors, while supporting health and wellbeing, through promotion of occupational resilience. Based on a population health practice model, evidence supports concern for vulnerable populations and increases awareness of the urgency for broadened impact of practice through use of technology. OBJECTIVES: View research supporting understanding of current challenges to overall well-being of individuals and loved ones experiencing impact, front line health care workers, first responders and vulnerable populations. Construct knowledge, as occupational therapists, of the impact of the use of Fourth Industrial Revolution technologies, such as progressive virtualization in delivery of telehealth, to support health care and current health and wellbeing activities. Evaluate and create an understanding of the needed roles of OT's in supporting individual, community and population capacity to engage in health and wellbeing practices, during this humanitarian crisis.

SC-15
SAT. 1:30 PM
INTERMEDIATE
Gerontology

Positioning the Elderly to Reduce the Incidence of Pressure Injuries

Teka Clark OTD, MOT, OTR/L

An OT's unique role is to prevent pressure injuries and properly manage them when they occur, maintain or improve a client's quality of life, and restore their ability to continue to engage in meaningful occupations (Amini, 2018). Through understanding evidence-based research, OTs follow best-practice recommendations to prevent or reduce the incidence of pressure injuries in the elderly population.

OBJECTIVES: Participants will define pressure-injury reduction methods and products and the OT's role of instructing others in proper use, List best-practice recommendations for positioning the elderly for pressure-injury reduction for immediate application in OT practice in all postures. In small working groups of three to five, participants will discuss how they would adapt positioning that enables non weight bearing postures for engagement in daily occupation-based activities. The smaller groups will report their suggestions to the larger group.

SC-16
SAT. 1:30 PM
INTERMEDIATE
Education

Early Childhood in COVID: Supporting Collaboration in Early Childhood ASD Classrooms with Educators and Families

Hannah Ehrli Ed.D. , Vesna Candic, OTR/L

Serving children in the today in school and home settings can be challenging. To balance medical and educational perspectives collaboration is paramount. Families are overwhelmed with strategies and there are limited avenues for communication in each setting of school, private practice and home environments. Multidisciplinary team practitioners can develop a model to support all.

OBJECTIVES: Discuss models and reasons and outcomes for collaborative practice home, school, therapy practice and global perspectives-why and so what. How to create safe home packets to make and create ownership in classroom settings and home use with hands on material and technology support. Understanding how to support early childhood educators in Covid without having to qualify for services

SC-17
SAT. 1:30 PM
INTRODUCTORY
Education

Exploring our PADL's - the Occupation of Advocacy

Elise Bloch Ed.D., OT/L

This presentation will introduce participants to the many facets of advocacy and the critical role of OT as an advocate. Participants will understand basic skills and methods of effective advocacy in our current health care environment. The process of health policy making will be reviewed. Participants will be provided with resources to continue their advocacy education and journey. OBJECTIVES: Participates will articulate the role of the occupational therapist as an advocate at the clinical, professional and health care environment level; discuss/practice the basic skills of effective advocacy and describe the 3 phases of policymaking process.

SC-18
SAT. 3 PM
INTERMEDIATE
Home Health

Telehealth and Home Modification Services During the COVID-19 Pandemic

Megan Dadez OTD, OTR/L, CAPS,
Barbara Taylor, OTR/L, CHT, CAPS

Due to the COVID-19 pandemic, the ability to physically enter a client's home is limited. During this time of constant change, clinicians may be questioning their ability to effectively perform home modification assessments and interventions. This training shares practices from certified aging in place specialists about how to be successful with remote home modifications.

OBJECTIVES: Learn how to utilize 3 different forms of telecommunication technologies to perform an effective home accessibility assessment remotely, administer 3 outcome measures via telehealth services to assess functional performance and life satisfaction, utilize telehealth services to remotely identify barriers and solutions to occupational performance within the home environment.

SC-19
SAT. 3 PM
ADVANCED
Admn-Management

Newly Defined Roles for Occupational Therapy Practitioners in Emergencies and Disasters

Michael Steinhauer OTR/L, MPH, FAOTA

"The profession of occupational therapy has matured in the past 2 decades evolving toward a greater understanding on how OTs and OTAs can contribute to the preparedness and response efforts

of government and non profits during an emergency or disaster. Traditional roles for OT participation in emergencies have been previously delineated. This presentation will be in dialog format, and expands on the role and contribution of OTs in this practice setting addressing non traditional OT service to public safety readiness and response.

OBJECTIVES: Define the traditional roles for occupational therapy practitioners in emergencies and disasters; the emerging practice areas and roles for occupational therapy practitioners in emergencies and disasters and delineate the skills and competencies necessary for leadership of OT services to those entities who support emergency management services.

SC-20
SAT. 3 PM
INTRODUCTORY
Admn-Management

Governmental Affairs & You: Advocating for Our Profession

Danielle Kleinberg OTS , Sharon Rosenberg, OTR/L , Corinne Hutchison, OTS, Linda Struckmeyer, PhD, OTR/L

The short course includes a presentation on FOTA governmental affairs initiative, interactive resources to engage practitioners in advocacy efforts, and skills to foster a duty to be a voice for our profession. Participants will have the opportunity to learn how to use technology to host their own call to action event with colleagues.

OBJECTIVES: Understand the importance of taking an active role in governmental affairs with FOTA. Identify 3 methods for increasing personal advocacy for the profession. Develop skills to host their own call of action event.

SC-21
SAT. 4 PM
ADVANCED
Home Health

The Bladder connection: How OT can provide measurable outcomes in treatment of Bladder Incontinence

Sira Botes OTR/L CHT CDP

Bladder incontinence issues in our elderly population leads to social, economic and wellness complications. Placement in long term care facilities are often contributed to incontinence. It is also one of the prominent reasons for injuries and falls in the home leading to hospitalizations. Often associated with shame and isolation, OT intervention targets the needs of the person as a whole with wonderful results. **OBJECTIVES:** How to appropriately assess and target the different types of bladder incontinence, understanding the impact of bladder irritants and lifestyle choices on the bladder, understanding and implementing the 6 interventions that will change your patient's life (hydration/toileting/hygiene/pelvic floor exercises/urge control/bladder emptying techniques/night time routine)

SC-22
SAT. 4 PM
Intermediate
Physical Disabilities

Evidence-Based Therapy For Complex Regional Pain Syndrome: Training The Brain To Decrease The Pain!

Anne Moscony OTD, CHT

Chronic Regional Pain Syndrome (CRPS) is a rare multifactorial condition. More than 40% of cases develop after a fracture, e.g., a wrist fracture. OTs who treat people following a wrist fracture may be first to identify and address early CRPS, thus reducing associated course and costs. This presentation will summarize research and provide cost-effective and evidence-based intervention strategies.

OBJECTIVES: Describe three evidence-based OT interventions that can be utilized with the adult CRPS population. Identify population characteristics, as well as early signs and symptoms of CRPS. Identify resources for both the OT and the patient with CRPS for understanding this condition and for treating it.

SC-23
SAT. 4 PM
ADVANCED
Technology

Leveraging Telehealth to Enhance Occupational Therapy Intervention and Support to Vulnerable Children and Families during Pandemics and Beyond

Evelyn Terrell OTD, MS/HS, OTR/L, Gema Salvaggio M.S., OTR/L , Dr. Saima Aftab

Telehealth is an effective tool in reducing exposure to COVID-19 and will continue to play a pivotal role in occupational therapy. Technological advances and innovative virtual care models can increase accessibility, affordability and transform healthcare delivery. This course describes facilitators to program implementation, outcomes and best practices for children across the care continuum.

OBJECTIVES: Recognize the impact of increased telehealth adoption, access, and continuity of care, to transform occupational therapy service, Identify best practices and facilitators for expansion of virtual healthcare services and optimal user experience to meet the needs of high risk children and describe telehealth opportunities in OT to facilitate early intervention setting, support consultative coaching models, and enhance delivery of services.

SC-24
SUN. 8AM
INTRODUCTORY
Education

Supporting Students with Executive Function Deficits in the Postsecondary Environment

Kiera Anderson, OTR/L & Tahnee L. Wilder, MS.CCC-SLP

Research indicates dysfunction in executive function (EF) skills are correlated with increased levels of anxiety, and high-incidence disabilities. Occupational therapy can provide supports and positive guidance needed to address deficits in EF skills for those in postsecondary years to ensure occupational success.

OBJECTIVES: Describe executive function skills and specify the impact of deficits in the postsecondary learning environment. Identify components of the Universal Design for Learning framework and apply these components to client-centered goals for the purpose of supporting executive function skills. Describe components of the Intentional Relationship Model and understand how this model will guide a sustainable therapeutic relationship allowing for individualized successful outcomes.

SC-25
SUN. 8AM
INTRODUCTORY
Wellness

Occupational Deprivation, and Isolation: Supporting Co-Occupations for Hospitalized Infants and their Parents

Kelly Simpson Dr.OT, OTR/L, BCP, CNT, NTMTC

Occupational deprivation and isolation is common for both hospitalized, preterm infants and their parents. The experience of hospitalization leads to stress, shame, anxiety, and post-traumatic stress disorder for families of NICU infants. This presentation will discuss a program designed to reduce isolation, and improve confidence, occupational engagement, and self-efficacy of parents in the NICU.

OBJECTIVES: Define the 5 stages of occupational injustice according to Townsend and Wilcock to improve ability to address occupational injustice in patients and their caregivers. Identify at least three strategies to improve the occupational engagement of preterm infants and identify at least three strategies to address the experience of occupational imbalance in the caregivers of hospitalized children.

SC-26
SUN. 8 AM
INTERMEDIATE
Education

This will guide OTs transitioning from clinic to academia and similarities and differences between the two environments and cultures

Rick Davenport Ph.D., OTR/L ,

Husny Amerih, PhD, OTR/L, CKTI

This will guide occupational therapists, transitioning from clinic to academia. Insights on the similarities and differences between the two environments and cultures. Topics such as: pedagogy/classroom management skills and generational implications that affect OT education process, and the transition of the new faculty from clinician to academician.

OBJECTIVES: Learn about the differences and similarities between academia and the clinic: aspects of workplace culture, structure, flexibility, autonomy, schedules and accountability. Discuss pros/cons, and tips on facilitating the transition. Dealing with clients vs. dealing with students and the transfer of knowledge and be introduced to resources and tips to facilitate their own transition.

SC-27
SUN. 9 AM
INTRODUCTORY
Developmental
Disabilities

Articulation beyond language: Collaborations between the fields of Occupational and Speech Therapy

Prerna Poojary PhD, OTR/L, CLWT,
Sharon M Difino, PhD, CCC-SLP,

Consuelo M Kreider, PhD, OTR/L

The purpose of this presentation is to describe the types of language errors in verbal discourse and the challenges experienced by academically successful college students diagnosed with dyslexia and learning disabilities, and its impacts on occupational performance and psychological well-being. Collaborations between OT and ST will assist with an improved ability to address this from an inter professional perspective.

OBJECTIVES: Define language errors in and its functional impact in college students with dyslexia and learning disabilities. Demonstrate the ability to define the boundaries of the professional roles between occupational and speech therapists to enhance outcomes and functionality in college students with dyslexia and learning disorders. Support the need for evidence based inter professional roles in improved psycho social adaptation of college students.

SC-28
SUN. 9 AM
INTERMEDIATE
Education

Integrative Medicine and Health Promotion Approaches, Embedded within Holistic Occupation Therapy Practice: Reducing the Burden of Pain

Marcia Hamilton OTD, MSHS, OTR/L, BCP

As OTs, we help people manage pain and overcome barriers to participation. We promote and enable return to valued occupations. Addiction, anxiety, depression, poorly perceived health and reduced quality-of-life are co-morbidities of pain. With COVID-19, society faces increased prevalence of pain. To promote best outcomes it is imperative to embed integrative medicine measures into practice to support wellbeing.

OBJECTIVES: Identify and discuss the complex differential diagnosis and neural mechanisms of both acute and chronic nociceptive and neuropathic pain and pain relief. Define and discuss integrative medicine measures that can be embedded within occupational therapy practice, such as mind-body techniques, therapeutic activities promoting forgiveness and gratitude, use of modalities and kinesiology tape combined with therapeutic

exercise to increase capacity and directed at restoring health and quality of life while decreasing burden of suffering. Advance health literacy in knowledge of integrative medicine interventions outside of the scope of occupational therapy practice, including use of botanicals such as cannabinoids in the management of difficult to treat pain, Ayurveda, homeopathy, acupuncture, chiropractic care and massage therapy directed at restoring health and quality of life while decreasing burden of suffering.

SC-29
SUN. 9 AM
INTERMEDIATE
Education

Neuro-Handling for the Hemiplegic Shoulder

Michelle Weinberg OTR/L, MS, CSRS, GTS

In the years that I have worked with stroke patients I have recognized the dire need for proper positioning, handling, and the functional recovery process for hemiplegic arms. I would like to share the recent evidence based practice and tips for the stroke recovery process.

OBJECTIVES: Identify pathomechanics and review shoulder joint mobilizations of the shoulder as related to hemiplegia. Identify exercises to restore optimal shoulder biomechanics and pain free motion. Explain expected outcomes when using evidence based practice to manage shoulder pain and shoulder ROM

SC-30
SUN. 10 AM
INTERMEDIATE
Admin-Management

Occupation-Centered Leadership in Changing Times

Sandra Dunbar-Smalley DPA, OTR/L, FAOTA

This session will highlight the application of an occupational therapy theoretical perspective for contemporary leadership. Participants will engage in discussions with cases and identify their own leadership strengths. Occupational therapists in a variety of roles will benefit from the application of leadership concepts, as a means of adapting to a changing environment. **OBJECTIVES:** Identify personal leadership strengths and areas to develop. Apply the Person-Environment-Occupation Model to contemporary leadership. Understand leadership theoretical perspectives for effective management, academic and clinical roles

SC-31
SUN. 10 AM
INTERMEDIATE
Wellness

Promoting Safe, Comfortable Sex: Efficacy of an Occupational Therapy Program

Melanie Mariani OTD-S , Erin Helms OTD-S ,
Hannah Hubbard OTD-S , Erica Stewart OTD-S

Sexuality and intimacy are essential aspects of an individual's well-being (Buttaro et al., 2014). The aim and purpose of this study was to provide an effective program for healthcare workers to use as a guide when discussing sexual activity and sexuality with their clients. This study is significant due to the fact that current research and sexual health literacy campaigning leaves out older adults (Nash et al., 2015).

OBJECTIVES: Develop an increased awareness of the role that occupational therapists have when discussing sexual activity and intimacy with older adults. Understand the barriers, challenges, safety precautions, and risks related to older adults sexuality. Identify and utilize techniques to discuss sexuality with older adults and provide suggestions and insight to promote safe and comfortable sex and enhance the OT practitioner's skill set.

SC-32
SUN. 10 AM
INTERMEDIATE
Physical Disabilities

Scleroderma Hacks

Cheryl Albright OTR/L, C-IAYT, Lori Pierce

This short course will discuss the "hacks" or adaptations that have allowed a patient with Scleroderma to go from complete dependence on a caregiver to

complete independence on 8 acres of land plus traveling.
OBJECTIVES: Basic etiology of Scleroderma. Identify inexpensive items that can be used to assist with independence. Lifestyle and mindset changes as part of the therapeutic process

SC-33
 SUN. 12:30 PM
 INTERMEDIATE
 Admin-Management
 Physical Disabilities

Right Patient, Right Time, Right Frequency

Carlos Perez OTR/L, Kelly Simpson, Dr.OT, OTR/L, BCP, CNT, NTMTC

Occupational therapists in the acute care setting are often challenged with recommending the number of treatments necessary to achieve desired goals. Many use staffing levels as a method to recommend frequency, rather than using an individualized approach. Participants will be introduced to a tool that will assist in standardizing recommendations to improve practice care delivery across acute care hospitals.

OBJECTIVES: At the end of this course, the participants will be able to: Understand the need to have a standardized tool to determine the appropriate "dosage" of occupational therapy treatments. Have the information necessary to develop a tool to standardize the frequency of Occupational Therapy intervention at their workplace. Apply a variety of medical and client factors to each patient to specify the desired frequency.

SC-34
 SUN. 11:20 PM
 INTRODUCTORY
 Education

SOTA Officer and Faculty Advisor Networking

Linda Struckmeyer PhD, OTR/L,

Corrine Hutchison, OTS, Madison Wallace

This short course include a presentation on increasing student involvement and leadership opportunities within local, state, and national OT organizations. Student occupational therapy association officers will then have the opportunity to share leadership ideas and network with other OT student leaders. SOTA faculty advisors are welcome to attend. **OBJECTIVES:** Student occupational therapy association officers and SOTA faculty advisors will: Identify 3 methods for increasing student involvement, Identify local SOTA roles in FOTA and AOTA and network with other Florida SOTA officers.

SC-30
 SUN. 2 PM
 INTRODUCTORY-
 Admin-Management

Navigating the transition from new graduate to practitioner

Sue Ram OTR/L

Soon after graduation, OT/OTA students may find themselves at a roadblock in terms of what to do next. Determining how/when to prepare for the board exam, learning how to navigate the job search, and understanding the interview process can be intimidating, especially without ample guidance. This presentation seeks to support students with strategies to navigate the transition.

OBJECTIVES: Identify 2-3 resources to begin the job search. Discuss 2-3 strategies for developing post-graduate goals. Learn 4-5 helpful tips for the resume/interview process.

SC-36
 SUN. 2 PM
 INTERMEDIATE
 Technology

Telehealth Services: Equal Access Clinic at University of Florida Occupational Therapy Clinic

Perna Poojary PhD, OTR/L, CLWT

The COVID-19 pandemic presents a challenge to in-person OT services. This course describes the University of Florida Equal Access Clinic's experience transitioning to a telehealth format to provide services in a student run, faculty facilitated clinic. Success

and pitfalls will be discussed with establishment of potential parameters for continuing telehealth services and to optimize OT service delivery.

OBJECTIVES: Discuss the successes and pitfalls while transitioning to telehealth platform during the COVID-19 crisis. Demonstrate a solution based approach based on concept making of the barriers experienced during the transition. Support the need for provision of continued telehealth services post the COVID-19 pandemic.

SC-37
 SUN. 3 pm
 INTRODUCTORY
 Education

A Model for Developing Cultural Humility

Toni Thompson DrOT, OTR/L

Culturally appropriate occupational therapy requires more than knowledge of cultural customs and artifacts. Cultural humility is an approach focused on learning and awareness of bias in working with diverse people. Seeking Similarities and Dissipating Differences offers an interactive experience to quickly discover foundational similarities on which to build occupational therapy interventions.

OBJECTIVES: The participant will identify essential components of culture; experience a hands-on technique to determine similarities among participants and determine how to utilize found similarities for a foundation in occupational therapy intervention and education.

SC-38
 SUN. 3 PM
 INTRODUCTORY
 Developmental
 Disabilities

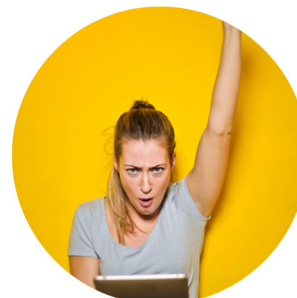
Chronic Stress: The Silent Cause of Collapse in Children with Autism Spectrum Disorder

Nelson Gonzalez OTR/L, RFS, CHHC, CCT, CPMT, CLT

Chronic stress and anxiety, often unrecognized, is more commonly observed in youth with Autism Spectrum Disorder (ASD) compared to typically developing peers or youth with other disabilities. To manage impairments caused by chronic stress, occupational therapy provides targeted interventions aimed at improving the overall functioning of the gut-brain-environmental connection.

OBJECTIVES: Understand the Sympathetic Nervous System's Role in Anxiety. Understand the Role The Gastrointestinal System and Sleep have on Anxiety in those with Autism Spectrum Disorder. Easy to Implement Strategies to Assist in Decreasing Anxiety and Chronic Stress on those with Autism Spectrum Disorder

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WIN
 PRIZES

BRAIN
 BREAKS



PROFESSIONAL POSTERS

PP1-1
SAT. 12:30 PM
Introductory
Gerontology

Telematic Intervention in Occupational Therapy for People with Alzheimer

Cristina Nieves Perdomo Delgado OTD

Occupational therapy, either face-to-face or at a distance through information and communication technologies, can offer services to all those who

are in isolation or in a location without resources. The purpose of this study is to identify intervention strategies that can be carried out telematically with people with Alzheimer's and their families from Occupational Therapy.

OBJECTIVES: Advantages and Limitations of Telematic Intervention in Occupational Therapy Interventions, uses and telematic practices of Occupational Therapy in Alzheimer

PP1-2
SAT. 12:30 PM
INTRODUCTORY
Research

A Quasi-Experimental Review of a Guided Tutorial Program (GTP) to Increase Baseline Understanding, and Overall Median Grade Point average of a Science Laden Anatomy Course

Jose Rafols OTD, MHSA, OTR/L, CEAS,

Stanley Paul, PhD, MD, OTR/L

This research study looked at the effectiveness of a newly implemented Graduate Tutorial Program (GTP) for teaching graduate-level anatomy course. The median grade point average of students from two semesters was compared in order to assess its benefits and implications.

OBJECTIVES: New and innovative methods for teaching and learning basic science subjects (Anatomy and Neuro-Anatomy) are discussed. The results of a new and innovative GTP (Graduate Tutorial Program) that was piloted at a large health sciences university is discussed in detail. The results of this study can provide information about new and innovative models for teaching complex courses and content and guide occupational therapy education.

PP1-4
SAT. 12:40 PM
INTRODUCTORY
School Systems

The development of Steppin' Up for Success: A Transition Program for Sixth-Graders

Darlene Guckenberger Dr.OT, OTR/L

School transitions can be challenging for students. Adolescents engage in occupations of education, leisure, social participation, and ADLs. Occupational therapy is perfectly positioned to

assist with successful transitions through a positive mental health universal approach. Steppin' Up for Success: A Transition Program for Sixth-Graders was developed to assist the transition to junior high.

OBJECTIVES: Identify student characteristics needed for a successful transition to junior high school. Discuss the hierarchical needs of a junior high school student. Identify the occupational components of the Steppin' Up for Success Program

PP1-5
SAT. 12:40 PM
INTRODUCTORY
Research

Stakeholder Perceptions on Transitioned Foster Youth Work Outcomes: A Mixed Methods Study in San Antonio

Bonnie Inkel Dr. OT, MPA, OTR/L

This mixed methods examination of stakeholder perceptions on transitioned foster youth work outcomes is an important step in recognizing

strengths, barriers, characteristics, and opportunities for occupational therapy collaboration. Occupational therapy practitioners

should seek collaborative relationships with community-based agencies to advance AOTA's Vision 2025 for transitioning foster youth.

OBJECTIVES: Recognize the value of stakeholder perceptions. Identify strengths, barriers, and characteristics of transitioned foster youth, an at-risk population not traditionally receiving occupational therapy services. Identify how Vision 2025 supports opportunities for occupational therapy collaborative relationships to improve transitioned youth work outcomes

PP1-6
SAT. 12:50 PM
INTERMEDIATE
Gerontology

Robotic Rehabilitation effect on unilateral spatial neglect in patients with acute stroke

Samuel Chege OTR/L, MS, DHS, C/NDT

Methods: Quasi-Experimental design with test - post test, a sample of convenience; Purpose:

systematically track changes occurring with the normal use of the InMotion2 robot & quantify its effectiveness in unilateral spatial neglect intervention. Time: January 2019 to May, 2019. Sample: 16 (11/5, Control/Robotic). Results: positive outcomes, no statistically significant difference between the groups. Promote early intervention.

OBJECTIVES: The participant will understand the rationale of cluster deficits with theoretical relationship during the intervention; understand the use of robotic intervention as a tool to augment OT intervention and will learn the importance of early intervention to alleviate unilateral spatial neglect.

PP1-7
SAT. 12:50 PM
INTRODUCTORY

Analyzing Maladaptive Mealtime Behaviors and Parental Stress for Parents of Children with Pediatric Feeding Disorders and Co-occurring Autism Spectrum Disorders

Andrea Patino OTD-S, Dr. Pamela Ann Kasyan-Howe, OTD, OTR/L, Jennifer Sherm, MOTR/L, Dr. Stanley Paul, PhD, MD, OTD

This capstone research used a guided interview method to study parents of children diagnosed with Pediatric Feeding Disorders (PFD) and co-occurring Autism Spectrum Disorders (ASD). Based on the results of the study, specific treatment strategies were suggested to effectively manage mealtime behaviors and parental stress.

OBJECTIVES: Understanding pediatric feeding disorders and co-occurring ASD, mealtime routines, family dynamics, and parental stress. Specific treatment strategies on how to manage mealtime behaviors and parental stress. The results of this study can provide vital information that can guide occupational therapy practice for children and parents of PFD and ASD.

PP1-8
SAT. 1 PM
INTRODUCTORY

The Role of Occupational Therapy with Refugees and Displaced Populations

Khalil Mrabe, Dr. Stanley Paul, PhD, MD, OTR/L

A mixed-methods study was conducted with personnel who work with refugee populations that included caseworkers, policy/program coordinators, communication officers, and public health specialists. Feedback from the survey results were used to identify the occupational needs of refugees and make the appropriate recommendations for OT services.

OBJECTIVES: Discuss the various physical and mental stressors faced by various refugee populations. Identify the specific occupational needs of the refugee population. Advocacy for refugee services and recommendations on how to serve the occupational needs of this displaced and marginalized population.

PP1-9
SAT. 1 PM
INTRODUCTORY
Developmental
Disabilities

Using an Occupational Lens in Guiding Mentors without Disabilities in their Mentorship of Undergraduates with Learning Disabilities and ADHD

Sharon Medina MOT, OTR/L,
Consuelo Kreider, PhD, OTR/L

This qualitative analysis explicates the disability-related knowledge needs of 57 graduate students who mentored 52 undergraduates with learning disabilities and attention-deficit/hyperactivity disorder. Findings identified key disability information that mentors needed. This disability-informed mentorship provided ecological support for meeting students' holistic occupational performance needs.

OBJECTIVES: Understand how an occupational lens was used to guide development of a mentorship intervention for supporting undergraduates with LD/ADHD on a college campus. Identify disability-related understandings that graduate student mentors without disabilities need for providing holistic support of their undergraduate mentees with LD/ADHD. Reflect on ways that occupational therapists can support mentors in understanding mentee's occupational performance challenges and assist mentors in developing strategies for supporting mentees disability-related needs.

PP1-10
SAT. 1:10 PM
INTRODUCTORY
Education

Leadership Development in Graduate Students at AdventHealth University: A mixed-methods study

Christine Moghimi ScD, MAS, OTR/L

Healthcare leadership is vital in successfully addressing quality of care, patient safety and cost efficiencies. Graduates entering healthcare require confidence in their abilities to lead in order to contribute to successful patient care experiences, as well as develop their professional/personal growth. This study explored the self-perception of leadership in PT and OT graduate students.

OBJECTIVES: Participants will learn how leadership is embedded in university and departmental mission statements; course descriptions and objectives across healthcare disciplines at AdventHealth University. Will learn how students' self-perception of leadership skills were measured and the challenges of instilling in new graduates the skills, knowledge and confidence of being a leader in today's healthcare environment.

PP1-11
SAT. 1:10 PM
INTRODUCTORY
Technology

Occupational Therapy Practitioners' Perceptions about the use of Assistive Technology in Public Schools in Puerto Rico

Samantha Rodriguez OTD, OTR,
Stanley Paul, PhD, MD, OTR/L

This survey study looked at OT practitioner's perceptions about the use of Assistive Technology in public schools in Puerto Rico. The results highlighted occupational therapy clinicians' knowledge level, familiarity, utilization, as well as their overall perceptions regarding the benefits of AT for children with various needs within a school-based setting.

OBJECTIVES: Understanding the Assistive technology and laws and rules regarding the use of AT in public schools in Puerto Rico and United States. OT impact in the public schools in meeting the student needs ranging from elementary grades to high-school students. The results of this study can provide vital information that can serve to guide occupational therapy practice in school-based settings.

PP1-12
SAT. 1:20 PM
INTRODUCTORY
Education

Down the Rabbit Hole: A Grounded Theory on Transitioning from Practice to Academia

Margo Kreger EdD, MS, OTR/L

Moving from practice to academia is similar to entering a different world and culture. Under-

standing the experience assists institutional programs and their faculty members to provide the supports needed to successfully retain novice educators that have valuable experience in the practice setting. It will also guide those interested in joining the academic setting in a smoother transition.

OBJECTIVES: Identify the possible barriers encountered in the process of transitioning to academia. Identify what supports are valuable in assisting in the process of transitioning to academia. Recognize the different stages of the process and which supports are most valuable at that time of the transition.

PP1-13
SAT. 1:20 PM
INTRODUCTORY
Education

Occupational Therapist-Led Parent Support Group Using an Occupational Therapy Approach

Sean Brim OTD, OTR/L ,

Leslie J. Hardman OTD, OTR/L

The purpose of this study was to introduce an occupational therapy led pilot support group for parents who have a child with a disability and improve parent's abilities to manage stress levels. The findings suggest that utilizing meaningful and engaging activities, peer support groups led by an occupational therapist, can lead to reductions in perceived stress among parents who have a child with a disability.

Objectives: As a result of participating in a support group for parents that have a child living with disability, participants will perceive reduced stress after attending a minimum of three out of four occupation-based support group sessions.

PP2-1
SUN. 12:30 PM
INTRODUCTORY
Education

Occupation Based Intervention in Hand Therapy

Victoria Berry MSOT, OTR/L

Without occupation-based interventions the occupational therapy profession will drift from their core values of occupation as a means to an end. Development of an occupation-based intervention toolkit is a necessary next step to demonstrate the effectiveness of this approach over the typically used biomedical approach.

OBJECTIVES: Identify occupation-based interventions to be utilized in a hand/upper extremity population that are inexpensive. Gain a better understanding of language used to support the use of therapeutic activities for reimbursement purposes. Understand the intervention options that can be employed within a traditional hand therapy population.

PP2-2
SUN. 12:30 PM
INTERMEDIATE
Physical
Disabilities

The Remotivation Process as a Telehealth Occupational Therapy Program to Promote Self-Management in Women with Breast Cancer-Related Lymphedema

Kaye Rubio Ph.D., MHS, OTRL, CLT , Patricia

Bowyer, EdD, MS, OTR, FAOTA, SHFEA, ACUE , Sherry Hite MOT, OTR/L , Vidya Pingle, Ph.D., OTRL

Lymphedema affects 65% of women with breast cancer. Self-Management Programs (SMP) are used to manage lymphedema. The study explored the effect of the Remotivation Process through telehealth on the motivation to perform SMP every day.

The analysis showed a significant change in outcome measures to support the Remotivation Process as an intervention.
OBJECTIVES: At the end of the poster session, the participant will be able to describe the potential benefit of the Remotivation Process as an occupational therapy intervention for chronic conditions such as lymphedema and explain the importance of motivation in the person's adherence to self-management programs for chronic conditions such as lymphedema.

PP2-3
 SUN. 12:40 PM
 INTERMEDIATE
 Physical
 Disabilities

Upper Extremity Rehabilitation for the Health Consumer with Low Vision

Margaret Beckley PhD, EdS, OTR/L, SCLV, FAOTA, Katherine Greg, OTD, MS, OTR/L, CHT

Limitations of the upper extremities may have added consequences for health consumers with low vision to complete ADLs. OT practitioners can manage both impairments and complications that occur when the impairments coexist. This presentation will advance practice and practitioners' professional development by demonstrating the benefits of providing value based occupational therapy services.

OBJECTIVES: Identify appropriate strategies to manage barriers that may result from upper extremity impairment coexisting with vision impairment, including precautions and the use of adaptive devices. Describe the benefits of consistent engagement in daily activities with coexisting impairments on quality of life and value based occupational therapy. Discuss the role of occupational therapy in the delivery of value based practice during upper extremity rehabilitation for health consumers with low vision.

PP2-4
 SUN. 12:40 PM
 INTRODUCTORY
 Education

Using Technology to Advance the Intraprofessional Collaboration Between Occupational Therapy and Occupational Therapy Assistant Students.

Lori-Ann Helgeson OTD, OTR/L, Dionne Griffin COTA/L, Kimberly Fahlgren OTD, OTR/L,

Megan Bewernitz PhD, OTR/L

AOTA (2017) has stressed the importance of intraprofessional collaboration between occupational therapy assistants (OTA) and occupational therapists (OT). The responsibility of preparing students for this, in part, falls to OT and OTA programs (ACOTE.org, 2020). This presentation is a review of a intraprofessional collaborative event between OT and OTA programs using an on-line platform. Learners will identify opportunities for OT and OTA collaboration within the academic setting.

OBJECTIVES: Learners will describe positive outcomes of intraprofessional education for application in future practice. Learners will describe instructional methods and/or a design for implementing an intraprofessional learning activity within their curriculum.

PP2-5
 SUN. 12:40 PM
 INTRODUCTORY
 Education

Clinical Reasoning and Fieldwork – Evidence from the Field: A Clinical Reasoning Template and Fieldwork Educators Impressions

Maria Colmer OTD, OTR/L, Mark Erickson PT, MA, DScPT, OCS, Jacqueline van Duijn PT,

DPT, OCS, Maurine Martin PT, DPT

Fieldwork / Clinical Education is the cornerstone of occupational therapists' and physical therapists' entry-level education; and clinical reasoning is a cornerstone of client management. Investigation into assessing occupational therapy and physical therapy students' clinical reasoning in fieldwork is lacking, and clinical reasoning remains an enigma to teachers, students and practitioners.

tioners.

OBJECTIVES: Categorize clinical reasoning across six "lines of thought" for comprehensive and organized reasoning. Explain clinical reasoning clearly and objectively to students using the PEDPIO template. Describe the evidence of the clinical reasoning tool and its effectiveness for student education.

PP2-6
 SUN. 12:50 PM
 INTERMEDIATE-
 School Systems

Scaffold handwriting instruction in large and small groups with measurable concepts, strategies and accommodations that reinforce multi-tiered support

Beverly Moskowitz DOT MS OTR/L FAOTA

Accountability is key to multi-tiered programs.

The Size Matters Handwriting Program's conceptual approach mirrors is measurable, adaptable, and embeddable across all content areas. It also includes self-monitoring, essential for student engagement. Learn concepts, strategies, accommodations & materials to build legibility school wide, in small groups & individually.

OBJECTIVES: Identify and discuss 2-3 SMHP concepts, strategies, accommodations and materials that can be used at a Tier One, Two or Three level of Intervention. Identify and discuss how to measure handwriting, scoring for size and space, and to empower students with easy yet meaningful self-monitoring strategies.

PP2-7
 SUN. 1 PM
 INTRODUCTORY
 Research

How Can Occupational Therapists Best Use Services at Centers for Independent Living When Working With Rural Veterans?

J Hale-Gallardo Ph.D, PT, MSc, Ph.D, OTR/L

Centers for Independent Living (CILs) are key

resources for individuals with disabilities. OTs have a role in helping veterans access community-based services. Transcripts from discussions with 14 CIL leaders revealed that rural veterans need CIL services but are often unaware of them. OTs can assist in bridging the gap between the rural veterans in need of long-term community-based services.

OBJECTIVES: Identify and reflect on ways CIL services can be leveraged to augment their community-based Occupational Therapy practice. Understand the unique needs of community-based veterans living in rural communities.

PP2-8
 SUN. 1 PM
 INTRODUCTORY
 Developmental
 Disabilities

Accessing Services: Occupational Therapy's Role in Advocating for Autism

Kristina Paula OTD, OTR/L

As the prevalence of autism spectrum disorders (ASD) continues to increase, so does

the disparity in the accessibility of services for children and their families. Delayed ASD diagnosis negatively impacts a child with ASD's occupational engagement. This study supports a need for occupational therapy's role to promote ASD education for families and healthcare providers, ASD awareness, and family self-advocacy and empowerment.

OBJECTIVES: Increased awareness of health disparities for children with autism, through the identification of barriers which impact the diagnosis of autism and accessibility to early intervention services. Integration of OT in primary care to assess occupational engagement using a family-centered model as a measure of a child's health and autism diagnosis. Identify solutions to eliminate associated barriers to identifying autism to promote occupational

engagement in children with autism.

PP2-12
SUN. 1:00 PM
INTRODUCTORY
Developmental
Disabilities

College Students' Personalized Understanding of Learning Disabilities and Attention-Deficit/ Hyperactivity: A Qualitative Study

Consuelo Kreider PhD, OTR/L, Sharon Mburu PT, MS, Kristina Kobza, Sharon Medina MOT, OTR/L

Learning disabilities and attention-deficit / hyperactive disorders (LD/ADHD) are highly prevalent in colleges. Students may experience symptom-related challenges impacting their ability to meet academic, social and life demands. This study identifies salient disability-related knowledge that students used to understand LD/ADHD within their personal contexts thus helping to mitigate challenges.

OBJECTIVES: Recognize, identify, and analyze disability-related knowledge towards the process by which college students personalized their understanding of the LD/ADHD related information. Discuss knowledge, appraise the process used to personalize knowledge which may be used to inform clinical practice with individuals transitioning into adult roles and contexts

PP2-9
SUN. 1:10 PM
INTRODUCTORY
Sensory
Integration

Benefits of Basal Stimulation in people with Alzheimer's from Occupational Therapy

Cristina Nieves Perdomo Delgado PhD

The basal stimulation method was created by Dr. Andreas Fruhlich in the mid-1970s in Germany. Basal Stimulation provides a concept

of global intervention with the aim of promoting communication, interaction and development, from three areas of perception: somatic, vestibular and vibratory. A qualitative methodology has been used for 30 family members / caregivers of people with Alzheimer's.

OBJECTIVES: Knowledge and benefits of basal stimulation with people with Alzheimer's from OT

PP2-10
SUN. 1:10 PM
INTRODUCTORY
Wellness

How to Survive Graduate School: An Occupational Therapy Perspective through Educational Podcasts

Stephanie Dalton OTD-S

Purpose is to create a podcast regarding success and well-being for students pursuing

a degree in occupational therapy. The goal of the podcast is to help ease the transition into graduate school for OT students by addressing topics such as academic success, mental health, peer relationships, and stress management. The results of this project

provide insight into how to make graduate school more manageable for OT students.

OBJECTIVES: The learning objective of this project is to provide an online resource in the form of a podcast for OT graduate students. The objective of this resources is to provide information regarding graduate school success, overall well-being, and tips on how to prepare and complete school with less stress.

PP2-11
SUN. 1:20 PM
INTRODUCTORY
Education

The Effects of Teambuilding in Occupational Therapy Education

Nicole Maitre OTD, MSOT, OTR/L

This professional poster is focused on providing participants with information related to the use of structured teambuilding activities to foster

improved communication, problem solving, and conflict resolution skills among students, as done as a doctoral capstone project.

Strategies for use will be available upon request.

OBJECTIVES: Participants will be able to recognize the role of teambuilding in occupational therapy education, identify 3 teambuilding strategies they can implement in their workplace or classroom.

PP2-13
SUN. 1:20 PM
INTRODUCTORY
Developmental
Disabilities

Verbal Language Errors Persist into Adulthood and Impact Social Functioning

Consuelo Kreider PhD, OTR/L, Sharon Difino, PhD, CCC-SLP, Kasey Focazio, BS

This qualitative analysis describes, in-depth, language errors in verbal discourse and challenges made by 3 college students with learning disabilities (LD). Verbal errors were in phonology, syntax, semantics, and pragmatics, and impacted both the individual and conversation partners. Findings illustrate the persistence of LD challenges, impacts on occupational performance, and wellbeing.

OBJECTIVES: Identify persistent verbal errors in discourse made by undergraduates with LD/ADHD and understand how these verbal errors impacts social functioning and interpersonal communications within the classroom contexts and with group assignments. Reflect on ways that occupational therapists can recognize these errors and work with speech language pathologists in fostering the social functioning and occupational performance of young people who make such errors.



STUDENT POSTER I Sat. 10:00 AM - 10:50

SP1-1 SAT. 10 AM

Tailoring Higher Education Options for Smaller Institutions to Meet Veterans Needs: Enhancing Inclusion in Higher Education

Florida Gulf Coast University

Students: Kayla Philhower, Alexandra Steele

Faculty: Brigitte Belanger, OTR/L, DSc.

Over the course of one year, we have gathered information and have developed a colloquium course to address the unique needs of student veterans in higher education. This course will address Awareness, Academic Achievement, and Advocacy through the lens of occupational therapy to best address needs and equip student veterans for success.

OBJECTIVES: Promote awareness of the student veteran experience and best practices for veteran inclusion in higher education; demonstrate ways to equip and promote academic achievement of student veterans through the lens of OT; and promote advocacy for student veteran voices and draw upon their unique expertise for the enrichment of the university at large.

SP1-6 SAT. 10 AM

Autistic Adults' Perception of Autonomous Vehicles

Florida Agricultural and Mechanical University

Students: Danielle Cogdell, Michael Mueller

Faculty: Debora Oliveira Ph.D., OTR/L, Barbara L. Kornblau, JD, OTR/L, FAOTA, DASPE, CCM, CDMS, CPE

This study explored autistic adults' perceptions and beliefs about autonomous vehicles through an online survey of open-ended questions. Qualitative data was analyzed using grounded theory. Multiple researchers and data collection from multiple sources will ensure rigor, trustworthiness, and triangulation.

OBJECTIVES: Identify the degree to which autistic adults may utilize autonomous vehicles, Determine potential increase of independent mobility among autistic adults, Identify and define benefits as it relates to autistic adults and their use of autonomous vehicles

SP1-11 SAT. 10 AM

Cognitive Behavior Therapy: An appraisal of research regarding the effectiveness of the fear of falling in older adults

University of Florida

Students: Bobi Mason, Jelani Pitts

Faculty: Consuelo M Kreider, PHD, OTR/L

This analysis reviews the effects of Cognitive Behavior Therapy (CBT) on the fear of falling in older adults. Of the four reviewed studies, three showed a significant decrease in fear of falling. Additionally, studies reported lower rates of falling, higher quality of life, and decreased depression. Further review of CBT is recommended.

OBJECTIVES: Will be able to recognize the CBT interventions that yielded positive results. Will be able to identify components of CBT that are appropriate to implement in their practice. Will be able to identify other outcome measures associated with the use of CBT in older adults.

SP1-2 SAT. 10:10 AM

A Non-Pharmaceutical Approach to Chronic Pain: An OT's Perspective

University of St. Augustine

Students: Alison Brown Powell

Faculty: Kayla Collins, MOT, OTR/L, EdD

This project discusses OT's role in chronic pain management and focuses on therapist's ability to utilize non-pharmaceutical interventions to manage chronic pain symptoms. The capstone outlines fitness-based exercises, aquatic therapy, ergonomics, adaptive equipment, and adaptive strategies by supporting their efficacy in recent literature.

OBJECTIVES: Conduct a needs assessment on chronic pain at a local skilled nursing facility. The results of the needs assessment guided the development and dissemination of educational resources for practicing clinicians on non-pharmaceutical pain management techniques. Further objectives provided three informational sessions to various audiences including occupational and physical therapists, nursing staff, students, and residents. The creation of the evidence-based resource manual documents the role of OT in reducing chronic pain through a non-pharmacological approach. Review and revision of material presented in the client informational sessions.

SP1-7 SAT. 10:10 AM

The Effects of Physical Activity on Perceived Stress and Wellbeing in Young Adults During the COVID-19 Pandemic: A Mixed Methods Study

Florida Agricultural and Mechanical University

STUDENTS: Rachael Bradley, Diarra Webb

FACULTY: Debora Oliveira Ph.D., OTR/L

This study explored the effects of physical activity on young adult perceived stress & wellbeing during COVID-19. Open/closed-ended questions were answered via Qualtrics. Participants were recruited from online. Participation was voluntary & confidential. Data was analyzed using content analysis & grounded theory until saturation was reached.

OBJECTIVES: Recognize coping mechanisms for reducing perceived stress levels in the young adult population": Explain the impact of external stressors associated with COVID-19 on young adults' daily routines, perceived stress levels, & wellbeing Identify the role physical activity plays in young adult stress perception & wellbeing during COVID-19.

SP1-12 SAT 10:10 AM

Telehealth services: Student experiences at the Equal Access Clinic at the University of Florida

University of Florida

Students: Rachel Scarboro, Kayley Gerard, Abigail Donofrio, Brooke Abzug, Jenny Ryan

Faculty: Prerna Poojary

The University of Florida Equal Access Clinic provides occupational therapy services to uninsured or under-insured individuals; in a student run, faculty facilitated format. This poster describes student perspectives and experiences transitioning to telehealth highlighting treatment delivery options during and post COVID-19.

OBJECTIVES: Learners will identify and discuss student experiences while continuing to provide client services at the Equal Access Clinic. Organize strategies for continued success at the Equal Access Clinic Telerehabilitation branch. Compare and contrast student experiences to literature themes while initiating telerehabilitation services

SP1-3 SAT 10:20 AM**A Special Collaboration: OTA Students Develop and Implement a Personal Hygiene Program for Special Olympics Florida Health****South University Tampa****Student:** Elyse Acey**Faculty:** Dana Dixie, OTD, OTR/L

This presentation describes how OTA students partnered with Special Olympics to create a personal hygiene program for individuals with intellectual disabilities. Program impact includes: improving independence with ADLs, creating accessible community programs and training opportunities for OT practitioners to provide quality inclusive healthcare.

OBJECTIVES: Learn how inclusive health and interactions between OT practitioners and persons with intellectual disabilities can be improved. Increase awareness of occupational therapy services with prominent community partners. Explore elements of an OT focused personal hygiene program for individuals with intellectual disabilities.

SP1-8 SAT. 10:20 AM**The Effects of THC on Individuals with Autism Spectrum Disorder****Florida Agricultural and Mechanical University****Students:** Brooke McMillan, Sasha Myers**Faculty:** Debora Oliveira Ph.D., OTR/L

This qualitative study explored autistic adults' lived experiences with cannabis (medical marijuana) through an online survey of open-ended questions via Qualtrics. Autistic adults were recruited from online communities and via social media. Qualitative data was analyzed using grounded theory until saturation was reached. **OBJECTIVES:** Explore the use of cannabis (medical marijuana) in the autistic adult community. Explore why cannabis (medical marijuana) may or may not be used by autistic adults. Understand the quality of life and well-being of autistic adults who use cannabis (medical marijuana) products.

SP1-4 SAT. 10:30 AM**Effectiveness of Verbal Encouragement on Motor Performance****Florida Gulf Coast University****Students:** Chloe Newton, Elaina Hanley, Shane Wright, Elaina Hanley,**Faculty:** Edwin Myers, OTD, OTR/L, ATP

The purpose of this study is to determine the effects of verbal encouragement on motor performance tasks and perceived performance using the Baltimore Therapeutic Equipment (BTE) PrimusRS. The PrimusRS is a beneficial device for therapists to incorporate into clinical settings as it provides raw, objective data of a client's progress over time.

OBJECTIVES: At the end of this poster presentation, the participant will identify ways in which verbal encouragement (VE) can be used to enhance or hinder motor performance output while using the BTE primus. The participant will also identify various forms that VE can be presented in, and understand perceived performance of BTE primus users.

SP1-9 SAT. 10:30 AM**Identifying Dimensionality in Salient Skills Used by College Students with Learning Disabilities and ADHD for Successful Occupational Performance****University of Florida****Students:** Anushka Pandya, Kelly Dillon, Sharon Medina

Faculty: Consuelo Kreider, PhD, OTR/L College students with learning disabilities and attention-deficit hyperactivity disorder struggle with self-management while transitioning to adulthood. This analysis identifies sixteen salient skills and dimensions that students apply for successful occupational performance. Findings inform skills that can be developed through OT interventions. **OBJECTIVES:** Participants will identify skills and dimensions used by college students with LD/ADHD for successful occupational performance, reflect on how to develop key skills and their dimensions within OT practice.

SP1-5 SAT. 10:40 AM**Social Skills Interventions for Children with Acquired Brain Injuries****Jacksonville University****Students:** Adriana Foster, Pauline Rinthara, Tayler Thompson**Faculty:** Megan Bewernitz Ph.D, OTR/L

Children with acquired brain injuries can vary in social skill deficits depending on age and severity of the injury. The literature review examined specific interventions used to target social skill deficits in children with acquired brain injuries and explore trends found in the outcomes after receiving these interventions.

OBJECTIVES: Explore what practices are currently being used for social skill interventions for children with acquired brain injuries. Evaluate and compare the outcomes of the interventions found in research articles. To explore literature focused on physical and web-based interventions.

SP1-10 SAT. 10:40 AM**A Review of Randomized Controlled Trials of iPad Interventions in Children with Developmental Disabilities****University of Florida****Students:** Anya Klumpp, Brooke Abzug, Kaela Evans, Nathan Greaves**Faculty:** Consuelo M Kreider, PHD, OTR/L

Critical appraisal of recent literature was conducted to determine the efficacy of iPad interventions to improve life skills in children with developmental disabilities. Articles appraised met AOTA CAP criteria and were randomized controlled trials. Findings were mixed; Evidence suggests iPads may provide benefits as an adjunct intervention.

OBJECTIVES: Identify iPad intervention as a potential cost-effective intervention for children with developmental disabilities. Summarize potential benefits for families of children with developmental disabilities. Critique mixed findings in light of considerations to threats to validity and reflect on implications for clinical decision-making.

STUDENT POSTER II
Sat. 3PM - 3:50 PM

STUDENT POSTER II

Sat. 3PM - 3:50 PM

SP2-1 SAT. 3:00 PM

Hybrid vs. Face-to-Face Delivery of Group Soft Skills Training for Young Adults with “High-functioning” Autism

Florida Gulf Coast University

Students: Sanja Dizdarevic, Zoey Knece, Isayda Gonzalez, Hannah Koedam

Faculty: Annemarie Connor, PhD, OTR/L

This two-group pre-experimental pretest-posttest design study explored differences between face-to-face and hybrid delivery of a group soft skills intervention for young adults with autism. Results indicate similar outcomes, yet higher satisfaction among the hybrid group. Potential benefits of telehealth in occupational therapy are explored.

OBJECTIVES: Recognize the need for interventions focused on building soft skills among a young adult population with autism. Discuss ways in which occupational therapy interventions delivered via telehealth can be used to supplement face-to-face interventions.

SP2-6 SAT. 3:00 PM

Caregiver's Perception of the Positive Effects of Engagement in Activities on People with Alzheimer's Disease

Florida Agricultural and Mechanical University

Students: Tehya Pinckney, Zanna Smith, Demetria Williams

Faculty: Debora Oliveira, Ph.D., OTR/L

This study explored the positive effects of engagement in activities on people with Alzheimer's, via a survey of open-ended questions. Participants were recruited via social media. Data were analyzed by content analysis until saturation was reached. Multiple researchers and data collection sources ensured triangulation, rigor, and trustworthiness.

OBJECTIVES: To analyze the positive effects of engagement in meaningful activities on the cognitive functions and behaviors of people with Alzheimer's disease, based on the perception of the caregivers.

SP2-11 SAT. 3:00 PM

Occupational Therapy: The Missing Puzzle Piece in Maternal Mental Health

Polk State College

Student: Christine Vinson

Faculty: Dr. Anjali Parti OTD, OTR/L

In 2018, roughly 93,219 women went untreated for postpartum depression. As professional's in task analysis along with our history in mental health, we can attest to the benefits our services could provide to lower these numbers. A mother's mental well-being is imperative to the proper development of their child. We can be that missing puzzle piece.

OBJECTIVES: To portray the benefits occupational therapy can have in co-treating postpartum depression (maternal mental health). To advocate our profession in the mental health field.

SP2-2 SAT. 3:10 PM

Review of Evidence Linking Cognition and Medication Management

Florida Gulf Coast University

Students: Allison Pfliegerhaa, Geisha Caban, Gabrielle Dagher, Tanae Carter

Faculty: Denise Allen, OTD, OT/L, CHT

Medication management has been associated with hospital readmission along with other adverse effects. This poster describes evidence from the past 10 years documenting the link between medication management and cognition with implications for occupational therapy assessment and intervention.

OBJECTIVES: Describe the extent of evidence associating cognition to medication management. Understand additional components that make up medication management. Explore the potential role that occupational therapists can contribute when facilitating medication management

SP2-7 SAT 3:10 PM

Impact of oromotor structure and function on maladaptive eating behaviors in children with ASD

University of Florida

Students: C. Vollmer, S. Perez, C. Dolce, P. Davenport, Z. Wang

Faculty: Zheng Wang, Ph.D.

Maladaptive eating behaviors in ASD cause poor health outcomes. Therapeutic interventions stress the sensory aspect of selective eating; oromotor deficits have been largely ignored in treatment methods. In this study, three novel and pediatric-friendly approaches will assess how oromotor impairments affect maladaptive eating in children with ASD.

OBJECTIVES: Grasp the prevalence, severity, and health outcomes of maladaptive eating behaviors (MAB) in ASD. Understand MAB assessments in qualitative and quantitative domains. Understand the linkage between oromotor deficits to MAB in ASD.

SP2-12 SAT. 3:10 PM

Type 2 Literate: Scoping Review on Occupational Therapy's Role with Addressing Barriers to Diabetic Self-Management within the African-American Community

University of St. Augustine

Student: Cortlyn Starr

Faculty: Keisa Boykin, OT, DHSc, MBA/HCM

The purpose of this doctoral capstone was to advocate for occupational therapists to address the specific barriers associated with self-managing diabetes within the African-American community. A scoping review was conducted to identify barriers the African American community experiences in managing T2DM. Advocacy presentations were used as an educational tool for occupational therapy students before going into practice.

OBJECTIVES: Identify societal barriers to diabetes self-management. Describe opportunities for occupational therapists to address the societal issues impacting diabetes management for African Americans. Discuss occupational justice issues associated with the management of diabetes for underserved populations.

SP2-3 SAT. 3:20 PM**Wheelchairs 4 Kids Organization: Building an Accessible Playground and Promoting Inclusion Opportunities for Children with Disabilities****Gannon University****Student:** Jennifer Ferro**Faculty:** Dr. Jennifer Castelli, OTD, OTR/L, CHT

This poster describes the process of building an accessible playground, including the collaborative process between professionals and how each piece of equipment relates to the Framework-III.

The purpose of this project is to understand how occupational therapists can be involved in this emerging practice area and advocate for play and inclusion.

OBJECTIVES: Advocate the need of universally designed community environments so all children can participate in the occupation of play. Demonstrate how adaptive playground equipment pieces can be related to our scope of practice and the Framework-III. Provide an occupational therapy lens to promote social inclusion for all children.

SP2-8 SAT. 3:20 PM**Skillin' It****University of St. Augustine****Students:** Meghan Hughes, Suny Faradj-Bakht**Faculty:** Kayla Collins, MOT, EdD, OTR/L

The purpose of this capstone project was to develop a reintegration program at a residential adolescent program focusing on substance abuse recovery. Skillin' It introduced OT to this facility and focused on life skills including individual's roles, IADLs, leisure, education, work, and coping, for successful reintegration to the community.

OBJECTIVES: Apply the process of developing the reintegration program to other potential organizations or populations. Analyze the effectiveness of the reintegration program through review of survey results. Evaluate the role of OT in the mental health setting.

SP2-4 SAT. 3:30 PM**Feasibility of a Telehealth-Delivered Near-Peer Employment Preparation Program for Young Adults with High-Functioning Autism****Florida Gulf Coast University****Students:** Analiese Aracri, Matthew Bell, Sydney Lett, Kara McCurry**Faculty:** Annemarie Connor, PhD, OTR/L

This one group pretest-posttest design study explores the feasibility and preliminary outcomes of a synchronous online employment preparation intervention for young adults with autism as delivered by occupational therapy (OT) students. Participant satisfaction, job-related self-efficacy, and potential for telehealth-delivered OT will be discussed.

OBJECTIVES: Recognize the preliminary efficacy of using a near-peer approach to delivery of an employment skills program among a young adult population with autism. Discuss ways telehealth group interventions can provide similar results to those of face-to-face interventions.

SP2-9 SAT. 3:30 PM**Autonomous Vehicles and Spinal Cord Injury****Florida Agricultural and Mechanical University****Students:** LesRian Lewis, Ea Desmarattes, T. Scott Owens**Faculty:** Debora Oliveira, Ph.D., CRC, OTR/L

This study explored how people with SCI perceived autonomous vehicles. Participants recruited through Spinal Cord Peer Support USA, United Spinal, and social media, ensuring voluntary participation. No identifiable information collected. Data analyzed via content analysis to the point of saturation. Multiple researchers, data sources ensured rigor.

OBJECTIVES: Identify perceived barriers and benefits of autonomous vehicles amongst the SCI community. Identify the willingness to adopt autonomous vehicle use within the SCI community to increase community mobility and social participation. Explain understanding of technology costs associated with construction of autonomous vehicles.

SP3-6 SAT. 3:30 PM**The Impact of Weighted Blankets on People Who Live with Chronic Pain****Florida Agricultural and Mechanical University****Students:** Mary Tucker, Amy Snell, Taqueona Byrd**Faculty:** Dr. Debora Oliveira, Ph.D, OTR/L

This qualitative study explored the role of weighted blankets in the perception of a person's pain. Participants were recruited from two closed Facebook communities. Data was analyzed using grounding theory until saturation was reached. Multiple researchers and data collection from multiple sources ensured triangulation, rigor, and trustworthiness.

Discuss how people who live with chronic pain describe how their use of weighted blankets decreases their pain and other limitations caused by pain. Explain how the use of a weighted blanket can support participation in everyday activities for people who live with chronic pain.

STUDENT POSTER III
Sun. 8 AM - 8:50 AM

SP3-1 SUN. 8 AM**Prevalence of Bullying and Incivility in Occupational Therapy Fieldwork Settings****Florida Gulf Coast University****Students:** Rachel Kohler, Megan Sloboda, Cami Gehrke**Faculty:** Edwin Myers OTD, OTR/L, ATP

Occupational therapy students are particularly vulnerable to incivility during fieldwork placement due to the large power differential between the fieldwork educator and the student. The aim of this study is to determine the prevalence and effects of incivility and bullying between occupational therapy students and fieldwork educators.

OBJECTIVES: From this presentation, you will learn the definition of incivility; learn the prevalence of incivility and bullying between OT students and fieldwork educators and the effects of incivility and bullying between OT students and fieldwork educator.

SP3-11 SUN. 8AM**The Effectiveness of Aquatic Therapy in Comparison to Traditional Methods for Treating Functional Mobility in Patients with Neurological Disorders****University of Florida****Students:** Daniela Gomez, Lindsay Mathew, Rachel Stacy, Nicole Van Mir**Faculty:** Consuelo Kreider, PhD, OTR/L

The aging population is susceptible to neurological disorders that

hinder one's participation in daily activities. While traditional therapy improves ROM, aquatic therapy decreases pain by reducing pressure on joints. Research shows that occupational therapists can use aquatic therapy as an additional intervention to improve functional mobility.

OBJECTIVES: After the presentation, the listener will understand how both traditional land-based therapy and aquatic therapy can be used as an intervention in patients with neuropathies. After the presentation, the listener will be able to evaluate the strengths and limitations of using aquatic therapy compared to traditional-land therapy.

SP3-2 SUN. 8:10 AM

Animal Assisted Therapy Manualized Florida Gulf Coast University

Students: Angela Radaszewski, Abigail Eischen

Faculty: Brigitte Belanger, DSc, OTR/L, MAJ, USA (Ret)

This research project included creating an Animal Assisted Therapy program based on a literature review of best practices for providing education & training to caregivers and clients with dementia. Includes a manual with 6 sessions to offer problem-solving opportunities & enhancing quality of life for both the client & caregiver.

OBJECTIVES: Educate attendees on the benefits of using AAT as a modality during OT interventions for clients with dementia & their caregivers. Demonstrate the relationship between existing evidence-based OT interventions & strategies & AAT sessions. Attendees will gain insight into developing AAT Interventions appropriate for caregivers & clients with dementia

SP3-7 SUN. 8:10 AM

Spinal Cord Injuries & Access to Quality Healthcare Services in Rural Areas

Florida Agricultural and Mechanical University

Students: Savannah Cumbaa, Aleena Bhandari, William Hayes

Faculty: Debora Oliveira, Ph.D., OTR/L

This qualitative study explores individuals with spinal cord injuries' ability to access quality healthcare in rural areas. Through an on-line survey of open-ended questions, voluntary participants were solicited through the United Spinal Association and the internet. Data was analyzed utilizing grounded theory until saturation was reached.

OBJECTIVES: Understand the relationship between SCI and access to healthcare in rural areas. Understand contributing factors to health disparities in this population. Identify challenges and resulting information that will help to understand clients' needs, advocacy efforts, increase awareness in public policy and increase the individuals' functionality.

SP3-3 SUN. 8:20 AM

Re-Defining Treatment of Pediatric Dysgraphia: Promoting Research of Combined Sensorimotor and Cognitive Interventions

Jacksonville University

Students: Tara Ferlanie, Shavonne Orr

Faculty: Megan Bewernitz, Ph.D., OTR/L

The purpose of this research was to examine evidence-based practice models for children with dysgraphia, which is a disorder of written expression that can cause difficulty with letter formation, legibility, spacing, spelling, speed, and grammar.

OBJECTIVES: Understanding use of inconsistent language to similarly define interventions; Recognizing that most OTs use a

sensory approach, but that findings support cognitive interventions; Understanding needs for future research with children that have been formally diagnosed with dysgraphia and its 3 subsets

SP3-8 Sun. 8:20 AM

Improving Self-Efficacy, Social and IADL Participation, Health Management and Spirituality in Long-Term Care Residents through Work-Related Animal Tasks of Chicken Care

AdventHealth University

Students: Brielle Coleman, Elizabeth Gomez

Faculty: Jennifer C. Radloff, OTD, MHS, OTR/R

Care of an animal can increase wellbeing of adults in LTC facilities (Kogan, 2000). Holistic work-related animal tasks, engaging residents in care of chickens, increased IADL and social engagement, health management, spirituality and self-efficacy. This will contribute to the limited OT body of knowledge relating work related animal care as an IADL.

OBJECTIVES: Discuss plan and intervention of a group focused on work-related animal care of chickens in a long-term care facility. Discuss long-term care residents participation in caring for chickens as a work related animal task and its occupational therapy related outcomes.

SP3-4 SUN. 8:30 AM

Building Parental Capacity and Child Well-Being in EI Playgroups: A Mixed-Methods Study of Knowledge Translation and Viability of Telehealth

Florida Gulf Coast University

Students: Charles McMillan, Sarah Matz, Rebecca Ahrens, Haley Rinderle, Anna Tabone

Faculty: Sarah Fabrizi PhD, OTR/L University

This study explored the efficacy of OT led playgroups in addition to EI services both in person and virtually. Goals of the study: Creating inclusive environments for children to play while interacting with parents/children. Results indicate playgroups have potential to improve parent competence & support social-emotional development of the child.

OBJECTIVES: Demonstrate specific strategies utilized in playgroups that promote dyad outcomes, emphasizing the role of OT practitioners. Promote the importance of dyadic/triadic social interaction for children. Support socio-emotional development in children to facilitate relationship building and forming bonds.

SP3-9 SUN. 8:30 AM

Practice What You Teach: Mindfulness 101 University of St. Augustine

Student: Madalynn Seymour

Faculty: Dr. Kayla Collins, MOT, EdD, OTR/L

The purpose of this capstone project was to develop a mindfulness-based stress management program for graduate students to learn effective coping techniques and provide education on a unique intervention tool for clients. Practice What You Teach: Mindfulness 101 addressed students' mental health through simple exercises for managing daily stress.

OBJECTIVES: Evaluate the impact of mindful practices on the well-being of health science students through results of the research study. Describe the role of mindfulness within OT practice. Discuss the role of an occupational therapist in addressing the needs of college students in higher education institutions.

SP3-5 SUN. 8:40 AM

An Examination of the Effectiveness of Comprehensive Behavioral Intervention for Tics and its Use in Occupational Therapy

University of Florida

Students: Ariel Harris, Kaitlin Goodson, Angela Kolhagen, Emily Russell

Faculty: Dr. Consuelo Kreider, PhD, OTR/L

This analysis examines evidence for the effectiveness of Comprehensive Behavioral Intervention for Tics to manage tics in children with Tourette Syndrome. Tics can negatively impact life quality and participation. Studies reviewed indicate CBIT is effective in managing tics. OTs can use CBIT to help reduce tic severity and improve life quality.

OBJECTIVES: At the end of the presentation, the listener will understand the effectiveness of CBIT.2. The listener will be able to identify 3 formats in which CBIT can be used. The listener will understand the usefulness of CBIT in OT.

SP3-10 SUN. 8:40 AM

OT and Mental Health: A Florida Needs Assessment

Polk State College

Students: Grace Jones, Yu Zhang

Faculty: Anjali K. Parti, OTD, OTR/L

In Florida, 660,000 adults and 181,000 children are living with serious mental illness. With the current mental health crisis, it is time for Occupational Therapy to get back to its roots. Our Florida needs assessment revealed that more education and advocacy programs are necessary so that we can help meet the needs of

this at risk population.

OBJECTIVES: Assess the current needs for mental health in the state of Florida. Identify ways that OT can partner with mental health providers. Learn how to advocate for more OT presence in mental health

SP3-12 SUN. 8:40 AM

Parent Education on the Impact of Excessive Screen Time on Children

AdventHealth University

Students: Jazmine Theodore, Alyssa Redd, Emily Morris

Faculty: Kim Dudzinski, MS OTR/L

Excessive use of screen time in young people has proven to cause a slew of issues including improper sleep cycles, sleep disorders in individuals, poor school performance, low quality of life reports, and low physical activity. As found in our study, parents believe healthcare professionals can and should be addressing these issues.

OBJECTIVES: Participants will learn about the adverse affects of screen time, parent's viewpoints on the importance of healthcare professionals addressing issues related to excess screen helpful resources in order to address this in their practice.



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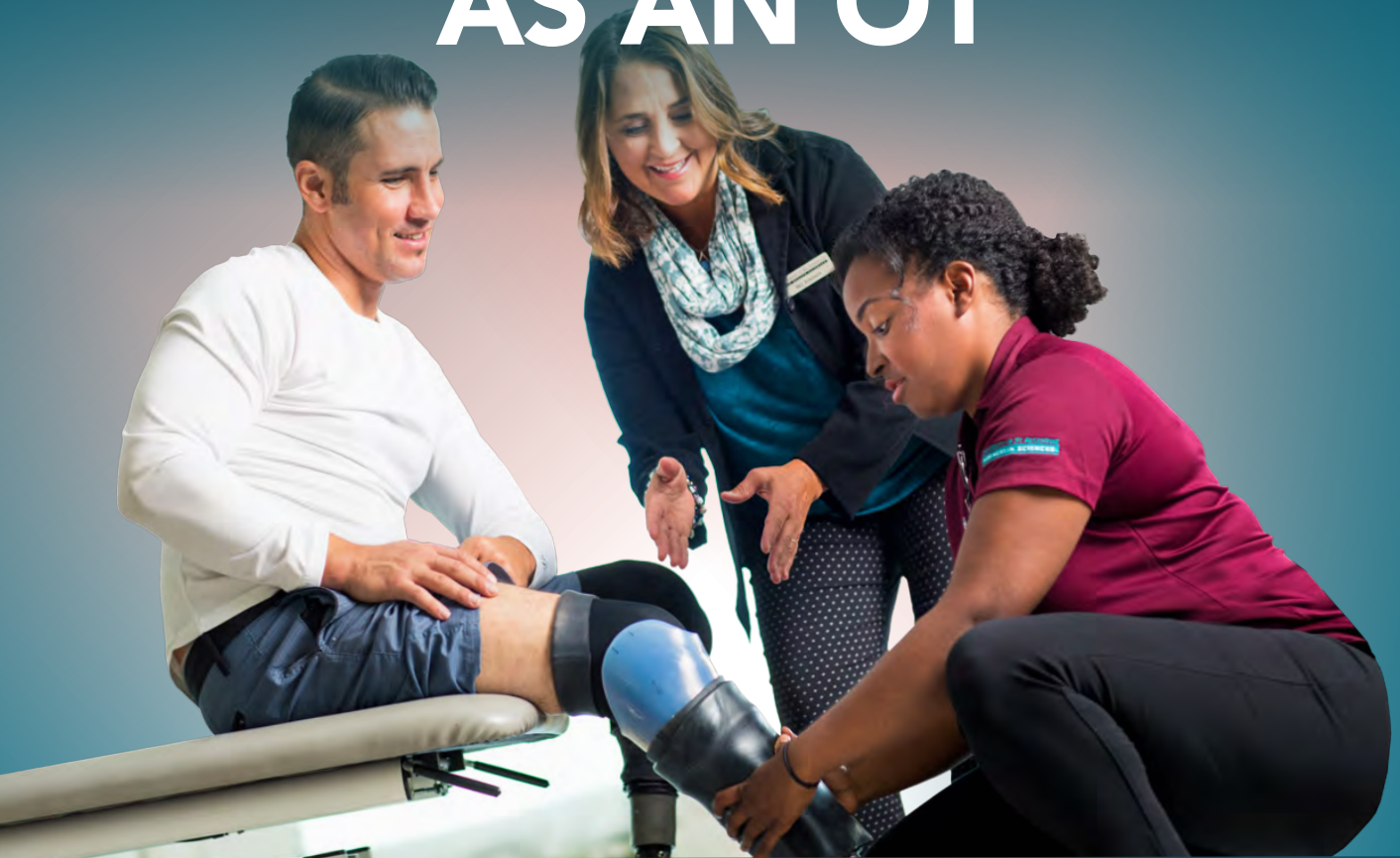


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